



Introducing stronger wellness supports for Community

Ha7lh skwáyel (good day),

To better support our Community, People' Services have made some changes. Wellness Services for children, youth, adults and Elders are now being delivered by one coordinated team. Previously, wellness services were part of both Yúustway (Health and Wellness) and Ayás Ménmen (Child and Family Services).

This new collaborative wellness team will be the Háhalhi7iwan (Wellness) Department. The change brings all our well-being professionals under one roof to respond more effectively to the needs of our Squamish People.

How will this impact Community?

- Wellness care will be better coordinated and barriers to care reduced. Specifically, getting mental health and addiction support will be more straightforward.
- A stronger team to walk alongside individuals and families on their healing journeys. This means clear pathways for Community Members to access the support they need when they need it.
- In our response to the ongoing toxic drug crisis, Community will see a greater emphasis, and easier access to culturally grounded services. This includes expanded land-based healing and ways to connect to culture.

The following services are united under Háhalhi7iwan (Wellness): counselling and therapy, mental health, land-based healing, addictions and peer support, as well as mobile outreach.

This change marks the integration of services. There are no additional costs to Squamish Nation and no new staff positions associated with the change – there is a significant reduction in the duplication of services and support.

While this marks an important step forward in how we work together, our purpose remains the same, to walk alongside individuals and families with care, honour each person's journey, and help create opportunities for healing, wellness and connection.

Who will be leading these changes?

We are pleased to welcome Hannah Rushton as Director of Háhalhi7iwan. Hannah brings 15 years of experience and care working in the Squamish Community.

*Serving Community means walking alongside Sk̓wx̓wú7mesh
People with respect and humility, creating space for healing,*



strengthening connections, and ensuring culture remains at the heart of our work and care we provide.

Hannah Rushton, Wellness Director

During the coming weeks we will introduce roles and team members and share more about how this collaborative approach will continue to strengthen services for our Community.

How do you connect with the Wellness Team?

Phone: **604-982-7816**

Email: **wellness@squamish.net**

Locations for Care & Support:

- Ha7lhánanawtxw (Wellness Building, North Shore)
380 Welch St. — Units 1A & 1B and Unit 4
- Ha7lh skwalwnawtxw (Healthy Hub Waterfront)
1221 Chief Billy Drive
- Ha7lh skwalwnawtxw Siyích'em (Healthy Hub)
41139-B Government Rd., Squamish

Huy chexw a,

Yataltenat, Kelley McReynolds,
People Services Executive Director