

November 20, 2025



Syétsm t'l'a Sxexelhnát

News of the Week

Some Important Upcoming Dates

SV Fall Vision Clinic (p. 24)	Nov. 21st
Lháwatsut Chet (We Will Heal Ourselves) (p. 11-12)	Nov. 21st
Nch'káy Annual Gathering – CJMC (p. 13)	Nov. 21st
Nch'káy Annual Gathering – Totem Hall (p. 13)	Nov. 22nd
Family Teaching Pow Wow (p. 22)	Nov. 22nd
Fish Jarring Workshop (SV) (p. 25)	Nov. 23rd
BEAHR Training Course begins (p. 19)	Nov. 24th
SVR Family & Teen Christmas Party registration deadline (p. 29 & 31)	Nov. 26th
Women's Health Workshop (p. 26)	Nov. 26th
Holiday Craft Fair (p. 14)	Nov. 29th
SN Constitution Project – colouring contest deadline (p. 33-34)	Dec. 5th
SVCP Community Unveiling ceremony (p. 17)	Dec. 9th
Vancouver Coastal Health (VCH) art submission deadline (p. 35)	Dec. 15th
Christmas Turkey Hamper pick-up (SV) (p. 15)	Dec. 17th

IA Declaration Day: December 3rd, 2025
IA Cheque Day: December 30th, 2025



Syétsm t'l'a Sxexelhnát

News of the Week

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Hich Syétsm	
Squamish Nation Constitution Project – Colouring Contest	33–34
Vancouver Coastal Health (VCH) Call for Artist	35

November 2025						
Tem ekwayanexw [Time of Shedding]						
SUNDAY Sxexelhnat	MONDAY Skwetkalhyes	TUESDAY Stsamyas	WEDNESDAY Schanxwyes	THURSDAY Skaa'utsens	FRIDAY Stsilyachis	SATURDAY Takwentem
Legend: Unless stated, all programs will be at the Totem Hall						
Red: Birthdays						
Purple: Sign Up Required						
2	3	10 Fitness Mary4	Larry D. 5	6	7	Gregory J. 8
	9:30 Foot Care only 15 people	10:30 Brunch 1-3 Family Program	Fall Extravaganza	Nch'Kay Brunch 10:30-12:30	Community Development 10-1	
9	10	11	Patsy B. 12	13	14	15
	Davies Walker Clinic 10-2	Remembrance Day Office Closed	11-3 Wayne Mah Lunch	Vancouver Art Gallery 9:30 -3	Craft	
16	Janet C. 17	18	19	20	21	22
	Crib Tournament	10 Fitness Mary 10:30Brunch Mathew West Invites		First Aid Course Staff only	Craft With Annette Fleury	
23	24	25	26	Joann C. + Shirley L. 27	28	Paul L. 29
Craft Fair 10-3 30 Mavis L.		10 Fitness Mary 10:30Brunch Keith from Finance	1-4 Lunch with Elder's Projects Committee	Craft	Craft with Sara Stevens	Craft Fair 10-3

Tem Ekwáyanexw Time for the animals to change their fur for the cold November 2025						
Sxexelhnát Sunday	Skwetkálhyes Monday	Stsámyes Tuesday	Schánxwyes Wednesday	Sxaa7útsens Thursday	Stsiiyáchis Friday	T'akw'entem Saturday
						1
2	3	4	5	6	7 Remembrance Day MQ,CJ - Photo retakes	8
9	10 PD Day	11 School closed	12	13	14	15
16	17	18	19	20 VC – hot lunch	21 MQ - Christmas Craft Fair - Hot Lunch	22
23	24	25	26	26	28	29
30	<div><div>Notes</div><div>CJ: Family & Community Circle – Nov 18th 6-8pm</div><div>SQ: Nov 5th Collaboration Day 12:30 Dismissal (No meal program)</div><div>MQ: November 19-20th: Parent/Teacher Conferences, early dismissal at 2pm</div><div><div>Valleycliffe (VC)</div><div>Culture Journeys (CJ)</div><div>Squamish (SQ)</div><div>Mamquam (MQ)</div></div><div><div>Brackendale (BR)</div><div>Don Ross (DR)</div><div>Howe Sound (HS)</div><div>Garibaldi (GH)</div></div></div>					

Come grab
a
backpack



December 2025 Distribution

Nexwsxwníwntm ta Úxwumixw (Council) and Ts'its'ixwnítway (Member Services) would like to update Members on the Squamish Nation Regular Distribution for December 2025.

Thursday, December 4 | Friday, December 5, 2025
8:30 am – 4:00 pm
Open during lunch hour (12:00 pm – 1:00 pm)

Pick up locations:

Totem Hall, Lobby
1380 Stawamus Drive
Squamish

Chief Joe Mathias Centre
Eslha7an Room
100 Capilano Road, West Vancouver

- Important dates**
- DIRECT DEPOSIT and ELDER DELIVERY on **Wednesday, December 3.**
 - Canada mail will go out **Monday, December 8.**

The distribution for December 2025 will be a total of \$1533.01. This amount includes \$533.01 (Regular Distribution and Cost-of-Living Adjustment) and a Special One-time Distribution of \$1000.

A Cost-of-Living Adjustment is an increase to help people keep up with rising prices for everyday things. It's designed to make sure your money can still buy the same amount, even when the cost of living goes up because of inflation.

If you have any questions or to update your information, contact Ts'ixwts'ixwnítway (Member Services) at membership@squamish.net or 604-982-7610.

LANGUAGE NEST

INTEREST CALLOUT

OCTOBER 2025

Why a language nest?

It is our collective vision to breathe new life into 1st-language speakers who will acquire fluency in the Skwxwú7mesh language within the Valley.

Language nests are:

- **Total Immersion** (No English): Passing on the language in a natural way through meaningful communication.
- **Culturally-grounded:** Program design and activities are based on culture, to raise children in a nourishing and traditional way.
- **Family/Community-based:** Day-to-day activities involves parents, families and the communities support.

