



Háhalhi7iwan (Wellness Department)

FAQ - Frequently Asked Questions and Answers

What is changing for Squamish Nation's Health and Wellness Services?

Háhalhi7iwan (Wellness Department) is being created to bring together services currently offered through Yúustway (Health and Wellness) and Ayás Ménmen (Child and Family Services). By bringing these services together under one roof, Squamish Nation aims to provide more integrated, coordinated and holistic support for Community.

Why are we creating a Wellness Department?

The integration of services will create a clear pathway to mental health, addiction and wellness services. All our wellness services will now be delivered from one department.

The creation of the department supports the vision and priorities outlined in Squamish Nation's Strategic Plan 2026-2030 and our Generational Plan.

Who is Háhalhi7iwan supporting?

Háhalhi7iwan supports everyone in Community, with the focus on Squamish People who are struggling with mental health and addictions and those facing the greatest barriers to support.

What services will be offered?

Háhalhi7iwan will offer the following services:

- Counselling and therapy
- Land-based healing programs
- Mental health, addictions and peer support
- Mobile outreach work

What are the benefits of a united Wellness Department?

Merging mental health and addiction services from two departments reduce barriers and duplication of services.

Key benefits are:

- Wellness services under one roof, in one department
- Wellness services rooted in Sk̓wx̓wú7mesh values, traditions, and ways of being
 - Including expanded land-based healing and ways to connect with culture
- Improved access to services; connecting with the right supports at the right time
- Strengthened response to the ongoing toxic drug crisis
- Reduced duplication of services



When is the change happening?

Háhalhi7iwan officially launched this month (October 2026), however the complete transition will occur gradually over the coming year. Community members can continue accessing complete services throughout the transition process.

What is happening to the existing Health & Wellness Department?

As part of this change, instead of Yúustway Health and Wellness Services, we will have Yúustway (Health) and Háhalhi7iwan (Wellness). Both departments will continue to work together to ensure Squamish People receive coordinated, holistic care.

What is the cost of creating Háhalhi7iwan?

The creation of the Wellness Department will not require any additional funding. The department brings together existing services and resources to reduce duplication and maximize available external funding. And there are no planned changes to overall staffing levels as a result of the change.

Where can I contact or locate services through the Wellness Department?

Phone: 604-982-7816

Email: wellness@squamish.net

Service Locations:

- 380 Welch Street (Units 1A & 1B, and Unit 4), West Vancouver
- Ha7lh skwalwnawtxw (Healthy Hub Waterfront), 1221 Chief Billy Drive, Squamish
- Ha7lh skwalwnawtxw Siyích'em (Healthy Hub), 41139-B Government Road, Squamish