



Syétsem tl'a Sxexelhnát

News of the Week

Monday, January 19, 2026

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Squamish Valley Community Plan At A Glance



What is the Squamish Valley Community Plan?

A first of its kind, the Squamish Valley Community Plan (also known as The Valley's Plan) gathers all plans and clearly explains what we would like to accomplish in the Squamish Valley over the next 10 years.

The Valley Plan is organized into three elements – Quick Start Actions, Next Steps and “Seeds” representing future projects. The plan will inform Council’s decisions and all planning going forward in the Squamish Valley.

We are committed to honouring our Skwxwú7mesh ways, incorporating a health and wellness view of things and creating opportunities for our Community to have job opportunities.

Read the full plan: bit.ly/SVComm_Plan

What's next?

Once The Valley Plan is approved by Council, staff will work on Quick Start actions:

- Creating a 10-person Squamish Valley Community Advisory Committee
- Appointing The Valley's Plan Project Lead
- Developing Squamish Valley Plan Communications

Interested in joining the Advisory Committee? Email SVCommunityPlan@squamish.net.

Timeline

- Shared The Valley's Plan with community (available online) on December 9, 2025
- Receiving community feedback online December 10 – 31, 2025
- Council will review The Valley's Plan in early 2026
- Quick Start actions expected to start in 2026

<https://bit.ly/sv-community-plan>

LEARN MORE



SCAN HERE



**Skwxwú7mesh
Úxwumixw**

Sts'its'ápnéwás
Employment & Future Skills
Nexw7áystway Training & Trades Centre

Nexw7áystway Training & Trades Centre

OPEN HOUSE

JANUARY 22

2 - 6 PM

Capilano University
Squamish Campus
3200 University Blvd

You're invited to explore training opportunities and connect with students, staff and industry professionals!

Transportation will be provided from North Vancouver & Squamish Valley. Stay tuned on our social media for details.

Snacks & refreshments provided!
GRAND DOOR PRIZE: 55-INCH TV!



Scan to register



sntrainingandtradescentre



Squamish Nation Training & Trades Centre

Calling all



**Skwxwú7mesh
Úxwumixw**

Sts'its'ápnewás
Employment & Future Skills
Nexw7áystway Training & Trades Centre

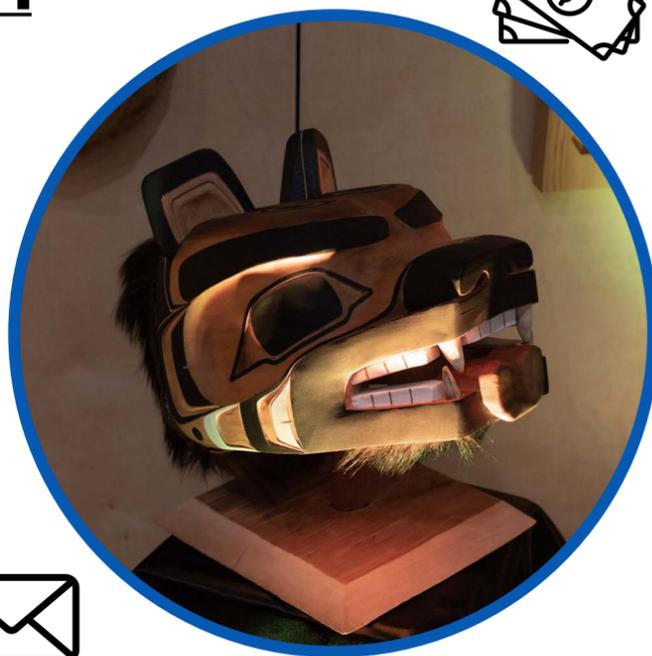
skwxwú7mesh úxwumixw Artists: Submit your masterpiece for a live auction!

We're seeking stunning, high-value art pieces to feature in the 10th Anniversary Reach for the Stars Fundraiser Gala Live Art Auction on March 6th, 2026.

Selected artists will receive 60% of the final sale price (with some items auctioning for 3 times the retail price) of their work, with the remaining proceeds supporting Nexw7áystway Training & Trades Centre students.

What we're looking for:

- Bold, beautiful, and impactful pieces
- Large-format or statement works that captivate
- Original creations from emerging or established artists



SCAN QR CODE OR EMAIL PHOTO SAMPLES OF ART TO:
info@eliteeventsbybianca.com

Deadline: Friday January 30th, 2026



**Skwxwú7mesh
Úxwumixw**

Ta7Inewás
Education

Squamish Nation Youth Ages 16-24

Voice your ideas about Inclusive Education in Squamish schools

Open Discussion / Sharing Circle
(1 Meeting)

Location and Time will be decided by the youth,
depending on what works best for everyone

Dinner & Honorarium Provided

Contact Monica Jacobs for more information

✉ mjacob04@student.ubc.ca

📘 MJ Jacobs

Inclusive Education was identified by community as a key area for Squamish Schools, and is an approach to learning that removes barriers and provides the support every child needs to learn and succeed.