History

The Māori and Hawaiians began nests in the 1980s. These were the stepping stones that created a huge revitalization movement.

Who is eligible?

Children 0-5 Years with their Parents/Caregivers

Our aim is to bring up a new generation of fluent language speakers accompanied by their Parents/Caretakers who are looking forward to advancing the language within their homes.

Upcoming Events

- Information Session w/t light dinner provided on November 17th, 2025 5:30PM at The Education Portable
- Registration Deadline December 5th, 2025
- January Nest Opening (TBD)

Contact Info

Email: Virginia_johnston@squamish.net
Phone: 604.892.5166



SHORELINE
BUILDING PERFORMANCE

Squamish Nation Home Upgrade Initiative

Eligible Upgrades

- Insulation
- Heat Pumps + Hot Water
- Windows

- 01 Program Sign-Up**
Shoreline will complete initial home assessments, identifying potential upgrades, and discussing areas of concern.
- 02 Project Planning/Scope**
Our experienced team will coordinate with community operations to plan the execution of home upgrades.
- 03 Installation**
We manage a skilled team of installers to improve your home's comfort and resident health!



Angela Warder
Project Manager



Attic
Insulation



Heat Pump



Windows



Book Your Consultation → **778.907.9119**

Email: office@shorelinebp.ca shorelinebp.ca

For more information, please contact Tracey or Shanda @ 604-892-5166



Skwxwú7mesh
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Ta na wa Ch'awát ta Sxwéxwel
Squamish Valley Operations

squamish.net

AYAS LAM FAMILY PROGRAM

Are you looking for meaningful, culturally grounded ways to support your child's development?

WHAT WE FOCUS ON

- ✓ Parent-Child Activities that support your child's growth and development
- ✓ Parent Education with practical tools, discussions & guest speakers
- ✓ Developmental Check-Ins with Aboriginal Infant Development & ECE staff
- ✓ Cultural Teachings & Language Lessons honoring Indigenous traditions
- ✓ Wisdom from community elders
- ✓ Literacy Support for learning at home and in the community
- ✓ ...and much more!

HOW TO JOIN

Start with a one-on-one registration meeting so we can match your family with the best-fit group and provide personalized support.

CONTACT US TO REGISTER

Carmen_Hartle@Squamish.net
604-849-3330



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Squamish Valley Operations



WINTER PARKING Friendly Reminder

Help us plow more safely & efficiently

All **vehicles** and **garbage totes** must be removed from the roads during snowfalls, until the roads have been plowed and salted. This helps us safely navigate the plow through tight spaces, and to ensure emergency vehicles have safe access, and that all roads are attended to.

Avoid a citation or having your vehicle towed, by removing your vehicle from the roads anytime during snow falls. Roads will be monitored by Public Safety. Please note: Any towing will be at the Owner's expense.

Effective November 24th 2025 to March 13th 2026: *no vehicle is permitted to be parked on roadways, cul-de-sacs, or common areas that the Nation is responsible for plowing and salting during snowfall periods.*

Should you have any concerns outside office hours, please reach out to the Community Operations Emergency No. 604-815-7116

Should you have any questions or require assistance having a vehicle towed, please contact: **Community Operations 604-892-5166 (8:30am-4:30pm, M-F)**





SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION **FOR: JAN 2026>>555**
Direct Deposit date is Tuesday, Dec 30th,2025 – for January issue.

PRIVACY ACT STATEMENT Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision. The information will be stored in personal information bank INAI.P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form, and return it to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance? ☐ **Yes** ☐ **No**
2. Has your marital or employment situation changed? ☐ **Yes** ☐ **No**

If **YES**, explain change_____

MANDATORY: Current Address_____ Current Phone#_____

3. List any changes in your living situation (e.g., address, rent, etc.). Submit new receipts.



If you do not hand your Declaration in on **Wed, Dec 3rd** You will NOT receive your direct deposit on **Tues, Dec 30th, 2025**. Late Declaration means, late cheque / No, Work Plan, No Cheque. Wait time, up to a week or longer if declaration is late.

4. Have you had any earned or unearned ☐ **Yes** ☐ **No** income this month?
If yes, completed
5. Has there been any change in your assets? ☐ **Yes** ☐ **No**
If yes, complete

	Earnings	\$
	Family Allowance	\$
	Maintenance	\$
	Unemployment Insurance	\$
	Other (specify)	\$
	GST	\$
	TOTAL 	\$

	Bank Account	\$
	Property	\$
	Other (specify)	\$
		\$
	TOTAL 	\$

6. Is there any change in your number of dependents or their school status?☐ **Yes** ☐ **No**

If **Yes**, explain the change(s)_____

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified, and I consent to a report being obtained from any reporting agency for that purpose.

STATUS #

Signature of Applicant _____

Date

Signature of Spouse _____

(If there is a spouse listed on your file)

PRINT YOUR NAME/S HERE_____ **BSDW Initial**_____

Please remember that you cannot drop off your declaration early unless there is an emergency. If your Declaration/ Job Search is late, then so is your cheque. **Declare all Earnings, Family Allow, Pensions, DB, GST, Maintenance, and other monies received. Also, any changes to address and family unit size. Share info with your worker.**



Iháwatsut chet 'we will heal ourselves'

November 21, 2025 - Squamish Valley

Lunch served at Sta'á7mes waterfront - 2:00PM

In honour of National Addictions Awareness Week

The Community Health & Wellness team invites you to uphold and honour one another for National Addictions Awareness Week.

We will be drumming and singing through each Squamish Valley community to honour those that struggle with addiction.

The day will conclude with take-away lunches distributed at Sta'á7mes waterfront 2:00PM.

