

tem ch'áatl'am (October) 29, 2026

Syétsm tl'a Sxexelhnát

News of the Week

Some Important Upcoming Dates

BC Cancer: Mobile Mammogram Clinic began *(p. 21)* ..... Oct 26th

SNEAA Open House @ Totem Hall *(p. 9)* ..... Nov 3rd

BC Cancer: Mobile Mammogram Clinic — SN-reserved appointments *(p. 21)* ..... Nov 5th
X̱aays (Transformers) film screening *(p. 10)* ..... Nov 5th

Stitsma Career Centre: Youth Conference *(p. 16)* ..... Nov 6th
Wellness Month: Sea to Sky Gondola day *(p. 22)* ..... Nov 6th

Early Childhood Care & Education (ECCE) Diploma: info session *(p. 17)* ..... Nov 7th
Explore CapU Open House *(p. 27)* ..... Nov 7th

Meal with Leadership @ CJMC *(p. 11)* ..... Nov 15th

Wellness Month: Weaving & Medicines @ Totem Hall *(p. 22)* ..... Nov 19th

Elders' Holiday Craft Fair begins *(p. 12)* ..... Nov 21st

Wellness Month: Honouring a Life @ North Shore *(p. 22)* ..... Nov 25th

Status Card Renewal @ Totem Hall *(p. 13)* ..... Nov 26th
Wellness Month: Madelaine McCallum Keynote Speaker @ CJMC *(p. 22)* ..... Nov 26th

MNP Chéńchenstway Survey deadline *(p. 8)* ..... Nov 30th
Wellness Month: Canyon Lights @ Capilano Suspension Bridge *(p. 22)* ..... Nov 30th

Seńáḵw Sméńhem (Tower Two) move-ins open ..... Dec 1st

December Regular Distribution begins *(p. 5–6)* ..... Dec 3rd

IA Declaration Day: November 10th, 2026
IA Cheque Day: November 24th, 2026



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Sḵwx̱wú7mesh Úxwumixw Squamish Nation

October 2026

tem ch'áatl'am

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Legend: Unless stated, all programs will be at the Totem Hall Red: Birthdays Purple: Sign Up Required				Shriley T 1 Wayne Ma 11-3	2 Super Clinic	3 Fall Fair 10-3
Doreen B Vera D 4	5 Candidates Bruch in gym 10:30-3pm	6 Fitness 10 Salmon Ceremony 10-1	Lorraine M 7 Thanksgiving Lunch 12-3	8 Weaving 9-2	Linda W 9 Foot Care 10-2	10
11	12 Thanksgiving Day	13 10 Fitness Mary 10:30 Brunch	14 Lunch & Bingo	Beading with Melissa 10:30-3 15	Lavern B Tom H 16	Michael L Marie L 17
Martin W 18	Dubs W 19 Danille Medium 10-12	20 10 Fitness Mary 10:30 Brunch	INTEGRITY COMMISSIONER MEETING 10:30 21	Randy L Earl L 22 All Staff Meeting	Crafts w/Colleen 10:30-3 23	24
25	Grizzly Guy & Lunch 10:30 26	27 10 Fitness Mary 10:30 Brunch	CJMC Halloween Party 10:30-2 28	29 Pumkin Carving 11-3	Halloween Party 11-2:30 30	Halloween 31



COUNCIL MONTHLY NEWS

Read the September 2026 issue:

Council meetings, committee meetings, events & more

Council is excited to share the first issue of the Council Monthly News.

These monthly updates will keep Community informed about important milestones, Council meetings, committee meetings, events Council attended, and upcoming community events.

It's available online at **www.squamish.net/council-news** or you can scan the QR code to read it.

SCAN HERE

Printed copies are available at Squamish Nation offices including the Main Office, Totem Hall, CJMC, and other departments.

Copies of the Council Monthly News will be sent to Elders coordinators, or Elders can email cco@squamish.net to request a printed copy. Email your suggestions or questions about the Council Monthly News to cco@squamish.net.

Sḵwx̱wú7mesh Úxwumixw
Nexwsxwníẃntm ta Úxwumixw
Chairperson & Council

More information at:
squamish.net/council-news

December 2026 Regular Distribution

Nexwsxwníẃntm ta Úxwumixw (Council) and Ts'its'ixwnítway (Member Services) would like to update Members on the Squamish Nation Regular Distribution for December 2026.

