

tem ȩkwáynexw (November) 5, 2026

Syétsm tl'a Sxexelhnát

News of the Week

Some Important Upcoming Dates

Stitsma Career Centre: Youth Conference ..... Nov 6th
Wellness Month: Sea to Sky Gondola day *(p. 20)* ..... Nov 6th

Early Childhood Care & Education (ECCE) Diploma: info session *(p. 15)* ..... Nov 7th
Explore CapU Open House *(p. 25)* ..... Nov 7th

Remembrance Day Ceremony @ Totem Hall *(p. 4)* ..... Nov 11th

Last day of BC Cancer: Mobile Mammogram Clinic *(p. 19)* ..... Nov 14th
Christmas Craft Fair @ Totem Hall *(p. 8)* ..... Nov 14th

Meal with Leadership @ CJMC *(p. 9)* ..... Nov 15th

Honour Your Strength: Our Diabetes Wellness Journey *(p. 22)* ..... Nov 17th

Squamish Community Forest Annual Open House *(p. 10)* ..... Nov 18th

Wellness Month: Weaving & Medicines @ Totem Hall *(p. 20)* ..... Nov 19th

Elders' Holiday Craft Fair begins *(p. 11)* ..... Nov 21st

Wellness Month: Honouring a Life @ North Shore *(p. 20)* ..... Nov 25th

Status Card Renewal @ Totem Hall *(p. 12)* ..... Nov 26th
Wellness Month: Madelaine McCallum Keynote Speaker @ CJMC *(p. 20)* ..... Nov 26th

MNP Chéńchenstway Survey deadline *(p. 7)* ..... Nov 30th
Wellness Month: Canyon Lights @ Capilano Suspension Bridge *(p. 20)* ..... Nov 30th

Seńáḵw Sméńhem (Tower Two) move-ins open ..... Dec 1st

December Regular Distribution begins ..... Dec 3rd

IA Declaration Day: November 10th, 2026
IA Cheque Day: November 24th, 2026

Photo by Julie Kinistino



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News of the Week

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Sḵwx̱wú7mesh Úxwumixw Squamish Nation

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 10 Fitness Mary 10:30 Brunch Nch'kay	4 Lunch and Bingo	Larry D 5 Wayne Mah 10:30-3	6	Greg J 7
8	9 Canning 10-3	10 10 Fitness Mary 10:30 Brunch Canning 10-3	11 Remembrance Day	12 Crafts 10-2	13 Crafts With Step 10-2	14 Craft Fair 10-4
15	16 Foot Care 10-2	Janet C 17 Nch'kay 10 Fitness Mary 10:30 Brunch	18 Science World 11-3	19 Crafts 10-2	20 Crafts 10-2	21 Craft Fair 10-3
Craft Fair 10-3 22	23	24 Community Development	Lunch and Bingo 25	26 Ayas-Men-Men Crafts 10:30-1:30	Joann Ch 27	28
Paul L 29	30					

Legend: Unless stated, all programs will be at the Totem Hall
Red: Birthdays
Purple: Sign Up Required



Remembrance Day Ceremony 2026

Totem Hall
November 11, 2026 **Light snacks served**
10:00am – 3:00pm



Looking for volunteers*

Vendors welcome to provide donations

Contact Donna @ 604-389-2477

UPDATED AND IMPROVED

Our Community Events Calendar

Our Community Events Calendar has been updated with a fresh new look and new tools to make it easier to find upcoming events, gatherings, programs, and activities across the Nation.