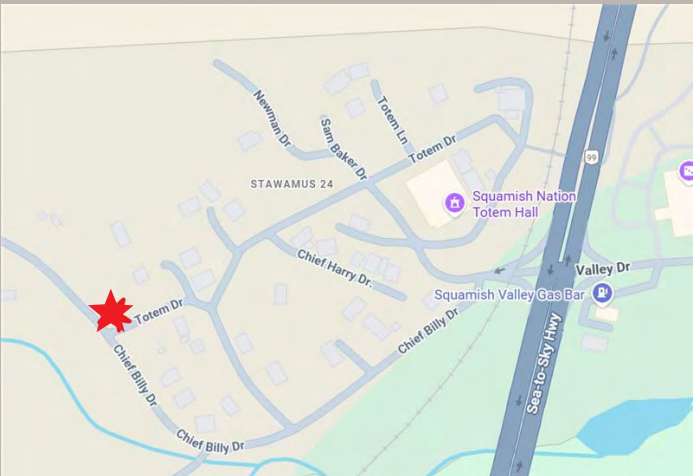
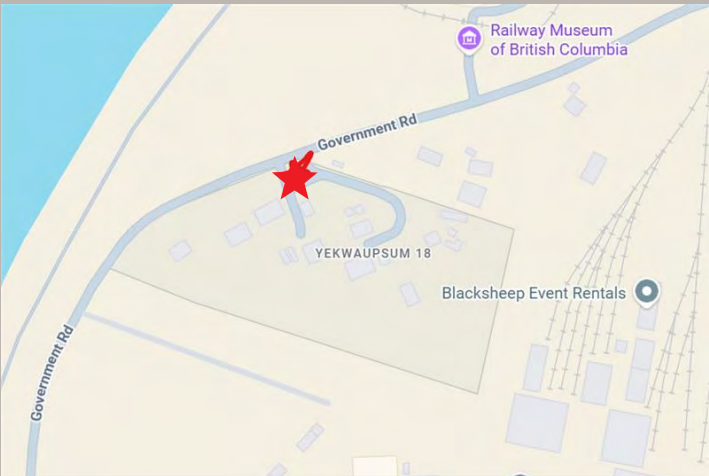
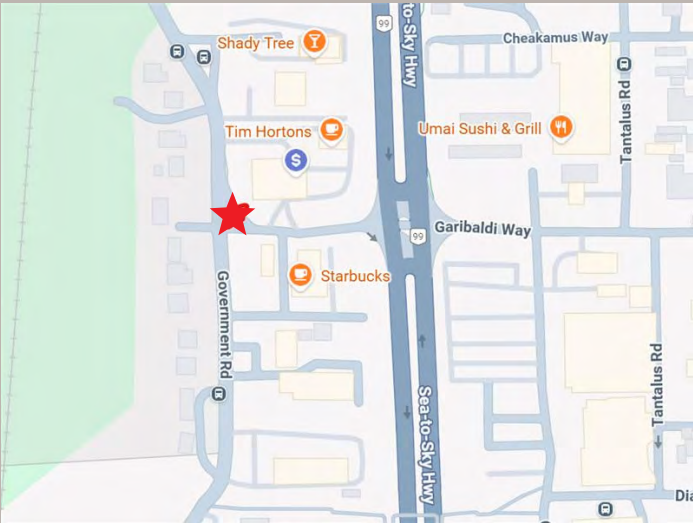
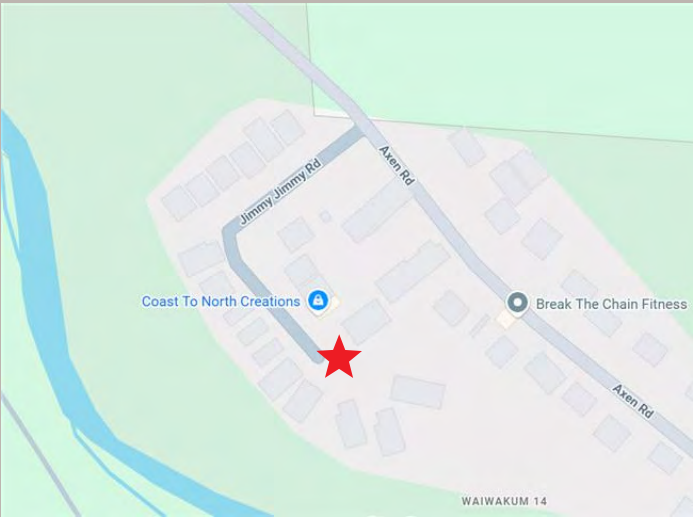
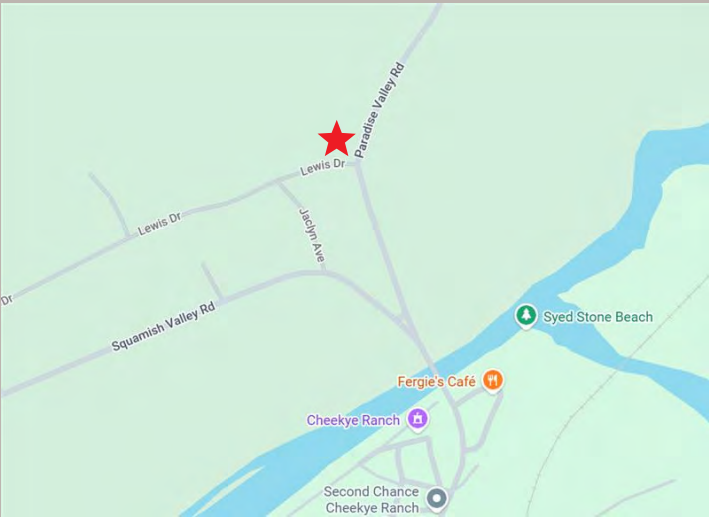
AGENDA (see back for map)

10:00AM - Cheakamus / Cheekye
10:45AM - Wai wa kum / Brackendale
11:30AM - Eskéłxwi7ch t'l'a Sp'ákw'us Place / Hiyam Housing
12:30PM - Kowtain / Mamquam
1:00PM - Yekw'apsem / Northyards
1:30PM - Sta'á7mes / Stawamus
2:00PM - Lunch at Sta'á7mes waterfront