Thursday December 3 | Friday December 4, 2026
8:30 am – 4:00 pm. Open during lunch hour (12:00 pm – 1:00 pm)

Pick up locations:

Totem Hall
1380 Stawamus
Squamish

Chief Joe Mathias Centre
Drive 100 Capilano Road,
West Vancouver

Important dates

- Direct Deposit and ELDERS 65+ DELIVERY: December 2, 2026
- BC Canada mail-out: December 7 and 8, 2026

Important deadlines:

- Direct Deposit updates or changes: November 6, 2026
- Mailing address or pick up updates: November 10, 2026

If any of the following has changed, please update:

- Direct deposit banking information
- Mailing address
- Name change
- Change payee
- Birth additions

If you have any questions, contact Ts'ixwts'ixwnítway (Member Services) at DB@squamish.net or 604-982-7610.

Please Note: The distribution amount for December 2026 will be communicated in late November. An updated notice will follow.

October 19, 2026

Sḵwx̱wú7mesh Úxwumixw

Ha7lh skwáyel (good day) Squamish Valley Community,

This notice is for Squamish Valley Members who currently receive their Regular Distribution payment by mail.

With the upcoming closure of the Brackendale Post Office on October 31, 2026, Members who receive their Distribution payment by mail should be aware that this closure may affect where and how their mail is received.

Members should watch for information and instructions from Canada Post regarding any changes to their postal service and what, if anything, they may need to do to continue receiving their mail.

If you would prefer to change how you receive your December 2026 Regular Distribution payment, you may:

- Sign up for direct deposit, or
- Change your Distribution payment to pickup at Totem Hall on one of the scheduled distribution dates.

If you would like to update your Distribution payment instructions or mailing address, please contact Member Services before the deadlines below.

Important Dates

- Deadline to update direct deposit payment information: November 6, 2026
- Deadline to update mailing address: November 10, 2026

Contact Member Services
Email: DB@squamish.net
Phone: 604-982-7610

Chet kw'enmantúmi (We thank you).

Michelle George

Manager, Membership

ts'its'ixwnítway
Member Services
Unit 6, 380 Welch Street
West Vancouver, BC V7P 0A7
PO Box 86131
North Vancouver, BC V7L 4J5
T 604-982-7610
F 604-982-7658
squamish.net

Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley tem cháatl'am (October) 29, 2026

Indigenous Services Canada / Services aux Autochtones Canada

INCOME ASSISTANCE MONTHLY RENEWAL DECLARATION FOR: DEC 2026
555 DIRECT DEPOSIT issue date is Tues, NOV 24th – For December issue.

PRIVACY ACT STATEMENT Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision. The information will be stored in personal information bank INAI.P-PU-020 and is protected under the provisions of the Privacy Act.

1. Are you still in need of Social Assistance? ☐ **Yes** ☐ **No**

2. Has your marital or employment situation changed? ☐ **Yes** ☐ **No** ***If YES, explain change***

_____

_____**EMAIL Address**_____

3.**MANDATORY:** Current Address _____ Phone # _____

List any changes in your living situation _____

If you do not hand in your **Declaration** on …**Tues, NOV 10th, 2026.** You will **NOT** receive your **Pay on Tues, Nov 24th. Late Declaration** means, late cheque

4. Have you had any earned or unearned Income this month? ☐ **Yes** ☐ **No**

If yes, completed

Earnings	$
Family Allowance	$
Maintenance	$
Employment Insurance	$
Other (specify)	$
TOTAL	$

5. Has there been any change in your assets? ☐ **Yes** ☐ **No**

If yes, complete

Bank Account	$
Property	$
Other (specify)	$
	$
TOTAL	$

6. Is there any change in your number of dependents or their school status? **Yes** ☐ **No** ☐

If **Yes**, explain the change(s) _____

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified, and I consent to a report being obtained from any reporting agency for that purpose.

