



Sk̓w̓x̓w̓ú7mesh Úxwumixw
Squamish Nation



2SLGBTQIA⁺ Inclusion Resources Guide



ínexw chexw ti ays

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S_kw_xwú7mesh Úxwumixw

Services & Departments

Ayás Ménmen (Child & Family Services)

The philosophy of Ayás Ménmen is to enhance the lives of the S_kw_xwú7mesh Úxwumixw children, their families, and the community by providing a caring, supportive, and vital community service. We offer safe & supportive programs for 2SLGBTQIA+ youth & families to ensure we can support the emotional, spiritual, and cultural needs of these community members.

Family Support | Wellness Programs | Family Therapy | Child & Youth Therapy | Therapeutic Groups | Parenting Education | Cultural Support | Early Intervention Programs | Youth Programs | Youth Support Groups

Office Hours & Location:

8:30 am – 4:30 pm, Monday – Friday
Unit 2, 380 Welch Street, West Vancouver

Office Phone: 604-985-4111

Email: amm_reception@squamish.net

Squamish Hours & Location:

8:30 am – 4:30pm, Monday – Friday
1221 Chief Billy Drive, Squamish

Office Phone: 604-985-4111

Email: ayasmenmen_reception@squamish.net

Wellness Team Leader & Contact:

Jessica Delorme

Phone: 604-985-4111

Email: jessica_delorme@squamish.net



Yúustway (Health and Wellness)

Yúustway exists to provide quality holistic care in a respectful, safe manner to ensure the health and wellness of all people by empowering our community and offering the tools for living in health from birth to end of life. Our team offers support and referral resources for our 2SLGBTQIA+ members. If you identify and would like support in accessing counsellors specific in supporting your needs, contact our Mental Health Intake Worker. Mental Health & Addictions Counsellors | Social Services Advocacy | Home and Community Care | Elder in Residence | Traditional Healing & Wellness Support | Kal'númet Primary Care Clinic | Community Recreation

Office Hours & Location:

8:30 am – 4:30 pm, Monday – Friday
Unit 9A, 380 Welch Street, West Vancouver

Office Phone: 604-982-0332

Email: yhsreception@squamish.net

Squamish Office Hours & Location:

8:30 am – 4:30pm, Monday – Friday
1221 Chief Billy Drive, Squamish

Office Phone: 604-982-0332

Email: wellness@squamish.net

Kal'numet Medical Clinic

The Primary Care team includes:

Physicians | Naturopathic Doctor | Nurse
Practitioner | Community Health Nurses | Medical
Office Assistant(s) | Primary Care Manager

North Shore Location:

8:30 am – 4:30 pm, Monday – Friday Unit 9A, 380
Welch Street, West Vancouver

Phone: 604.985.2052

Email: kpc_medicalclinic@squamish.net

Squamish Valey Location:

8:30 am – 4:30pm, Monday – Friday
41139B Gov't Rd, Squamish

Office Phone: 604-898-6771

Email: sv_clinic@squamish.net

If you do not have a doctor of your own or have lost access call toll-free **1-855-344-3800** to make an appointment with the First Nations Virtual Doctor of the Day between the hours of 8:30 am – 4:30 pm, 7 days a week.





External Resources



SUPPORT GROUPS

Urban Native Youth Association (UNYA) 2-Spirit Collective Program

Vancouver organization with a wide range of Two-Spirit inclusive services for Indigenous youth, including some programming specifically designed for Two-Spirit youth.

2-Spirit Collective is an UNYA program that provides support, resources, and programming for Indigenous youth, ages 15 to 30, who identify as 2-spirit or LGBTQ+ (lesbian, gay, bisexual, transgender, queer, gender non-conforming, along with many other identities), and for those who are questioning their sexual or gender identities.