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- #1 10:00AM - Cheakamus / Cheekye
- #2 10:45AM - Wai wa kum / Brackendale
- #3 11:30AM - Eskéxwi7ch t'l'a Sp'ákw'us Place / Hiyam Housing
- #4 12:30PM - Kowtain / Mamquam
- #5 1:00PM - Yekw'apsem / Northyards
- #6 1:30PM - Sta'á7mes / Stawamus
- 2:00PM - Lunch at Sta'á7mes waterfront

Iháwatsut
chet
'we will heal
ourselves'



2025 Annual Gathering for Squamish People

Friday, Nov. 21, 5:30-8:30 pm
Chief Joe Mathias Centre

Saturday, Nov. 22, 12:00-3:00 pm
Totem Hall

Tuesday, Dec. 2, 6:00-8:00 pm
Online

Join us for interactive
activities, short
presentations, great prizes,
and more!

Learn · Connect · Engage

Last day to pre-register for
bonus prize draw entries at
in-person events *extended to*
Monday, Nov. 17!





Holiday Craft Fair

Sat Nov 29th
Sun Nov 30th

10am - 3pm

Table Rentals

\$25 per table includes both days

TOTEM HALL

Crafts, Bake Sale, Beadwork, Indigenous Art,
Family Photos, & so much more.

Book Your Tables 604-892-5166
shanda_dosanjh@squamish.net

1380 Stawamus Rd, Squamish BC



CHRISTMAS
Turkey Dinner *Hampers*
DEC 16-17

North Van & Squamish Valley
Dec 17th

Living Away Pick-Up
Chief Joe Mathias Centre:
Dec 16th, 2–8pm
Dec 17th, 9–6pm

Outside Lower Mainland:
Gift Card Eligibility
Deadline: Dec 5th

Contact Lisa Baker:
236-465-6941

Prepared & Packed by
S7ílhen Food Program Team

in collaboration with:
Member Services & Ayás Ménmen

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Squamish Nation

BEADING CLASS

Everyone Welcome!
Join us and learn how to bead
Every Tuesday
September 9th – December 9th
Time: 5:00pm – 8:00pm
Location: Education Building
37679 Sam Baker Dr.

Free to Squamish Nation Members
Non-Nation Fee: \$10.00/class



Ta Skwekwíyíntsuts ta Sxwéxwel

The Valley's Plan

COMMUNITY UNVEILING

TUES. DECEMBER 9TH
DINNER @ 5:30 PM
@ TOTEM HALL
(1380 Stawamus Dr.)

Since **Spring 2025**, the **Advisory Committee** has been developing a community plan to help the Squamish Valley reach its vision. We are excited to share it with you!

Come visit us, and

- join us for a meal
- visit interactive displays to learn about projects happening in the Valley
- talk to the project leaders, to ask questions and offer your feedback
- be entered to win door prizes!

We hope to see you there!

***Childminding will be available.**

****Transportation will be provided.**

Pick-up Schedule		Si'yích'em	4:55 PM
Ch'iyákmesh	4:30 PM	Ka'wtíh	5:00 PM
Wíwķ'em	4:45 PM	Yekw'ápsem	5:15 PM

Squamish Valley 2035 Vision



Foundational projects underway and completed
(Nation-level and Squamish Valley)

The Valley's Plan actions
(new projects and initiatives)

▲ BUILDING ON WHAT'S UNDERWAY:
The Valley's Plan is building on the foundational work already underway to help move Valley towards achieving its 2035 vision.



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New Job Postings

Squamish Nation

- Peer Worker**
Term Full-Time | Yúustway Health and Wellness | North Vancouver, BC
- Chief Financial Officer**
Permanent Full-Time | Estxwáyusem Finance | North Vancouver, BC
- Program Officer**
Term Full-Time | Sts'its'áp'newas Employment & Future Skills | North Vancouver, BC
- Manger, Member Services**
Permanent Full-time | Ts'ixwts'ixwnítway Member Services | North Vancouver, BC
- Manager Community Operations**
Permanent Full-Time | Nexwsp'ayaken ta Uxwumixw Community Operations | North Vancouver, BC
- Home & Community Care Manager**
Term Full-time | Yúustway Health and Wellnes | North Vancouver, BC
- Executive Assistant**
Permanent Full-Time | Estxwáyusem Finance | North Vancouver, BC
- Infant Development Program Facilitator**
Full-Time Permanent | Ayás Méhmen Child & Family Services | North Vancouver, BC

Develop your career with the Nation

Questions? Need help applying? 604-985-8335 | careers@squamish.net

Chénchenstway (Human Resources) connects with all Squamish People who apply for positions with Skwxwú7mesh Úxwumixw. We look forward to receiving your application and supporting your professional growth with the Nation.

squamish.net/careers



Skwxwú7mesh Úxwumixw
Sts'its'áp'newas
Employment & Future Skills
Nexw7áystway Training & Trades Centre



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Ta na wa Yúus ta Stitúyntsam
Rights & Title



Upcoming BEAHR Training

Building Environmental Aboriginal Human Resources

About BEAHR:

- No registration fee
- For Indigenous participants
- Locally relevant
- Mix of classroom and field work
- Focus on Traditional Knowledge
- Inclusive of Elders' participation
- Use of Western Science methods
- Nationally recognized
- Start a career in the environment
- Seats are limited

Indigenous Training

Four-week course:

Marine Ecology and Conservation course

Aquatic Monitoring course

Dates: November 24 - December 19

Location: #5-1500 Railway Street
North Vancouver, BC

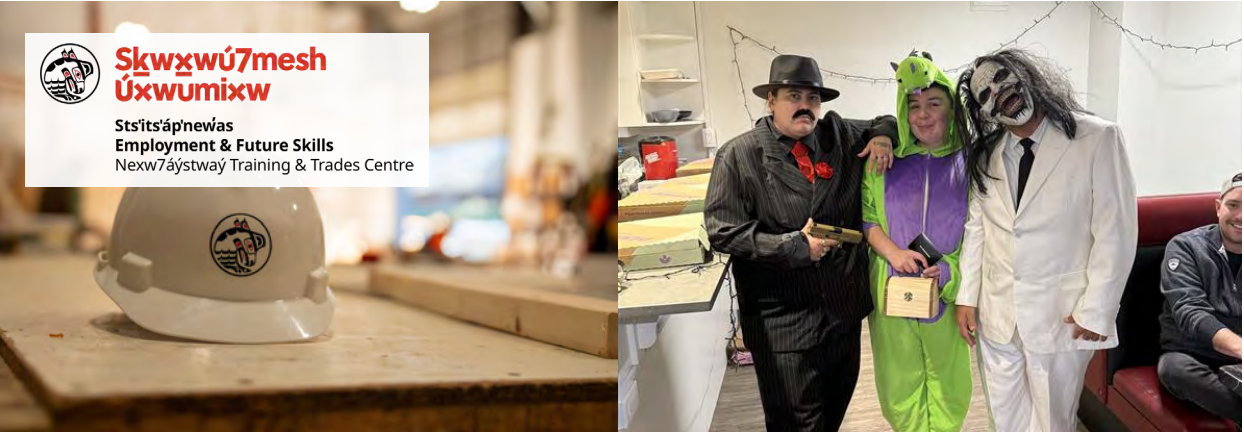
For questions and registration,
please contact:

604-980-7946 or
tradescentre@squamish.net

TRAINING & TRADES CENTRE

NOVEMBER 2025

NEWS & UPDATES



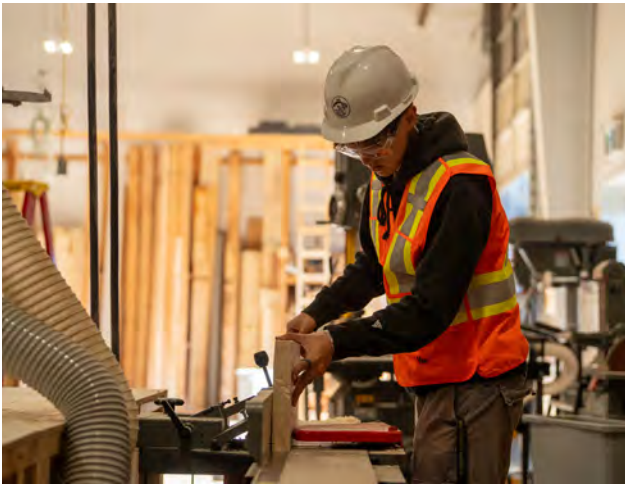
Halloween & Remembrance Day

On October 31, we celebrated Halloween with a costume contest and pizza lunch. Students enjoyed an afternoon of dressing up and connection. Congratulations to our top three costume contest winners! On November 10, we held a Remembrance Day event for our students featuring guest speaker Veteran Elder Robert Nahanee. The occasion was complemented by a meal catered by Nation member Shelley Thomas, with offerings such as lasagna and apple pie!

Introduction to Carpentry

From August to November, the Training & Trades Centre offered Introduction to Carpentry. The program is designed for students with little or no prior experience in the trade. Students gained eight weeks of technical training with a Red Seal Carpenter while building practical, real-world skills! Key learning outcomes included:

- Reading and applying construction drawings and specifications
- Interpreting building codes and bylaws
- Building and repairing a wide range of structures using wood, wood substitutes and other materials.



Upcoming Programs

- Heavy Equipment Operator:
Begins February 2026
- Leadership Development:
Begins February 2026
- Try a Trade:
Begins April 2026

Connect with us

604-980-7946

tradescentre@squamish.net



FAMILY WELLNESS MONTH

Ayás Méhmen (Child & Family Services) is planning events in November to honour our families, create space for connection, and spend time together in fun and healthy ways. There will be events hosted in North Vancouver (NV) and Squamish Valley (SV).

FAMILY EVENTS

- November 8 – Movie & Pizza (SV)
- November 9 – Sea to Sky Gondola (SV)
- November 22 – Teaching Powwow (NV)
- November 29 – Honouring a Life (NV)
- November 17 – Recreation passes

More information about events, visit:

www.squamish.net/family-month



Ayás Méhmen Family Wellness Week 2025

Squamish Nation Family Teaching Pow-wow

NOVEMBER 22, 2025 11:00AM - 3:30 PM

Chief Joe Mathias Center
North Vancouver

Lunch served at 11:00 AM

If transportation is required please email
Susanne_paul@squamish.net



Calling all First Nations Vendors!!
\$30.00 a table and a donation towards door prizes.

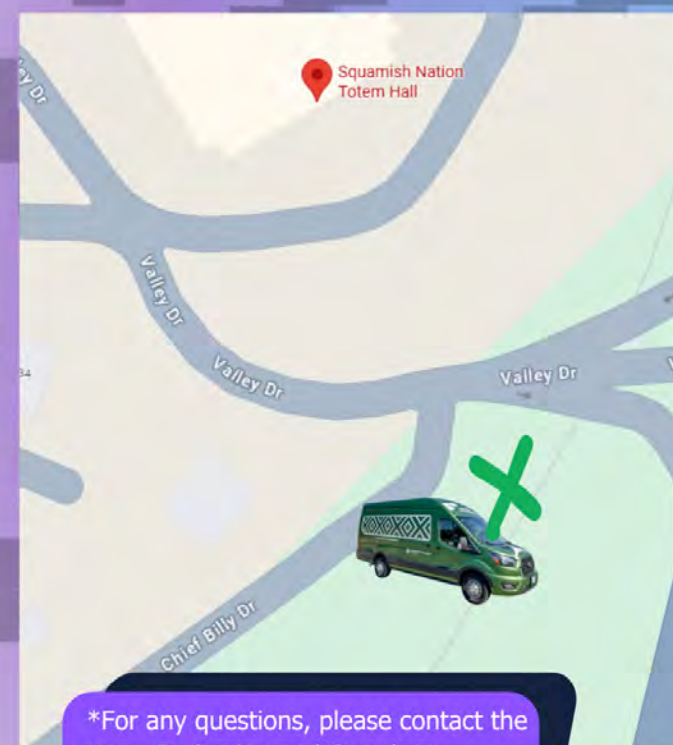
For more information contact
Susanne_paul@squamish.net