Status Number	**Signature of applicant**	**Date**

***PLEASE CLEARLY PRINT YOUR NAME HERE: _____

*** **Worker Initials:** _____ **Signature of Spouse:** _____

***PLEASE CLEARLY PRINT YOUR NAME HERE _____

Please remember that you cannot drop off your Declaration early, unless there is an emergency. If you Declaration/Job Search is late, so is your cheque. **Declare all Earnings, Family Allowance, DB, GST, Maintenance and other monies received. Also any changes to address and family unit size.**

ALL CLIENTS MUST BRING DECLARATION IN PERSON TO TOTEM HALL

Skwxwú7mesh Úxwumixw
Squamish Nation

Tell us about your experience with Chéńchenstway (HR)

Following the 2025 Annual General Meeting (Resolution AGM-003), Squamish Nation was asked to review how Chéńchenstway (Human Resources) is working for Squamish People.

As part of this review, we want to hear from **community members, current employees and former employees** about their experiences with Squamish Nation's HR Department.

Different experiences and perspectives will help us understand what is working well and what could be strengthened for the future.

WHAT DO WE WANT TO HEAR ABOUT?

- Your experiences accessing HR support
- HR programs and services
- How information and support are provided

Share your voice in the way that works for you.

Scan the QR code or follow the link to choose how you would like to take part:

- Complete the survey now and share your experiences with Human Resources at Squamish Nation.
- Receive a reminder to complete the survey.
- Participate in a focus group.
- Hear about other opportunities to share your feedback.

If you choose to stay involved, you will be asked to provide your contact information and let us know how you would like to participate.

Participation is voluntary, and you can choose the option that feels right for you.

https://www.surveymonkey.com/r/SNHR

COMPLETE BY
November 30th

Questions?
If you have any questions, please reach out to the project team at:
hrconsulting@mnp.ca

MNP is an independent consulting firm supporting Squamish Nation with this review.
Our role is to listen to Squamish People and bring together what we hear to support the review.

MNP LLP



You are invited -

SNEAA Open House

Ta na wa Yúus ta Stitúyntsamʼ (Rights and Title Department) is holding an Open House on the Squamish Nation Environmental Assessment Agreements (SNEAAs). Skwxwú7mesh Úxwumixw Community Members are invited to learn about these projects, how the work is conducted and overseen, and ask questions.

Information will cover Nation oversight and involvement with the WoodfibreLNG and FortisBC Eagle Mountain Gas Pipeline Projects, from Nation benefits to Indigenous Monitors, & Emergency Response to Habitat Restoration.

EVENT DATE

****NEW DATE****
Tues Nov 3
11 am - 1 pm

LOCATION

Totem Hall
1380 Stawamus Rd, Squamish

AGENDA

11:00 am Event Start
Welcome by R&T leadership & staff introductions

11:30 -12:55 pm
Connect & Learn
Explore information booths & connect with staff

12:00 pm Lunch

12:55 pm Closing remarks

Please let us know if you are coming:
swiyat@squamish.net or 778-966-1117

Skwx̱wú7mesh Úxwumixw
Ta na wa Yúus ta Stitúyntsamʼ
Rights & Title

Sḵwx̱wú7mesh Úxwumixw

Ta na wa Ns7éyx̱nitm ta Sneẃíyelh

presents

s7ulh ti temíxw

THIS IS OUR LAND FILM SERIES

X̱aays (Transformers) Film Screening



WHERE

Kay Meek Arts Centre
1700 Mathers Avenue
West Vancouver

WHEN

Thursday Nov. 5, 2026
Doors open: 6:30pm
Start time: 7:00pm

REGISTER

Scan the QR code below
or email:
stephanie_wood@squamish.net

Transportation available. Join us for a night of food, refreshments, and celebrating some of our oldest stories!



Elh7ilhen chet esḵ'éẃḵ'ew ta Nexwsxwníẃntm ta Úxwumixw

Community Event: A Meal with Leadership

Where: Chief Joe Mathias Centre
Date: Sunday, November 15, 2026
Time: 12 pm - 2:30 pm (Drop-in)

A Community Lunch with your Elected Leadership

Elders, families, youth, and community members of all ages are warmly invited to join your elected leadership for lunch and conversation.

Attend the gathering to spend time with the Chairperson, Council, Band Manager, and community members. It's an opportunity to share stories, ask questions, exchange ideas, and connect with one another.

Enjoy a meal, open conversation, drumming, and singing as Community celebrates our culture and the strength of coming together across generations.

Questions? Email cco@squamish.net or call 604-980-4553.