Yúustway
Health & Wellness

NEW YEAR DIABETES SHARING CIRCLES



5:00 pm–7:00 pm

Yúustway Health & Wellness

Unit 9A 380 Welch St. West Vancouver

TUESDAY, JANUARY 20TH, 2026

TUESDAY, FEBRUARY 17TH, 2026

TUESDAY, MARCH 17TH, 2026

TUESDAY, APRIL 21ST, 2026

Have you been **diagnosed** with Diabetes or Pre-Diabetes?

Are you **interested** in learning more about Diabetes?

To **REGISTER**, please contact:
Deni Olivares 236-668-9653
publichealth@squamish.net

Join the Public Health Nurses from Yúustway

The session will be held **in person** and via **Zoom**
A light meal will be served

MEET OUR NEWEST MEMBER OF THE COMMUNITY HEALTH & WELLNESS TEAM

Alex Ossudallah

Mental Health & Addictions Counsellor

Ha7lh Skwáyel (good day), Squamish Nation Alex Ossudallah has joined as a Mental Health and Addictions Counsellor with the Squamish Nation's Yúustway Health & Wellness Division.

Alex's work is guided by the teachings of Elder Syexwaliya Ann Whonnock, who speaks about addiction as something that grows where connection has been lost. From this understanding, Alex approaches healing as something that happens in relationship—with self, family, community, ancestors, and the land.

He does not see counselling as fixing people, but as walking alongside them. His work is grounded in the psychology of hope, where

self-knowledge opens the door to self-healing. When people are given space to understand their own stories and strengths, change becomes possible in a real and lasting way.

Alex is thankful for the opportunity to learn from Squamish Elders and community members, and carries this role with humility, care, and respect.



Income Assistance Notice

IMPORTANT DATES – PLEASE READ CAREFULLY

MONTHLY DECLARATIONS 2026

- Declaration Week is now **1 day** per month.
- **Declarations must be submitted IN PERSON** at Eslha7an Learning Center.
- **Late submissions may DELAY benefit payments by 3-10 business days.**

DECLARATION WEEK	CHEQUE ISSUE DATE
Jan 14	Jan 28
Feb 11	Feb 25
Mar 11	Mar 25
Apr 15	Apr 29
May 13	May 27
Jun 10	Jun 24
Jul 15	Jul 29
Aug 12	Aug 26
Sept 16	Sept 30
Oct 14	Oct 26
Nov 10	Nov 25
Dec 2	Dec 30

CLIENT APPOINTMENTS

- **NO WALK-INS – Please book an appointment with the receptionist.**
- Appointments will be scheduled at the **earliest available time.**

Please contact the Income Assistance team for any further questions.

Phone: 604-988-8807 / **Fax:** 604-998-8917

ACTION PLAN FOR EMPLOYABLE CLIENTS

- Employable clients **must complete an Action Plan with Stitsma Employment monthly.**
- **Please book your appointments in advance** to meet your deadline.
- If you miss the deadline, your cheque will be delayed by 3-10 business days.
- **No monthly check-in = No cheque.**

NOTICE OF ASSESSMENT

- Provide your **Notice of Assessment for 2024, 2023, and 2022.**
- **IA requires a copy for your file**, which you will receive by mail or online after filing your taxes
- **File your taxes every year** to confirm eligibility for IA.

ANNUAL RENEWAL

- Ensure your **Annual Renewal** is completed each year.
- Contact your worker to complete this process.

BILLS

- **Send your BC Hydro & Fortis bills** as soon as you receive them.

Update your worker with any changes to **Identification, Address, Phone Number, when your child turns 18/19, if expecting a child, or when you turn 64/65.**

*Tell your worker if someone moves in or out of your household. This affects your bills/rent. If there are changes, fill out a new **Occupancy Form***

E-mail: income_assistance@squamish.net



Grief and Loss Healing Circles

Please join us in a Healing Circle as we learn how to move through grief in a good way. These Circles are open to all Community Members, and will be facilitated by Elder Gene Harry.

Dates:

North Vancouver:

Wednesday, January 21, 5 – 9pm

Wednesday, February 18, 5 – 9pm

Wednesday, March 18, 5 – 9pm

Location: Shaker Church, 104 Mathias Rd

Squamish Valley:

Wednesday, January 28, 5 – 9pm

Wednesday, February 25, 5 – 9pm

Wednesday, March 25, 5 – 9pm

Location: Shaker Church, 1365 Chief Billy Drive

Food and refreshments will be provided.