Everything in one place

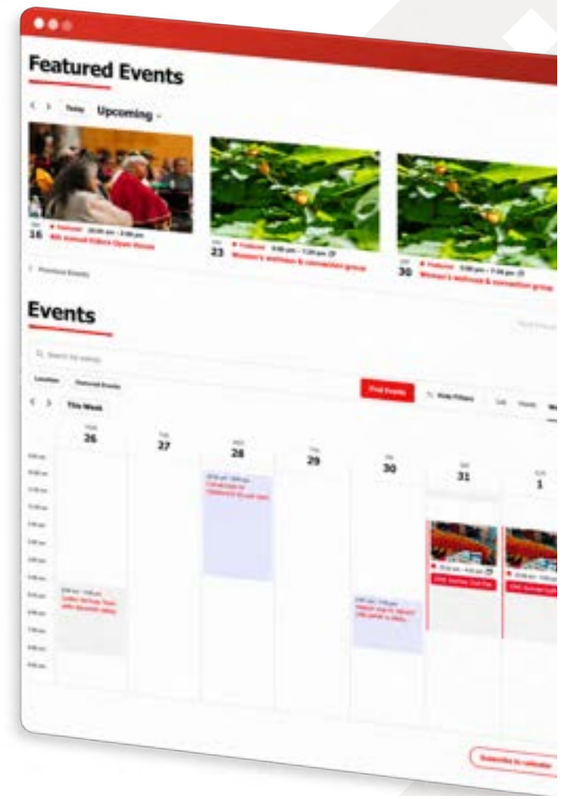
The updated calendar makes it easier to see what's happening in the Community and find the events that matter to you. Browse upcoming events, explore featured gatherings, or use the calendar tools to narrow down what you're looking for.

- **See featured events at a glance**
- **Filter the calendar to what matters to you**
- **Use the search feature to find exactly what you're looking for**

You can also subscribe to the calendar to keep upcoming events close at hand. New events will continue to be added, so check back regularly to see what's happening across the Community.

Scan the QR code to explore events

squamish.net/events



Indigenous Services Canada | Services aux Autochtones Canada

INCOME ASSISTANCE MONTHLY RENEWAL DECLARATION FOR: DEC 2026
555 DIRECT DEPOSIT issue date is Tues, NOV 24th – For December issue.

PRIVACY ACT STATEMENT Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision. The information will be stored in personal information bank INAI.P-PU-020 and is protected under the provisions of the Privacy Act.

1. Are you still in need of Social Assistance? ☐ **Yes** ☐ **No**

2. Has your marital or employment situation changed? ☐ **Yes** ☐ **No** ***If YES, explain change***

_____

_____**EMAIL Address**_____

3.**MANDATORY:** Current Address _____ Phone # _____

List any changes in your living situation _____

If you do not hand in your **Declaration** on …**Tues, NOV 10th, 2026.** You will **NOT** receive your **Pay on Tues, Nov 24th. Late Declaration** means, late cheque

4. Have you had any earned or unearned Income this month? ☐ **Yes** ☐ **No**

If yes, completed

Earnings	$
Family Allowance	$
Maintenance	$
Employment Insurance	$
Other (specify) ____	$
TOTAL	$

5. Has there been any change in your assets? ☐ **Yes** ☐ **No**

If yes, complete

Bank Account	$
Property	$
Other (specify)	$
	$
TOTAL	$

6. Is there any change in your number of dependents or their school status? **Yes** ☐ **No** ☐

If **Yes,** explain the change(s) _____

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified, and I consent to a report being obtained from any reporting agency for that purpose.

Status Number	**Signature of applicant**	**Date**

***PLEASE CLEARLY PRINT YOUR NAME HERE: _____

*** Worker Initials: _____ Signature of Spouse: _____

***PLEASE CLEARLY PRINT YOUR NAME HERE _____

Please remember that you cannot drop off your Declaration early, unless there is an emergency. If you Declaration/Job Search is late, so is your cheque. **Declare all Earnings, Family Allowance, DB, GST, Maintenance and other monies received. Also any changes to address and family unit size.**

ALL CLIENTS MUST BRING DECLARATION IN PERSON TO TOTEM HALL

Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley tem eḵwáynexw (November) 5, 2026

Skwxwú7mesh Úxwumixw
Squamish Nation

Tell us about your experience with Chéńchenstway (HR)

Following the 2025 Annual General Meeting (Resolution AGM-003), Squamish Nation was asked to review how Chéńchenstway (Human Resources) is working for Squamish People.