1618 Hastings St E,
Vancouver, BC



604-254-7732



2spirit@unya.bc.ca

Indian Residential School Survivors Society

Indigenous trans, two-spirit and other LGBTQ+ Indigenous people are able to connect with their Resolution Health Support Worker and LGBTQ+ Liaison for support, interim counseling, and cultural connection and ceremony. To access this program, ask to be connected with the LGBTQ+ Liaison by phone or email



402 – 100 Park Royal South,
West Vancouver, BC
V7T 1A2



694-985-0023

Trans Care BC

Trans Care BC is a provincial program working to enhance and coordinate trans health services and supports across the province, bringing gender-affirming care closer to home wherever possible.



Toll-free (BC): 1-866-999-1514
Outside of BC: 604-675-3647



transcareteam@phsa.ca



<http://www.phsa.ca/transcarebc/gender-basics-education/terms-concepts/two-spirit>

The Foundry

Foundry offers integrated health and social services for youth aged 12 to 24, providing support in mental health, substance use, primary care, peer support, and social services. Both the North Vancouver and Squamish locations are accessible to youth and their families seeking assistance.

North Vancouver



foundrynorthshore@vch.ca



604-984-5060



211 West 1st Street, North
Vancouver, BC V7M 1C9



Hours:

Foundry North Shore

Drop-in Counselling Hours:

Monday & Thursday: 1:00 pm – 6:00 pm

Tuesday & Wednesday: 1:00 pm – 5:00 pm

Medical Services Drop-in:

Monday to Thursday: 2:30 pm – 5:00 pm

Foundry Sea to Sky

Walk-in Support Hours:

Wednesdays: 2:00 pm – 4:30 pm

Youth Hub Drop-in:

Thursdays & Fridays: 3:00 pm – 7:00 pm

Squamish

@ foundry@sscs.ca

☎ 604-567-9347

🏠 38646 Buckley Avenue, Squamish,
BC V8B 0K6

2SLGBTQIA+ INCLUSION GROUPS

Whatever Youth Hub

Whatever is a drop-in program for 2SLGBTQIA+ youth and their allies in grades 8 to 12, and offers a supportive, caring environment in which to hang out and be heard.



Park Royal Mall
706 Main Street,
West Vancouver, BC



604-925-7233



@ mclark@westvancouver.ca



<https://www.westvancouver.ca/parks-recreation/recreation-programs-services/youth-services>

Two-Spirit Sweat Lodge

Sweat lodge held on Squamish Territory (North Vancouver) for Two-Spirit folks and allies.

Contact Bon Fabian



604-683-3884



@ admin@fourfeathers.net

Be Yourself | PROUD2BE

PROUD2BE Yourself drop-in groups for youth (virtual or in-person) aged 16-24 and identify as queer, transgender, two-spirited, and/or questioning. Join for free. Weekly drop-in group.



203-1111 Lonsdale Avenue
North Vancouver, BC



604-988-5281



@ proud2be@familyservices.bc.ca



www.familyservices.bc.ca/find-support/lgbtq2s-support/



Dancing to Eagle Spirit Society

Trans positive and inclusive ceremonies led by Tsleil-Waututh, Two-Spirit and trans elder on Tsleil-Waututh Territory. Contact Sandy Leo Laframboise



dtessinfo@gmail.com

UBC CampOUT!

UBC CampOUT! is a leadership and learning summer camp for queer, trans, Two-Spirit, questioning, and allied youth from across BC & the Yukon. Prioritizing participants from rural, remote, and Indigenous communities. CampOUT! brings us together to learn about decolonizing, anti-racist and disability justice approaches to education and leadership from each other and from mentors in community.

Typically, the camp is held at Chá7elkwnech, Camp Fircom on **Gambier Island**, Skwxwú7mesh (Squamish) territory. Year round they operate at The University of British Columbia – Vancouver Campus.



Vancouver Campus, Neville Scarfe Bldg., 2127A-2125, Main Mall, V6T 1Z4



campout.director@ubc.ca

HELP LINES

Trevor Project

Provides information & support to LGBTQ young people 24/7, all year round.



1-866-488-7386



<https://www.thetrevorproject.org/>

Trans Lifeline

Provides trans peer support for our community that's been diverted from police since day one. Run by and for trans people



1-877-330-6366



<https://translifeline.org/>

Fraser Health Crisis Line



604-951-8855



For anyone who needs immediate, free, and confidential emotional support, crisis intervention and/or community resource information 24 hours/day, 7 days/week.