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Ayás Méhmen
Child & Family Services

Drug Checking- Mondays, Squamish



Date: Every Monday
(cancellations will be posted on 'Squamish Nation Community Health and Wellness' Facebook page)

Time: 1:30PM-3:30PM

Location: Chief Billy & Stawamus, near Totem Hall

Services Offered:

- Drug checking (fentanyl and benzodiazepine strips)
- Snacks and Refreshments will be shared
- Connect with Peers with Lived Experience
- Safer Use Supplies
- Intramuscular and Intranasal Naloxone

All free and confidential, always.

*For any questions, please contact the
Harm Reduction and Overdose
Prevention Lead:

[Juhi Taya; 236-788-1977](mailto:Juhi.Taya@236-788-1977)



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Yúustway
Health & Wellness
Community Health & Wellness



NEW DATE

OMNIEye + VISION
OPTOMETRISTS

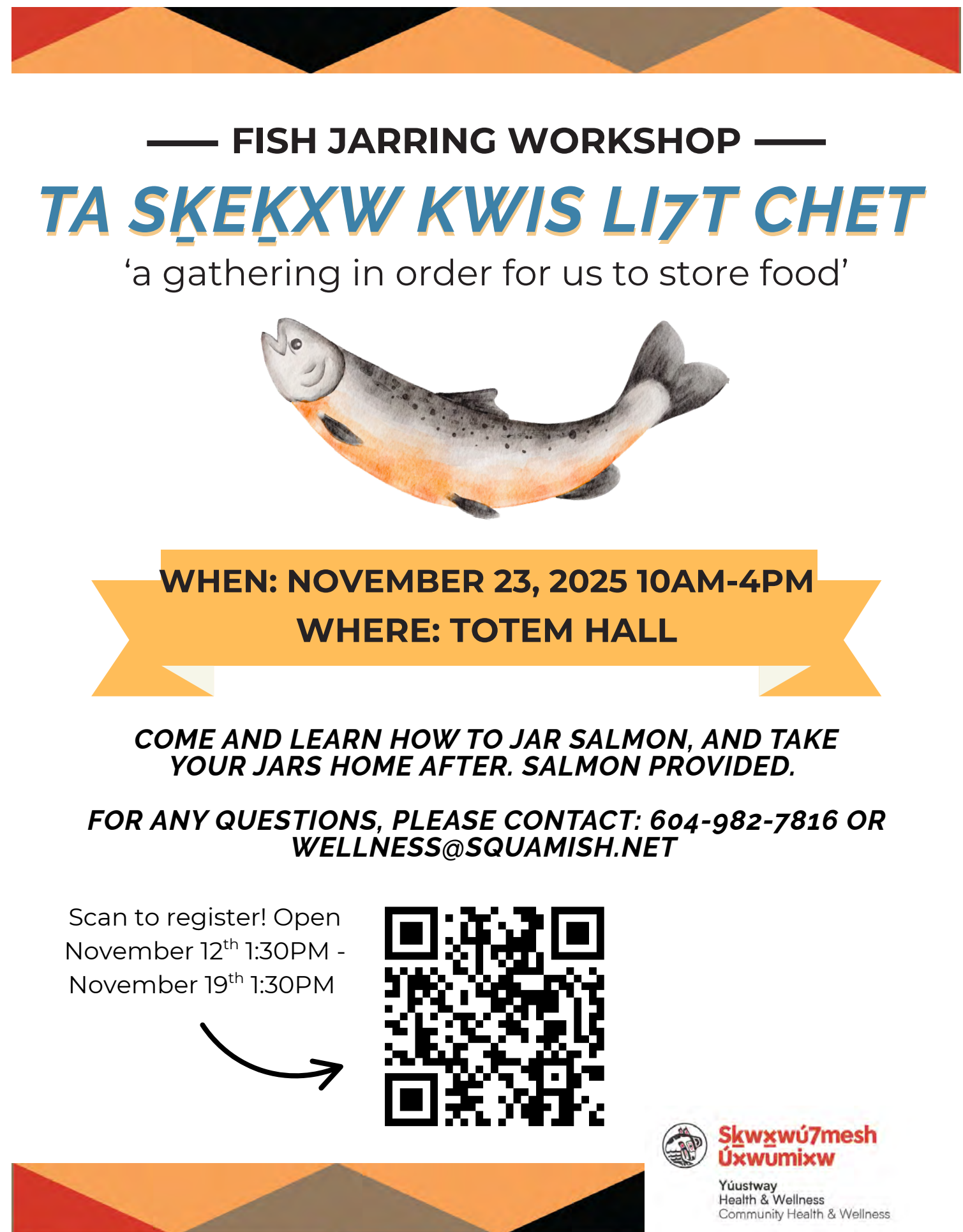
SV - FALL VISION CLINIC

Friday, November 21st
10 am to 5 pm

Contact to book:
Caroline - 236-877-7782
caroline_perrin@squamish.net

**Waterfront Office,
Stawamus Reserve,
Squamish Valley**


 **Skwxwú7mesh Úxwumixw**
Yúustway Health & Wellness



— FISH JARRING WORKSHOP —

TA SKEKXW KWIS LI7T CHET

'a gathering in order for us to store food'





WHEN: NOVEMBER 23, 2025 10AM-4PM
WHERE: TOTEM HALL

COME AND LEARN HOW TO JAR SALMON, AND TAKE YOUR JARS HOME AFTER. SALMON PROVIDED.