As part of this review, we want to hear from **community members, current employees and former employees** about their experiences with Squamish Nation's HR Department.

Different experiences and perspectives will help us understand what is working well and what could be strengthened for the future.

WHAT DO WE WANT TO HEAR ABOUT?

- Your experiences accessing HR support
- HR programs and services
- How information and support are provided

COMPLETE BY
November 30th

Share your voice in the way that works for you.

Scan the QR code or follow the link to choose how you would like to take part:

- Complete the survey now and share your experiences with Human Resources at Squamish Nation.
- Receive a reminder to complete the survey.
- Participate in a focus group.
- Hear about other opportunities to share your feedback.

If you choose to stay involved, you will be asked to provide your contact information and let us know how you would like to participate.

Participation is voluntary, and you can choose the option that feels right for you.

https://www.surveymonkey.com/r/SNHREval

Questions?
If you have any questions, please reach out to the project team at:
hrconsulting@mnp.ca

MNP is an independent consulting firm supporting Squamish Nation with this review.
Our role is to listen to Squamish People and bring together what we hear to support the review.

MNP LLP



Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley tem eḵwáynexw (November) 5, 2026



Elh7ilhen chet esḵ'éẃḵ'ew ta Nexwsxwníẃntm ta Úxwumixw

Community Event: A Meal with Leadership

Where: Chief Joe Mathias Centre
Date: Sunday, November 15, 2026
Time: 12 pm - 2:30 pm (Drop-in)

A Community Lunch with your Elected Leadership

Elders, families, youth, and community members of all ages are warmly invited to join your elected leadership for lunch and conversation.

Attend the gathering to spend time with the Chairperson, Council, Band Manager, and community members. It's an opportunity to share stories, ask questions, exchange ideas, and connect with one another.

Enjoy a meal, open conversation, drumming, and singing as Community celebrates our culture and the strength of coming together across generations.

Questions? Email cco@squamish.net or call 604-980-4553.

Ta na wa Chelítm
Chair and Council Office

320 Seymour Blvd,
North Vancouver, BC V7J 2J3

PO Box 86131
North Vancouver, BC V7L 4J5

T 604-980-4553
F 604-980-9601

squamish.net



Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

SAVE THE DATE: NOVEMBER 18

Squamish Community Forest Annual Open House

Have questions about the future of our forests?

Join the Squamish Community Forest Annual Open House to learn about activities completed in 2026, plans for 2027 and beyond, and to explore maps and displays. A brief presentation will be followed by an opportunity to ask questions and share your ideas with the team.

WHEN: **Wednesday, November 18, 4:30 – 6:30 pm**

WHERE: **Howe Sound Inn & Brewing – Garibaldi Room**
37801 Cleveland Ave, Squamish

Open to all Community Members.
Learn more at: squamishcommunityforest.org

Contact

squamishcommunityforest@gmail.com



Register or Renew Indian Status through FNHA

First Nations Health Authority
Health through wellness

To provides low-barrier and culturally safe access to Indian Registration and Secure Certificate of Indian Status (SCIS) card application, the FNHA Status Card Administration team will travel to communities across the region to provide in-person services.

Location: Squamish Nation Totem Hall
1380 Stawamus Rd.

Date: November 26th, 2026 (Thursday)
Time: 9:00am – 3:00pm

If you are registering for Indian Status for the first time, please bring:

- Birth certificate with parental information
- Valid ID (for a child or dependent adult, the applying parent or legal guardian needs valid ID)
- Name-linking document if your name has changed (e.g., marriage certificate, amended birth certificate, legal name change certificate)

If you are already registered, and need to renew or apply for a SCIS card please bring:

- Valid ID (for a child or dependent adult, the parent or legal guardian needs valid ID)
- Name-linking document if there has been a name change since registration.

What counts as valid ID? Valid ID must be:

- Government issued
- Not expired
- Showing your name, birthdate, photo, and signature

Examples

- Driver's License, Services Card/Health Card, Identification Card, Passport, Canadian Military ID, Citizenship Card
- OR a combination of non-expired government ID that together show a name, birthdate, photo and signature.