Ta na wa Cheńtm
Chair and Council Office
320 Seymour Blvd,
North Vancouver, BC V7J 2J3
PO Box 86131
North Vancouver, BC V7L 4J5
T 604-980-4553
F 604-980-9601
squamish.net



Status Card
Renewal/Registration

November 26 (Friday)
@ 9:00 AM – 4:30 PM

1380 Stawamus Rd. –
Totem Hall Boardroom

- **No fees**
- **Photo will be available**
- **No appointments — drop-ins only.**
- **First come = first served, so it is recommended you arrive as early as you conveniently can.**

When you arrive, please be prepared with:

- Knowledge of your Status Registration number (10-digit number on the front of your card)
- At least 1, but preferably 2 piece(s) of valid, current photo ID (*Photocopies of ID will *not* be accepted)
- Marriage records, if there was a name change due to marriage
- If you are under 18 and do not have the necessary ID, you may have a parent and/or guarantor come along to assist you; your parent or guarantor must bring valid and current photo ID.

Other helpful — but not necessary — materials to bring:

- Your parent(s)' Status number(s) & your grandparent(s)' Status number(s)
- Doctor's note, if your child requires any kind of medical care
- Records demonstrating graduation (diploma, high school transcript, etc.) if your child is graduating and needs Band funding

If you are a new Registration applicant, have questions about ID or Guarantors, or need more information, please contact Patricia Brown @ 604-815-9099 or Patricia_Brown@squamish.net

Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

New Job Postings

Squamish Nation

Upcoming Opportunities:

Case Social Worker
Permanent Full-Time | Ayás Mélmen Child and Family Support Services | Squamish Valley, BC

Team Leader, Youth Services
Permanent Full-Time | Ayás Mélmen Early Years & Youth Services | North Shore - North/West Vancouver, BC

Senior Manager, Implementation & Development
Term Full-Time | Ta7lnewás Education | North Shore - North/West Vancouver, BC

Nch'ḵaý

Communications Specialist
Permanent Full-Time | Park Royal | West Vancouver, BC

Data and Contract Coordinator
Permanent Full-Time | Lynnwood Marina | North Vancouver, BC

Store Manager
6 Month Term | Squamish Valley Gas Bar | Squamish, BC

nchkay.com/careers

Develop your career with the Nation

Questions? Need help applying? 604-985-8335 | careers@squamish.net

Chélchenstway (Human Resources) connects with all Squamish People who apply for positions with Sḵwx̱wú7mesh Úxwumixw. We look forward to receiving your application and supporting your professional growth with the Nation.

squamish.net/careers

Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley tem cháatl'am (October) 29, 2026

STITSMA CAREER CENTRE

LOOKING FOR WORK?

CHECK OUT THE STITSMA JOB BANK FOR EMPLOYMENT OPPORTUNITIES

OVER 40 JOBS CURRENTLY AVAILABLE AND NEW JOB OPPORTUNITIES POSTED WEEKLY

POSITIONS INCLUDE:

SEASONAL MARKET HOST
Foundry North Shore

INSTRUMENTATION TECHNICIAN
TransMountain

CONSTRUCTION LABORER
Bridgemans

* *PLEASE SEE INDIVIDUAL JOB POSTINGS FOR REQUIREMENTS AND MORE INFORMATION*

SCAN FOR JOB BANK

OR CONTACT US AT

stitsma_career@squamish.net

604-985-7711

STAY UP TO DATE WITH OUR LATEST TRAINING PROGRAMS AND JOB UPDATES

EMPLOYMENT AND TRAINING SQUAMISH NATION

@SNEMPLOYMENT_TRAINING

Sḵwx̱wú7mesh Úxwumixw
Sts'its'áp'newas
Employment & Future Skills
Stitsma Career Centre

TO SEE OUR FUTURE SELVES
KW'ACHMÁ?MINTSUT
CHAT EḴ'
YOUTH CONFERENCE

Youth CAREER CONFERENCE

The Stitsma Career Centre invites Indigenous youth in grades 8-12 to attend the Youth Career Conference.

GUEST SPEAKERS + DOOR PRIZES | **CAREER + CULTURAL WORKSHOPS** | **EMPLOYER BOOTHS** | **POST-SECONDARY EDUCATION BOOTHS**

NOVEMBER 6

CHIEF JOE MATHIAS CENTRE
9:00 AM - 3:00 PM



Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley
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CALLOUT FOR INTEREST

EARLY CHILDHOOD CARE & EDUCATION DIPLOMA

The Nexw7áýstwaý Training & Trades Centre is gauging interest for an Early Childhood Care & Education (ECCE) Diploma in the Squamish Valley, accredited and delivered in partnership with Capilano University.