1-800-SUICIDE

Crisis line for suicide crisis and prevention



1-800-SUICIDE (784-3433)

www.crisiscentre.bc.ca

Mental Health Support

This number will connect you to your local BC crisis line without a wait or busy signal, 24 hours a day. Crisis line workers are there to listen and support you as well as refer you to community resources.



310-6789

LAMATHUT CRISIS LINE

Provides 24/7 emotional and crisis support for Indian Residential School Survivors.



1-800-721-0066

Kuu-Us Crisis Line Society

Offers crisis support for Indigenous people, available 24/7.



1-800-588-8717

FNHA Doctor of the Day

Connects First Nations individuals with a doctor for health concerns, including mental health and substance use.



1-855-344-3800

First Nations Virtual Substance Use & Psychiatry Service

Specialized mental health and substance use support for First Nations people. Referral required from FNHA Doctor of the Day.



Must contact your Health Provider or receive a referral through FNHA Doctor of the Day

Squamish Mental Health (Vancouver Coastal Health)

Provides mental health support for individuals in the Squamish Valley. Open Monday - Friday, 8:00 AM - 4:30 PM.



778-894-3200



Opioid Treatment Access Line

Connects individuals with opioid treatment options, available daily from 9:00 AM - 4:00 PM.



1-833-804-8111

FREE COUNSELING

First Nation Health Authority

Pay for counselors on their Health Benefits Mental Health Provider List



<https://www.fnha.ca/benefits/mental-health>

Native Courtworker and Counseling Association of BC



604-985-5355



advancouver@nccabc.com

Metro Vancouver Indigenous Service Society Services



604.255.2394



intake@mviiss.ca

Aboriginal Wellness Program



(604) 675-2551



aboriginalwellnessprogram@vch.ca



<http://www.vch.ca/en/about-us/indigenous-health>

Indian Residential School Survivor Society



350 W. Georgia St., 8th Floor, Van, BC



(604) 985-4464



www.irsss.ca



RESOURCES TO SHARE WITH ALLIES

PHSA | Transcare

<http://www.phsa.ca/transcarebc/gender-basics-education/terms-concepts/two-spirit>

Pflag

Provides support for all family members and friends and works to create an environment of understanding so our gay, lesbian, bisexual and transgender children can live with dignity and respect. <http://www.pflagvancouver.com/>



support@pflagvancouver.com

Gender Creative Kids

Reference community organization that has supported trans, non-binary, and gender-fluid youth's affirmation within their families, schools, and communities. <https://gendercreativekids.com/>

Indigenous gender diversity: Creating culturally relevant and gender-affirming services

[Indigenous gender diversity: Creating culturally relevant and gender-affirming services](#)

This three-hour online course is for people working in health and social service settings to increase their awareness, knowledge, and skills when improving service access for gender diverse Indigenous people across British Columbia. The course has been developed in collaboration with gender diverse Indigenous and Two-Spirit community members.

Making culturally relevant and gender-affirming referrals

[Making culturally relevant and gender-affirming referrals](#)

The 2-page support tool below provides helpful questions to consider before referring gender diverse Indigenous and Two-Spirit clients on to other services to do our best to make sure that these services are both culturally inclusive and gender-affirming.

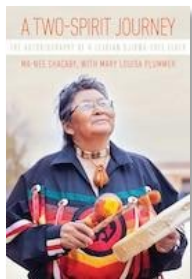
Indigenous gender diversity course Transcare BC

[Indigenous gender diversity course: Resources for further learning](#)

Trans Care BC encourages everyone to continue learning about Indigenous gender diversity and the broader scope of Two-Spirit cultures, identities, and roles in various Indigenous Nations.



READING SUGGESTIONS



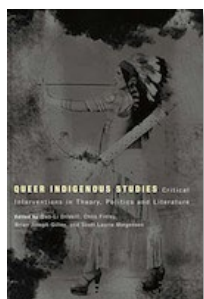
A Two-Spirit Journey

The Autobiography of a Lesbian Ojibwa-Cree Elder

Ma-Nee Chacaby & Mary Louisa Plummer, 2016.