For questions, please contact Statuscards@fnha.ca or call 1-877-661-3817

Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley tem eḵwáynexw (November) 5, 2026

New Job Postings

Squamish Nation

Upcoming Opportunities:

Case Social Worker
Permanent Full-Time | Ayás Mélmen Child and Family Support Services | Squamish Valley, BC

Team Leader, Youth Services
Permanent Full-Time | Ayás Mélmen Early Years & Youth Services | North Shore - North/West Vancouver, BC

Senior Manager, Implementation & Development
Term Full-Time | Ta7lnewás Education | North Shore - North/West Vancouver, BC

Nch'ḵaý̓

Communications Specialist
Permanent Full-Time | Park Royal | West Vancouver, BC

Data and Contract Coordinator
Permanent Full-Time | Lynnwood Marina | North Vancouver, BC

Store Manager
6 Month Term | Squamish Valley Gas Bar | Squamish, BC

nchkay.com/careers

Develop your career with the Nation

Questions? Need help applying? 604-985-8335 | careers@squamish.net

Chélchenstway (Human Resources) connects with all Squamish People who apply for positions with Sḵwx̱wú7mesh Úxwumixw. We look forward to receiving your application and supporting your professional growth with the Nation.

squamish.net/careers

STITSMA CAREER CENTRE

LOOKING FOR WORK?

CHECK OUT THE STITSMA JOB BANK FOR EMPLOYMENT OPPORTUNITIES

OVER 40 JOBS CURRENTLY AVAILABLE AND NEW JOB OPPORTUNITIES POSTED WEEKLY

POSITIONS INCLUDE:

SEASONAL MARKET HOST
Foundry North Shore

INSTRUMENTATION TECHNICIAN
TransMountain

CONSTRUCTION LABORER
Bridgemans

* ***PLEASE SEE INDIVIDUAL JOB POSTINGS FOR REQUIREMENTS AND MORE INFORMATION***

SCAN FOR JOB BANK

OR CONTACT US AT

stitsma_career@squamish.net

604-985-7711

STAY UP TO DATE WITH OUR LATEST TRAINING PROGRAMS AND JOB UPDATES

EMPLOYMENT AND TRAINING SQUAMISH NATION

@SNEMPLOYMENT_TRAINING



CALLOUT FOR INTEREST

EARLY CHILDHOOD CARE & EDUCATION DIPLOMA

The Nexw7áýstwaý Training & Trades Centre is gauging interest for an Early Childhood Care & Education (ECCE) Diploma in the Squamish Valley, accredited and delivered in partnership with Capilano University.

TENTATIVE START DATE
JANUARY 2027

DURATION
2 YEARS

INFO SESSION

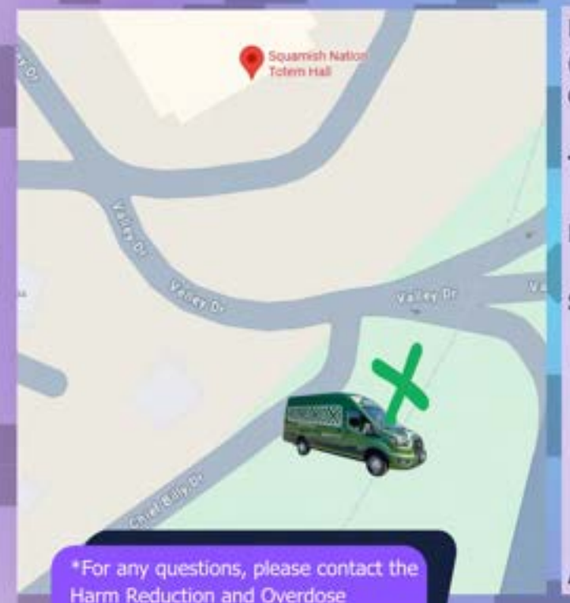
November 7, 2026
10:00 am - 1:00 pm
Capilano University
Squamish Campus
3200 University Blvd