TENTATIVE START DATE
JANUARY 2027

DURATION
2 YEARS

INFO SESSION

November 7, 2026
10:00 am - 1:00 pm
Capilano University
Squamish Campus
3200 University Blvd

TAKE THE FIRST STEP

Complete our form to express your interest in the Early Childhood Care & Education program

SCAN FOR FORM



Fellowship of the Spirit

To the members in the Valley who are looking for some support to achieve sobriety and be around like-minded people:

You are welcome to join us in the Fellowship of the Spirit meeting to share or just to listen. No pressure to commit, but just to get your foot in the door and start your journey to healing your mind, body, and spirit.

At the meeting we alternate between nights where we read from the AA book and share, and nights where we have a Talking Circle. We are looking forward to greeting you with an open mind, and open heart, and open arms.

**We have childcare available for young or single parents to further support their needs.*



Meeting @ the Shaker Church —
1365 Chief Billy Dr.
Every Friday night, starting @ 6:15pm

Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley tem cháatl'am (October) 29, 2026

Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

Do you have flu or Covid-19 symptoms?

Based on current guidelines, COVID-19 testing is no longer routinely required. Most people can safely take care of their symptoms at home.

Community Members can also speak with Public Health Nurses and ask any questions surrounding health and wellness.

If you are sick:

- Take rest, stay home, and allow yourself to recover
- Avoid close contact with people at higher risk of severe illlness
- Wear a mask if you will be close to others
- Cover your coughs or sneezes with your elbow
- Wash your hands often

If your symptoms worsen or don't improve, please visit your healthcare provider



Questions? Contact Yúustway Health:

604-682-0332 **yhsreception@squamish.net**

OCTOBER 2026

Menopause Awareness Month

October is World Menopause Month, a global initiative aimed at increasing understanding, reducing stigma, and improving support for women experiencing menopause.

What is menopause?

Menopause marks the end of a women's reproductive years and typically occurs between ages 45 and 55, with the average age around 51, however symptoms can appear years earlier. Symptoms include hot flashes, night sweats, and irregular periods.

This transition can affect the body, mind, spirit and emotions.

Common myths

- **Menopause happens suddenly**
- **Menopause means you're old**

For most people, menopause is a gradual process. The transition period is called perimenopause.

Menopause is a normal life stage, not a sign of aging or decline. Many people find it to be a time of renewed focus on health, personal goals, and well-being.

Support with menopause

Speak with our Public Health Nurses or Naturopath Dr. Kyba about menopause by contacting the Kal'numet Primary Care Clinic below.



604-982-0332

yhsreception@squamish.net

BC CANCER BREAST SCREENING
Provincial Health Services Authority



Mammograms Can Save Lives

The mobile mammogram coach is coming to a community near you.

Mammograms are available for women ages 40+. Take a positive step for your health and book a free screening mammogram.

Visit **www.screeningbc.ca** to learn more.

Upcoming Visits:

Date: October 26 to November 14, 2026

November 5 (Dedicated Community Day)

Location: Chieftain Mall

1301 Pemberton Ave, Squamish, BC V8B 0B5

Contact Caroline to Sign Up:
caroline_perrin@squamish.net
236-877-7782

Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

Wellness Month 2026

Throughout November 2026, Ḥáhalhi7iwan (Wellness) will host a series of events and activities in recognition of Wellness Month. Wellness Month encourages meaningful conversations about respect, healthy relationships, and healing while acknowledging the impacts of domestic violence.

November Schedule

- **November 6 | Sea to Sky Gondola Day**
- **November 12 | Weaving & Medicines North Shore | CJMC |5 - 7 pm**
- **November 19 | Weaving & Medicines Squamish Valley | Totem Hall | 12 - 3 pm**
- **November 25 | Honouring a Life North Shore | Shaker Church | 12 - 3 pm**
- **November 26 | Madelaine McCallum Keynote Speaker | CJMC | 4:30 - 7 pm**
- **November 30 | Canyon Lights at Capilano Suspension Bridge**

Wellness Resources

The Wellness Department provides culturally grounded services for children, youth, adults, Elders and families.

Contact the team:
Phone: 604-982-7816
Email: wellness@squamish.net

www.squamish.net/wellness

Scan the QR code to for more details.