FOR ANY QUESTIONS, PLEASE CONTACT: 604-982-7816 OR WELLNESS@SQUAMISH.NET

Scan to register! Open
November 12th 1:30PM -
November 19th 1:30PM



 **Skwxwú7mesh Úxwumixw**
Yúustway Health & Wellness
Community Health & Wellness



na mí ha7halhí7 ta slhánaý
(Woman who are becoming well)
Womens Health Workshop

Join Yúustway (Health & Wellness) at their 3-hour Women’s Health Workshop “na mí ha7halhí7 ta slhánaý” (Woman who are becoming well).

The workshop will be facilitated by Naturopath Dr Georgia Kyba, who will be going over hormones, moon cycle, menopause and more. The Yúustway Public Health Nurses will also be there doing an informational game, as well as Tracy Cameron to share a cedar weaving presentation.

November 26 | 5 – 8 pm | Yuustway
Health & Wellness (380 Welch Street)

Dinner and beverages provided.
Registration opens November 14 at
1:30pm.

For any questions, contact Jenna Luscombe
at wellness@squamish.net, or 604-982-
7816.



**Skwxwú7mesh Úxwumixw**
Squamish Nation

**ta skwálwentn**

Our voices. Our language. Our stories. Our teachings.

ta skwálwentn is your Skwxwú7mesh Úxwumixw wellness app. It is a confidential and safe place for you to connect with our ancient teachings, learn from our elders and knowledge keepers, and lift up our Skwxwú7mesh community members.



New Teachings: Salmon Ceremony

Join Swu7wu (Gabriel) and Charlene Williams for the Salmon Ceremony, a powerful cultural gathering honouring the salmon’s journey and the interconnection of people, water, and all living beings.

View all of the teachings by November 30 for a chance to win \$250 worth of Skwxwú7mesh tála to put toward a prize of your choice from a local Skwxwú7mesh vendor.

Download the app today

Scan the QR codes or search: ta skwalwentn in the App or Play Store.





**For more information visit our
website taskwalwentn.com**

Need help? Have questions? Call or text: 613-888-7986, or email: hello@taskwalwentn.com

Resin Art Workshop

December 1st & 8th (Mondays)
5:30 – 7:30 PM

Totem Hall – Stawamus Room

For ages 18+



**Learn to make your own
Christmas ornaments from
resin! All experience levels
welcome.**



Sign up at this link: <https://form.jotform.com/253235291375256>

- 2 separate sessions – sign up for one or the other!
- 8 adults per session
- (*due to use of chemicals, children not permitted at this activity)



**Skwxwú7mesh
Úxwumixw**

Ta na wa Ch'awát ta Sxwéxwel
Squamish Valley Operations
Recreation

squamish.net

Squamish Valley Recreation

FAMILY CHRISTMAS party

A private family event for Squamish Nation/SN
community members who reside in Squamish Valley

DECEMBER 6, 2025 11:00AM–1:00PM
DEADLINE TO REGISTER: NOVEMBER 26, 2025 4:30PM
TRANSPORTATION INCLUDED



Contact: SquamishRecreation@squamish.net
604-892-5166



**Skwxwú7mesh
Úxwumixw**

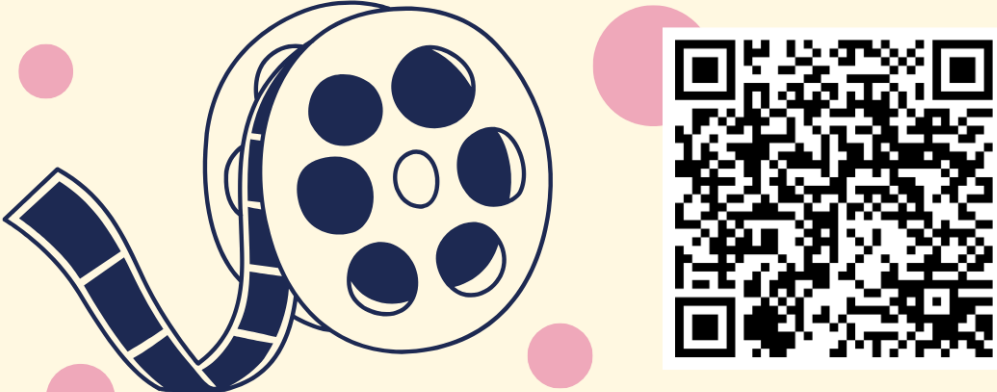
Ta na wa Ch'awát ta Sxwéxwel
Squamish Valley Operations
Recreation

squamish.net

Squamish Valley Recreation

CINEPLEX
MOVIE NIGHT
ZOOTOPIA 2


For Squamish Nation/SN Community members who reside in Squamish Valley



TUESDAY
DEC 9, 2025
6:00PM

3000 PARK
ROYALS, WEST
VANCOUVER,

SquamishRecreation@squamish.net 604-892-5166

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SQUAMISH VALLEY RECREATION


Teen Christmas
PARTY

For Squamish Nation/SN community members youth ages 13-18 who reside in Squamish Valley

DECEMBER


FRIDAY | 12 | 6:00-9:00PM


979 AXEN RD - TEEN CENTRE



Deadline to register:
November 26, 2025
Must register to attend
Must attend to receive gift

Contact: 604-892-5166
SquamishRecreation@squamish.net



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Attention: Squamish Nation Members who ski & snowboard

Through a partnership with Whistler Blackcomb, Squamish Nation members have access to the following:

- 5 single day lift tickets (accessed 1 at a time) OR
- 5 day edge card
- Season Pass for ages 15-18 years (must prove an intermediate level)

Note: transportation, equipment and lessons are not included.