TAKE THE FIRST STEP

Complete our form to express your interest in the Early Childhood Care & Education program

SCAN FOR FORM

Drug Checking- Mondays, Squamish



Date: Every Monday
(cancellations will be posted on 'Squamish Nation Community Health and Wellness' Facebook page)

Time: 1:30PM-3:30PM

Location: Chief Billy & Stawamus, near Totem Hall

Services Offered:

- Drug checking (fentanyl and benzodiazepine strips)
- Snacks and Refreshments will be shared
- Connect with Peers with Lived Experience
- Safer Use Supplies
- Intramuscular and Intranasal Naloxone

All free and confidential, always.

*For any questions, please contact the Harm Reduction and Overdose Prevention Lead:

Juhi Tayal: 236-788-1977

Sḵwx̱wú7mesh Úxwumixw
Yúustway
Health & Wellness
Community Health & Wellness

Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley
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t'útenamtsut xwínilh s7i'xi

'Medication instead of shame'

NALOXONE TRAINING

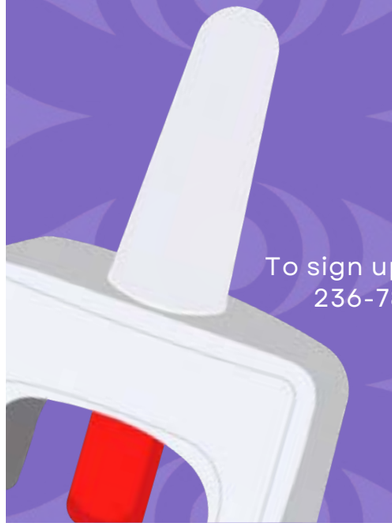
Squamish Valley Communities

WHEN: MONTHLY (DATES OF MONTHLY SESSIONS ON SIGN-UP FORM)

WHERE: TOTEM HALL, STAWAMUS ROOM

TIME: 1:30-3:30PM

Scan the QR code to learn more and to sign up.



To sign up or if you have any questions contact:
236-788-1977 or wellness@squamish.net

Sḵwx̱wú7mesh Úxwumixw
Háhalhi7iwan
Wellness

Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

Do you have flu or Covid-19 symptoms?

Based on current guidelines, COVID-19 testing is no longer routinely required. Most people can safely take care of their symptoms at home.

Community Members can also speak with Public Health Nurses and ask any questions surrounding health and wellness.

If you are sick:

- Take rest, stay home, and allow yourself to recover
- Avoid close contact with people at higher risk of severe illlness
- Wear a mask if you will be close to others
- Cover your coughs or sneezes with your elbow
- Wash your hands often

If your symptoms worsen or don't improve, please visit your healthcare provider



Questions? Contact Yúustway Health:

604-682-0332

yhsreception@squamish.net

BC CANCER BREAST SCREENING
Provincial Health Services Authority



Mammograms Can Save Lives

The mobile mammogram coach is coming to a community near you.

Mammograms are available for women ages 40+. Take a positive step for your health and book a free screening mammogram.

Visit **www.screeningbc.ca** to learn more.

Upcoming Visits:

Date: October 26 to November 14, 2026

November 5 (Dedicated Community Day)

Location: Chieftain Mall

1301 Pemberton Ave, Squamish, BC V8B 0B5

Contact Caroline to Sign Up:
caroline_perrin@squamish.net
236-877-7782

Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

Wellness Month 2026

Throughout November 2026, Ḥáhalhi7iwan (Wellness) will host a series of events and activities in recognition of Wellness Month. Wellness Month encourages meaningful conversations about respect, healthy relationships, and healing while acknowledging the impacts of domestic violence.

November Schedule

- **November 6 | Sea to Sky Gondola Day**
- **November 12 | Weaving & Medicines North Shore | CJMC |5 - 7 pm**
- **November 19 | Weaving & Medicines Squamish Valley | Totem Hall | 12 - 3 pm**
- **November 25 | Honouring a Life North Shore | Shaker Church | 12 - 3 pm**
- **November 26 | Madelaine McCallum Keynote Speaker | CJMC | 4:30 - 7 pm**
- **November 30 | Canyon Lights at Capilano Suspension Bridge**

Wellness Resources

The Wellness Department provides culturally grounded services for children, youth, adults, Elders and families.