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Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

Men's Kinship Circle

Háhalhi7iwan (Wellness Department) invites fathers, grandfathers, uncles, nephews and sons to join them at the Men's Kinship Circle.

Led by Steph Mattews, you'll learn how colonial history has influenced men's roles, including fatherhood, within family and community, while honouring the healing and resilience held in Sḵwx̱wú7mesh ways of knowing and being.

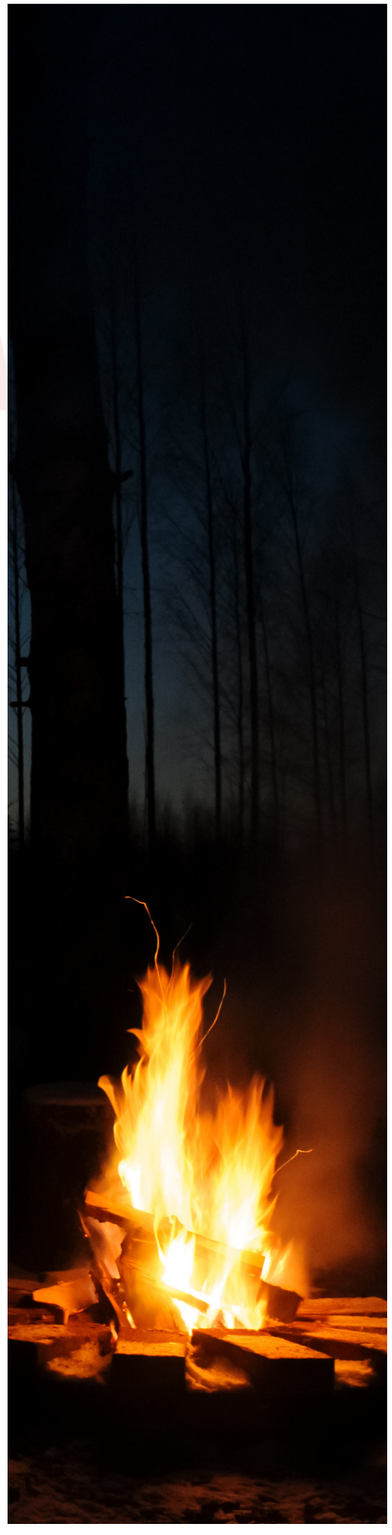
WHEN: **Wednesdays, October 14 – November 18, 5 – 7:30 pm**

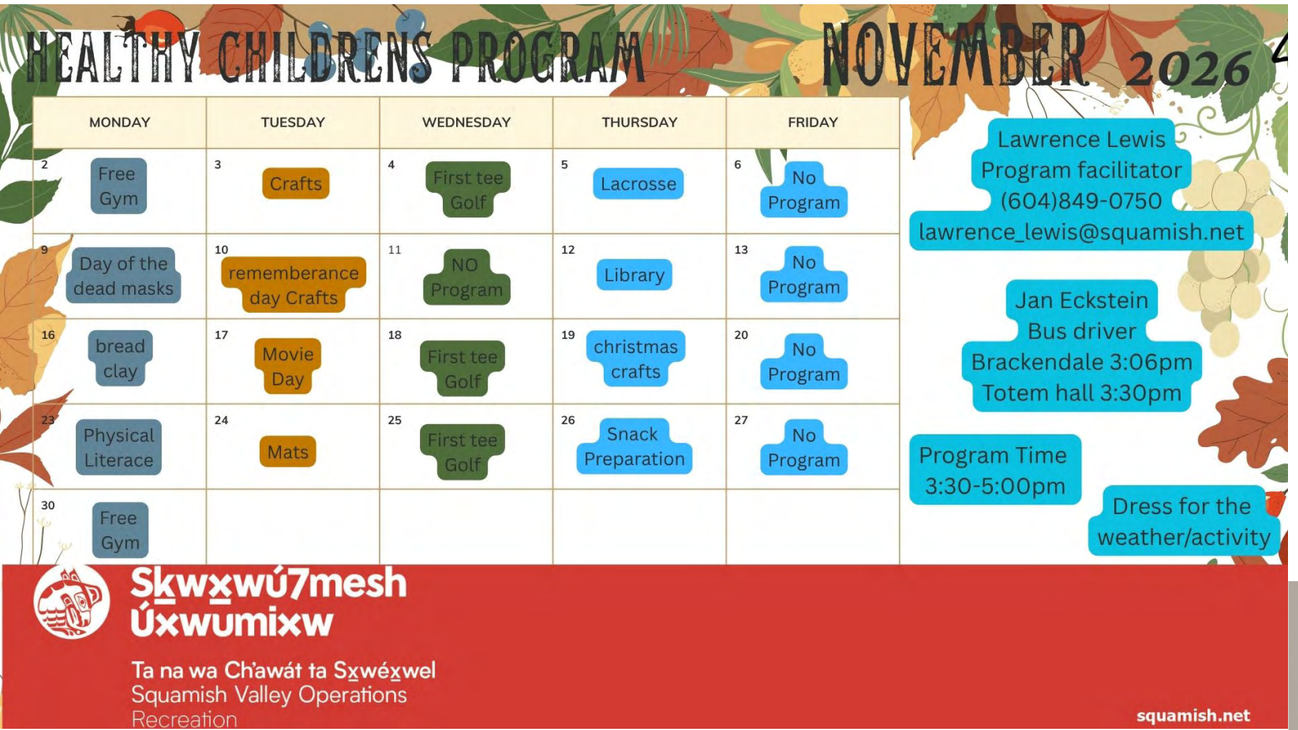
WHERE: **Healthy Hub, 41139B Government Road**