\$24.95 at Indigo | Free: Local Library

Monthly eBook Subscription: Audible



Queer Indigenous Studies

Critical Interventions in Theory, Politics, and Literature (First Peoples: New Directions in Indigenous Studies).

Driskill et al, 2011.

\$38.59 at Indigo | Free: Local Library

Monthly eBook Subscription: Audible

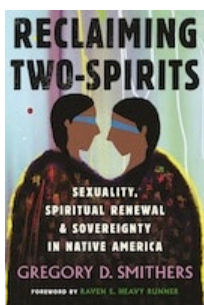


Spaces between us: Queer settler colonialism and Indigenous decolonization.

Scott Lauria Morgensen, 2011.

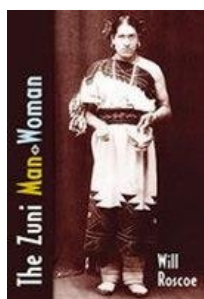
\$35.92 at Indigo | Free: Local Library

Monthly eBook Subscription: Audible



Reclaiming Two-Spirits: Sexuality Spiritual Renewal & Sovereignty in Native America

Gregory D. Smithers



The Zuni Manwoman

Will Roscoe, 1992.

\$36.95 at Indigo

Free: Local Library

Monthly eBook Subscription: Audible



WATCHING SUGGESTIONS



Trans and Native: Meet the Indigenous Doctor Giving Them Hope.
<https://www.youtube.com/watch?v=MSnvtj0G3cA> (7:49mins)



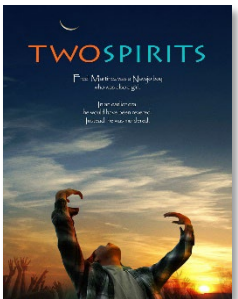
Two Spirits, One Voice - EGALE (2016)
https://www.youtube.com/watch?v=-MM7hM-Q_QM&t=11s (4:05mins)



Face to Face with Jack Saddleback (2014)
<https://www.youtube.com/watch?v=gJs4fy-XDrI> (2:41mins)



Two Soft Things, Two Hard Things
(2016, iTunes release summer 2018)
<https://www.youtube.com/watch?v=qd56h-xAlsQ> (Preview 2:00mins) (Full-film 71:00mins)
Borrow from Local Library: Free



Two-Spirits (2009)
Documentary exploring the cultural context behind a tragic and senseless murder of a young Two-Spirit Navajo person.
<https://vimeo.com/ondemand/twospirits> (51 :00mins)
Rent: \$5.14 | Buy: \$16.72
Borrow from Local Library: Free

**Final Report:
Survey on Covid-19 Impacts with the Two-Spirit Community of
Wabanaki, (2021)**
Free PDF: <http://w2sa.ca/sites/w2sa.ca/files/2021-08/W2SA%20Final%20Report%20-%20Covid%20impacts%20on%20Two-Spirits.pdf>



PODCASTS SUGGESTIONS



Your Two Spirit Aunties

<https://yourtwospiritauntiespodcast.buzzsprout.com/2000315>

Welcome to the adventures of your Two Spirit Aunties! Join us for laughs, truth, heart, and all things Two-Spirit!

LISTEN ON



Two Spirit Tea is a new show unlike anything you've seen before. Its wide range of perspectives from Pride, indigenous beliefs, and two-spirited souls will provide discussions with depth and entertainment. Two Spirit Tea uses an array of knowledge and experiences to put forth a powerful voice on pop culture and current events. <https://tunein.com/radio/Two-Spirit-Tea-p1460477/>

LISTEN ON



Gender Reveal podcast explores the vast diversity of trans experiences through interviews with a wide array of trans, nonbinary and two-spirit people.

<https://www.genderpodcast.com/>

LISTEN ON





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Squamish Nation

2SLGBTQIA+ Inclusion

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