Hosted by:

Justice Services, Member Services Department

For further details, or any questions, contact:

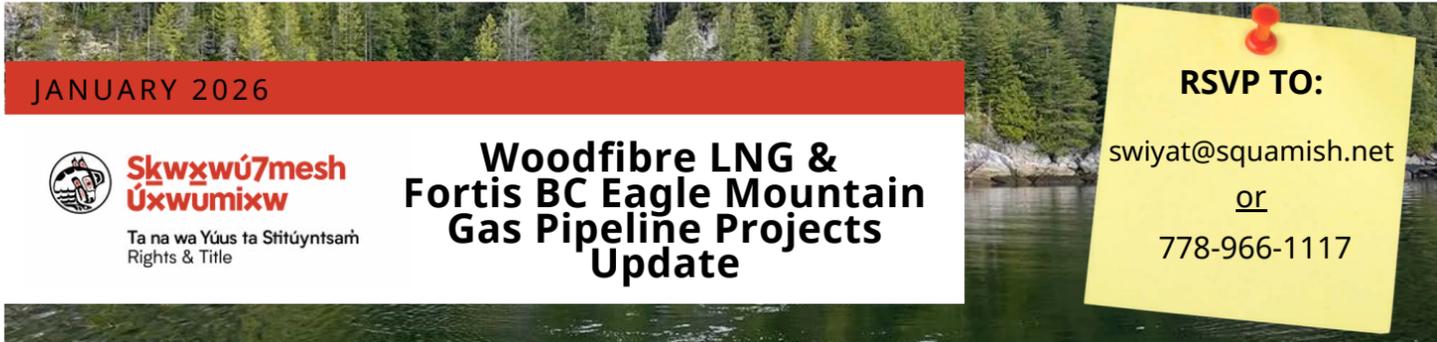
Nicasio Campos:

604-369-4220, Nicasio_Campos@squamish.net

Melissa Wale-Ryan:

604 982 7610, Melissa_Wale-Ryan@squamish.net





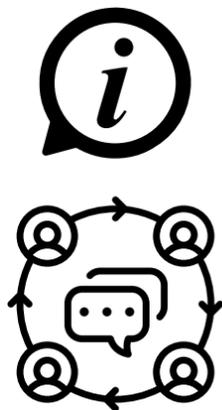
SKW̓WXWÚ7MESH ÚXWUMIXW COMMUNITY SAFETY INFO SESSION

In order to maintain construction schedule, a second Floatel was required and subsequently approved by Skw̓wxwú7mesh Úxwumixw (and other regulators) and arrived at Swiyát (Woodfibre) in late December 2025. Ta na wa Yúus ta Stitúyntsah (Rights and Title) would like to invite you to join together, over a light meal, to share information and answer any questions you might have regarding Floatel 2, community safety and access protocols.

Please **RSVP** to 778-966-1117 or swiyat@squamish.net.

Location:
Stawamus Room,
Totem Hall
1380 Stawamus Rd,
Squamish

Date & Time:
January 20th 2026
6:00-8:00 pm



Location:
Takaya Room,
Chief Joe Mathias Centre
100 Capilano Rd,
North Vancouver

Date & Time:
January 29th 2026
6:00-8:00 pm



Photo Credits: WLNG

New Job Postings

Squamish Nation

Total Rewards Specialist

Permanent Full-Time | Ché́nchenstway
Human Resources | North Vancouver, BC

Program Officer

Full-time Term | Sts'its'áphéwas Employment &
Future Skills | North Vancouver, BC

Planning Analyst

Permanent Full-Time | Ta na wa Shéway I7x w
ta Úxwumixw Planning and Capital Projects |
North Vancouver, BC

Indigenous Monitor

Term Part-Time | Ta na wa Yúus ta Stitúyntsah
m Rights and Title | Squamish Valley, BC

Admin Manager

Full-Time Permanent | Ché́nchenstway Human
Resources | North Vancouver, BC

Manager, Advocacy Support Assessment

Full-Time Permanent | Ta7lnewás Education |
North Vancouver, BC

Housing Project Coordinator

Full-Time Permanent | North Vancouver, BC

Manager, Membership

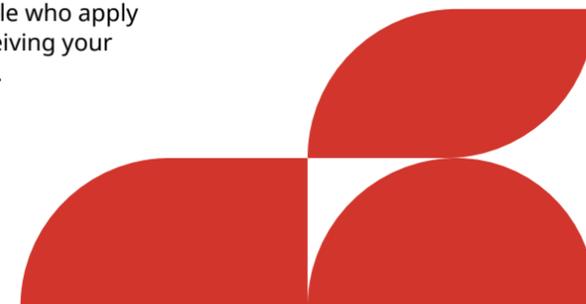
Full-Time Permanent | Ts'ixwts'ixwnítway
Member Services | North Vancouver, BC

Develop your career with the Nation

Questions? Need help applying? 604-985-8335 | careers@squamish.net

Ché́nchenstway (Human Resources) connects with all Squamish People who apply for positions with Skw̓wxwú7mesh Úxwumixw. We look forward to receiving your application and supporting your professional growth with the Nation.

squamish.net/careers



W
 C O R N E R
 R
 D

CROSSWORD

Recreation & Wellness

DOWN:

1. A cultural craft activity for creativity and tradition
3. Activities that support health, connection, and enjoyment
4. Overall physical, mental, emotional, and spiritual health
5. Physical activity that supports healthy living
10. Organized physical activities and games
11. Seasonal programs for youth during school breaks
12. Programs open and welcoming to everyone

ACROSS:

2. Skill development through courses and exercise
6. Building relationships through shared activities
7. Buildings and spaces used for recreation
8. Grown up participants in fitness and cultural programs
9. Core-focused exercise for strength and stability