- October 14: Rattle making
- October 21: Rattle making continued
- October 28: Tree of Life Art
- **November 4: Medicine pouches**
- **November 11: Devils club bead making**
- **November 18: Closing ceremony**

With Elders'support. Meal will be provided, and child-minding is available on request. For any questions, reach out to Steph Matthews at **steph_matthews@squamish.net**, or **604-908-5552.**

Scan the QR Code to register:





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Teen Centre November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2nd • Grades 8-12 @TC 3:30-5:30, Baking	3rd • Grade 8+ workout class 4:15-5:10 @ Totem Hall • TC Drop In 5:30-7:30 (All Ages), Poppy felting	4th • Preteens @TC 3:30-6:30pm, Clay Sculpting • Swimming @ Brennan Park 7:00-8:30 pm (all ages)	5th • All Ages Cooking / Life Skills 3:30-5:30pm @ TC • TC Drop In 5:30-7:30pm (All Ages), Poppy felting	6th • Sister's Tribe 4:30-6:30pm @ TC (all ages) • TC Drop In (All Ages) 7:30-11:00pm	7th • Field Trip: Science World
9th • Grades 8-12 @TC 3:30-5:30, Taco Night	10th • Grade 8+ workout class 4:15-5:10 @ Totem Hall • TC Drop In 5:30-7:30 (All Ages), Poppy felting	11th • No Programs	12th • All Ages Cooking / Life Skills 3:30-5:30pm @ TC • TC Drop In 5:30-7:30pm (All Ages), Campfire	13th • No programs	14th • TC Drop In All Ages 12:30-6:30pm
16th • Grades 8-12 @TC 3:30-5:30, Scented Candle Making	17th • Grade 8+ workout class 4:15-5:10 @ Totem Hall • TC Drop In 5:30-7:30 (All Ages), Winter Painting	18th • Preteens @TC 3:30-6:30pm, Jewelry Making • Swimming @ Brennan Park 7:00-8:30 pm (all ages)	19th • All Ages Cooking / Life Skills 3:30-5:30pm @ TC • TC Drop In 5:30-7:30pm (All Ages), Winter Painting	20th • Sister's Tribe 4:30-6:30pm @ TC (all ages) • TC Drop In (All Ages) 7:30-11:00pm	21st • Field Trip: Canucks Game
23rd • Pro-D Day : Movie Theatre Day, Sunrise On The Reaping	24th • Grade 8+ workout class 4:15-5:10 @ Totem Hall • TC Drop In 5:30-7:30 (All Ages), Christmas Decoration Making (Felting)	25th • Preteens @TC 3:30-6:30pm, Nintendo Switch Games • Swimming @ Brennan Park 7:00-8:30 pm (all ages)	26th • All Ages Cooking / Life Skills 3:30-5:30pm @ TC • TC Drop In 5:30-7:30pm (All Ages), Christmas Decoration Making (Felting)	27th • Gentlemens Club 4:30-6:30pm @ TC (all ages) • TC Drop In (All Ages) 7:30-11:00pm	28th • No Programs

Contact Ciara:
778-558-3125
ciara_lewis@squamish.net

Sḵwx̱wú7mesh Úxwumixw
Ta na wa Ch'awát ta Sx̱wéx̱wel
Squamish Valley Operations
Recreation
squamish.net

Sḵwx̱wú7mesh Úxwumixw
Squamish Nation

Schools on Snow Program Back for 2026/2027 Season

The Schools on Snow ski and snowboard program is back for the 2026/2027 season.