To access these tickets and passes please contact staff during the work week:

North Shore
Justine Sobell
justine_sobell@squamish.net

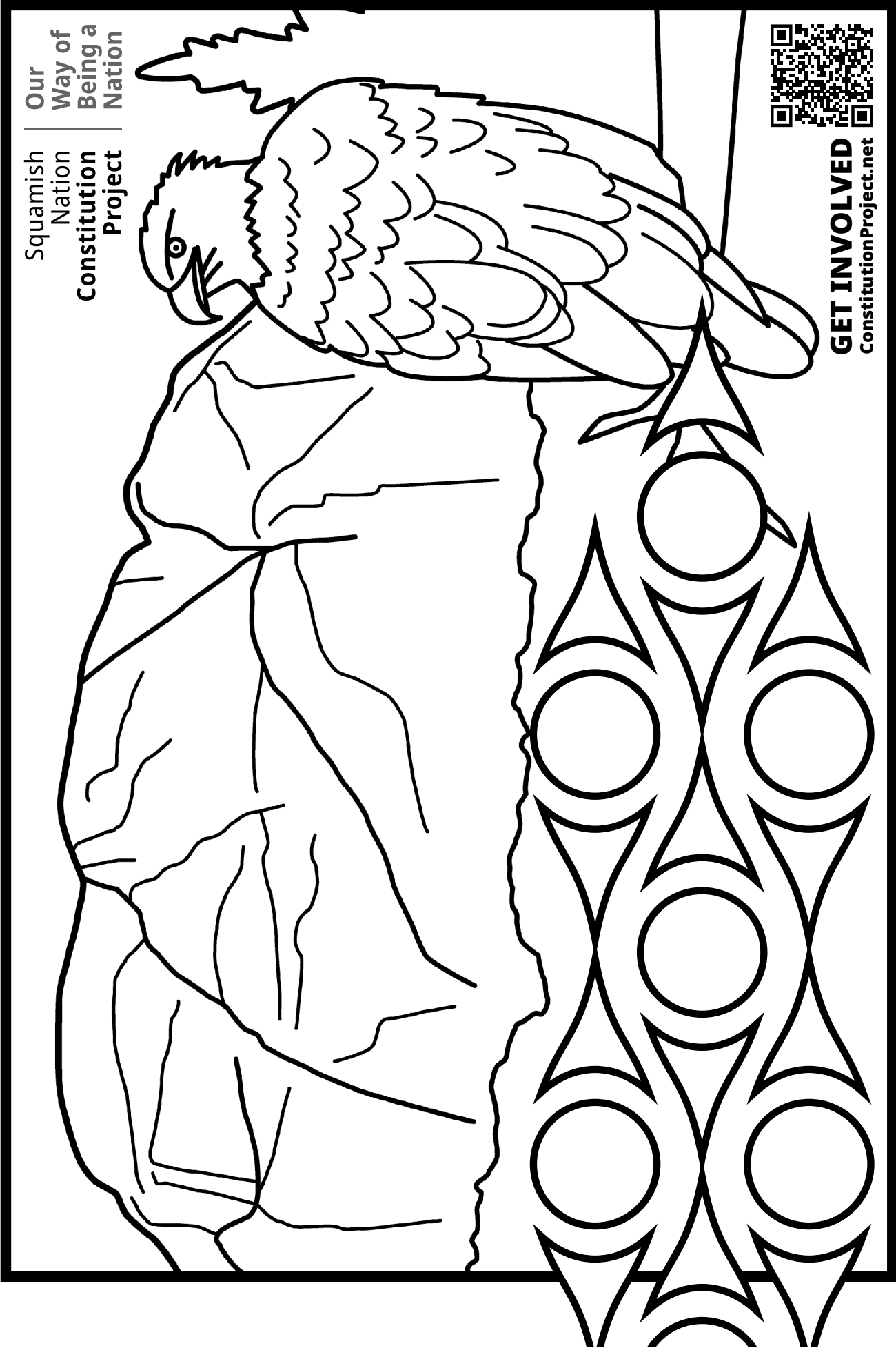
Squamish Valley
Lindsay Hubley
lindsay_hubley@squamish.net



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Úxwumixw**

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Squamish Valley Operations
Recreation

squamish.net



Our Voices. Our Future. Our Way.

ARTIST NAME _____

AGE (OPTIONAL) _____

PARENT/CAREGIVER NAME _____

EMAIL _____

PHONE _____

BAND NUMBER _____

ADD YOUR* CONTACT INFO TO BE ENTERED TO WIN
**If under age 12, please provide parent/caregiver's contact information below.*

Call for First Nation artist

VCH is seeking a First Nation Artist from Sḵw̓xwú7mesh Úxwumixw



City Centre Urgent Primacy Care Centre, wall mural by Jody Broomfield, Coast Salish artist.

Current art call posting	Submission date
Vancouver Coastal Health is seeking an artist from Sḵw̓xwú7mesh Úxwumixw to create five digital art pieces to be installed in and around the maternity ward at Squamish General Hospital (SGH). The five pieces may also be displayed at other locations throughout SGH. They are intended to help create a welcoming, inclusive space for clients seeking services at the site.	December 15

Vancouver Coastal Health (VCH) is committed to creating welcoming spaces for Indigenous communities and acknowledging the First Nations on whose traditional territory its sites are located.

For more information, please scan the QR code with your phone or access engage.vch.ca/indigenousartists



Questions? Please contact:

Abbey-Jane McGrath, Community Engagement Lead
abbeyjane.mcgrath@vch.ca

Vancouver Coastal Health is committed to delivering exceptional care to 1.25 million people, including the First Nations, Métis and Inuit, within the traditional territories of the Heiltsuk, Kitasoo-Xai'xais, Lil'wat, Musqueam, N'Quatqua, Nuxalk, Samahquam, shishálh, Skatin, Squamish, Tla'amin, Tsleil-Waututh, Wuikinux, and Xa'xtsa.



In case of after-hours emergency:

- **Public Safety:** 604-982-9938
- **Health & Wellness:** 604-982-7806
 - **Comm Ops:** 604-815-7116
- **Member Services:** 604-505-3776