Contact the team:
Phone: 604-982-7816
Email: wellness@squamish.net

www.squamish.net/wellness

Scan the QR code to for more details.

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Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

Men's Kinship Circle

Háhalhi7iwan (Wellness Department) invites fathers, grandfathers, uncles, nephews and sons to join them at the Men's Kinship Circle.

Led by Steph Mattews, you'll learn how colonial history has influenced men's roles, including fatherhood, within family and community, while honouring the healing and resilience held in Sḵwx̱wú7mesh ways of knowing and being.

WHEN: **Wednesdays, October 14 – November 18, 5 – 7:30 pm**

WHERE: **Healthy Hub, 41139B Government Road**

- October 14: Rattle making
- October 21: Rattle making continued
- October 28: Tree of Life Art
- November 4: Medicine pouches
- **November 11: Devils club bead making**
- **November 18: Closing ceremony**

With Elders'support. Meal will be provided, and child-minding is available on request. For any questions, reach out to Steph Matthews at **steph_matthews@squamish.net**, or **604-908-5552.**

Scan the QR Code to register:





Honour Your Strength

OUR DIABETES WELLNESS JOURNEY

Yúustway is excited to resume their Honour Your Strength: Our Diabetes Wellness Journey community-based education series this fall.

Made up of eight in-person interactive education sessions, participants will learn how to live well with diabetes through holistic wellness, peer support and strength-based learning. The series invites people to have conversations around diabetes, sharing their stories and wisdom.

WHEN: September 22, October 20, **November 17, December 8**
5 – 7 pm

WHERE: **Yúustway Health & Wellness**
380 Welch St., Unit 9A

The dates for sessions 5 – 8 will be announced later. Participants are required to attend all 8 sessions, which will be held in person and virtually. A light meal will also be served.

For more information or to register, please contact:

Deni Olivares: 236-668-9653

publichealth@squamish.net

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Squamish Valley Recreation

SOUP SERIES 3.0

with Roy Cooper

For Squamish Nation/SN Community members priority Squamish Valley 16+



Temtám (When): Nov 25 & 26, 2026
T'ánamtn (Time): 6:00-8:00pm
Éncha (Where): 1380 Stawamus Rd - Totem Hall large kitchen

Contact: SquamishRecreation@squamish.net

Sḵwx̱wú7mesh Úxwumixw
Ta na wa Ch'awát ta Sx̱wéx̱wel
Squamish Valley Operations
Recreation

squamish.net

Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

Schools on Snow Program Back for 2026/2027 Season

The Schools on Snow ski and snowboard program is back for the 2026/2027 season.

The program is intended for Squamish youths ages 7 – 18 that are beginner to intermediate ability level skiers and snowboarders. Participants will learn basic skiing or snowboarding techniques and safety skills from qualified ski instructors and build confidence on beginner-friendly terrain.

The program runs for 8 Thursday sessions and attending all dates will ensure your success and the full development of your skills.

- **Thursday December 10, 2026**
- **Thursday January 14, 2027**
- **Thursday January 28, 2027**
- **Thursday February 11, 2027**
- **Thursday February 25, 2027**
- **Thursday March 4, 2027**
- **Thursday March 11, 2027**
- **Thursday April 1, 2027**

Ski and snowboard rentals, lessons and lunch are provided as well as transportation from CJMC and Totem Hall.

For any questions, contact:

NV: Justine Sobell | 604-980-6338 | justine_sobell@squamish.net

SV: Lindsay Hubley | 604-892-5166 | lindsay_hubley@squamish.net

Register Now



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In case of after-hours emergency:

- **Public Safety:** 604-982-9938
- **Health & Wellness:** 604-982-7806
- **Comm Ops:** 604-815-7116
- **Member Services:** 604-505-3776