The program is intended for Squamish youths ages 7 – 18 that are beginner to intermediate ability level skiers and snowboarders. Participants will learn basic skiing or snowboarding techniques and safety skills from qualified ski instructors and build confidence on beginner-friendly terrain.

The program runs for 8 Thursday sessions and attending all dates will ensure your success and the full development of your skills.

- **Thursday December 10, 2026**
- **Thursday January 14, 2027**
- **Thursday January 28, 2027**
- **Thursday February 11, 2027**
- **Thursday February 25, 2027**
- **Thursday March 4, 2027**
- **Thursday March 11, 2027**
- **Thursday April 1, 2027**

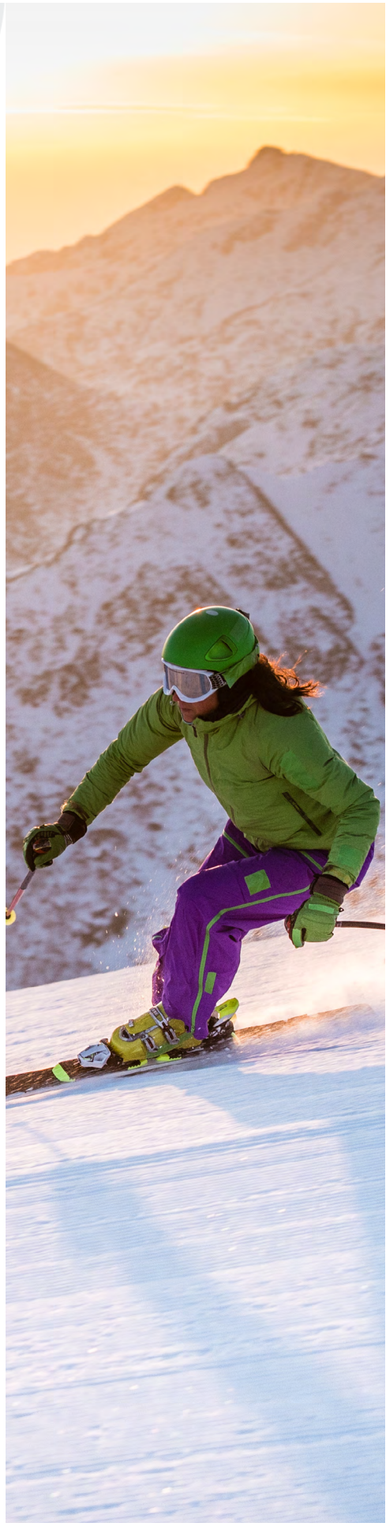
Ski and snowboard rentals, lessons and lunch are provided as well as transportation from CJMC and Totem Hall.

For any questions, contact:

NV: Justine Sobell | 604-980-6338 | justine_sobell@squamish.net

SV: Lindsay Hubley | 604-892-5166 | lindsay_hubley@squamish.net

Register Now



Sḵwx̱wú7mesh Úxwumixw – Syétsm tl'a Sxexelhnát – Squamish Valley
tem cháatl'am (October) 29, 2026



Explore CapU
Open House

Saturday, November 7, 2026
10 am – 1 pm
Squamish Campus

- Connect with support services such as Academic Advising, Financial Aid, Indigenous Student Services and Student Life
- Discover programs in arts, environmental studies, business, early childhood education, kinesiology, outdoor filmmaking and more
- Meet with campus leaders and faculty
- Tour our modern facilities and on-campus student housing

CAPILANO UNIVERSITY

RSVP at CapilanoU.ca/explore



In case of after-hours emergency:

- **Public Safety:** 604-982-9938
- **Health & Wellness:** 604-982-7806
- **Comm Ops:** 604-815-7116
- **Member Services:** 604-505-3776