



Syétsm t'l'a Sxexelhnát

News of the Week

May 1, 2025

Squamish Valley — Some Important Dates

Wildfire Community Preparedness Day	May 3rd
Naloxone Training	May 6th
Cannabis Store Survey closes	May 6th
Transit System Changes information session	May 7th
Culture-focused Peer Support @ Under One Roof	May 8th
Coffee with Council	May 12th
Electoral Referendum Info Meeting	May 13th
Community Caregiver information session	May 13th
Drop-in Immunization & TB Screening Clinic	May 13th
<i>Return to the Falls</i> screening	May 13th
Springtime Honouring Group (Grief & Loss Support) begins	May 14th
HearingLife Clinic	May 15th
Referendum Online Voting begins	May 17th
Mental Wellness Fair	May 23rd
Walking Forward Ceremony ('60s Scoop Survivors)	May 25th
Walker Maintenance & Education	May 30th
Electoral Referendum Voting Day	May 31st



Syétsm tl'a Sxexelhnát

News of the Week

May 1, 2025

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IA Declaration Week: May 12th – 15th, 2025
IA Cheque Day: May 27th, 2025



To better serve the Squamish Nation people of the valley, we are now offering an additional option for the newsletter:
a digital copy, sent directly to your email!

***Note:** We will continue printing physical copies of the newsletter for anyone who wants it; this is a **new alternative**, and **not a replacement** for the printed newsletter.

If you are interested in signing up for a digital newsletter, we have a few quick questions:

- What email address do you want to use to receive the newsletter?
- Do you already receive a printed (physical) copy of the newsletter?
- Would you like to continue receiving a copy of the printed newsletter, in addition to a digital copy?

↓ Please use one of these links to fill out our survey. →

<https://form.jotform.com/250767014620047>

Thank you for your support as we continue to look for ways to improve!





Skwxwú7mesh
Úxwumixw

Ta na wa Chawát ta Sxwéxwel
Squamish Valley Operations



May 2025

Tem yetwán [When the salmonberries ripen]
Squamish Valley Elders Program Calendar



SUNDAY Sxexelhnat	MONDAY Skwetkalthyes	TUESDAY Stsamyes	WEDNESDAY Schanxwyes	THURSDAY Sxaa7utsens	FRIDAY Stsiiyachis	SATURDAY T'akw'entem
LEGEND: Unless stated, all programs will be at Totem Hall Red = Birthdays Purple = Sign Up Required						
4	5 Red Dress Day (MMIW) Victoria Trip!	6 Victoria Trip!	7 JOSEPH T Victoria Trip!	8 Victoria Trip!	9	10 ALEX W
11 Mother's Day	12 1 Herb Planters 4-8 Coffee with Council	13 10:30 Brunch and Meeting with Budget Presentation 5-8:30 Dinner and Return to the Falls	14 11 Vax Clinic 12 LUNCH with Election Law Referendum	15 12 LUNCH LNG intro to New CEO 11 Fitness	16	17
18	19 VICTORIA DAY STAT Office Closed	20 10:30 Brunch with EPAT Project Implementation	21 10:30 Transit Survey 12 LUNCH A Ribbon Skirts	22 GWEN H. 10-2 Indigenous Youth Leadership Celebration 11 Fitness	23 BILL B Foot Care Clinic	24
25	26 SOMETHING FUN	27 10:30 Brunch 11 Pre Meeting for Peoples Assembly	28 10:30 Archiving Information 12 LUNCH	29 MARY JANE N. 11 Fitness 1 Craft with Ayas Men Men	30 9-3 Walker Info and Tune Up Session	31

SPRING CLEANUP SCHEDULE

APRIL 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22 STAWAMUS	23 STAWAMUS	24 STAWAMUS	25 YEAKWAUPSUM	26
27	28 YEAKWAUPSUM KOWTAIN	29 KOWTAIN	30 SEAICHEM WAIWAKUM			

MAY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 WAIWAKUM	2 WAIWAKUM	3
4	5 WAIWAKUM	6 CHEEKYE	7 CHEEKYE	8	9	10

Please separate your things for pickup:

- wood
- metal
- electronics
- other garbage

Subcontractor will keep to schedule outlined. Don't miss your pickup day!

For questions or concerns,
please call 604-848-5909



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Ta na wa Chawát ta Sxwéxwel
Squamish Valley Operations

Adult Programs Spring 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<div>Fit Nation workout 6:00-7:00AM Pauline Baker</div> <div>Lunch time pickleball for SN/community members only 12:00-1:00PM</div> <div>Group Fitness 5:15-6:15PM Nicolas Castro</div> <div>Zumba 6:30-7:30PM Aparna Sharma</div> <div>Pickleball 8:00-10:00PM</div>	<div>Lunch Time Circuit 12:00-1:00PM Mary Smith</div> <div>CO-ED Weightlifting 6:00-7:00PM Tony Xu</div> <div>Basketball night 8:00-10:00PM</div>	<div>Group Fitness 5:15-6:15PM Nicolas Castro</div> <div>Pickleball For SN/community members only 6:30-7:30PM</div> <div>Pickleball 8:00-10:00PM</div>	<div>Lunch Time Circuit 12:00-1:00PM Mary Smith</div> <div>CO-ED Weightlifting 6:00-7:00PM Tony Xu</div> <div>Social Stitch Club 6:00-8:00PM Volleyball 8:00-10:00PM</div>	<div>Adult Kickboxing 8:00-9:00PM The Sound Martial Arts</div>

Skwxwú7mesh
Úxwumixw

Ta na wa Cháwát ta Sxwéxwel

Squamish Valley Operations

Recreation


Totem hall | 1380 Stawamus Rd

Squamish BC | 604-892-5166

Squamish Nation and/or SN community members are free!

Non nation fee's: \$10.00 drop in (1 session)
& \$75.00 punch card (10 session)

squamish.net



Indian and Northern
Affairs Canada

Affaires indiennes
et du Nord Canada

SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION **FOR: JUNE 2025**
> > **555** Cheque issue date is Tuesday, May 27th, 2025 – for June issue.

PRIVACY ACT STATEMENT Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision. The information will be stored in personal information bank INAI.P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form, and return to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance? ☐ **Yes** ☐ **No**

2. Has your marital or employment situation changed? ☐ **Yes** ☐ **No**

If **YES**, explain change _____

MANDATORY: Current Address _____ Current Phone# _____

3. List any changes in your living situation (e.g., address, rent, etc.). Submit new receipts.

Canada

If you do not hand in your Declaration between May 12 – 15th, You will **NOT** receive your Cheque on Tues, May 27th - 2025. Late Declaration means, late cheque / No, Work Plan, No Cheque. Wait time, up to a week or longer if declaration is late.

4. Have you had any earned or unearned ☐ **Yes** ☐ **No** income this month? If yes, completed

Earnings

Family Allowance

Maintenance

Unemployment Insurance

Other (specify)

GST

TOTAL

5. Has there been any change in your assets? ☐ **Yes** ☐ **No** If yes, complete

Bank Account

Property

Other (specify)

TOTAL

6. Is there any change in your number of dependents or their school status? ☐ **Yes** ☐ **No**
If Yes, explain the change(s) _____

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

STATUS #

Signature of Applicant _____
Signature of Spouse _____
(If there is a spouse listed on your file)

Date

PRINT YOUR NAME/S HERE _____

BSDW Initial _____

Please remember that you cannot drop off your declaration early unless there is an emergency. If your Declaration/ Job Search is late, then so is your cheque. **Declare all Earnings, Family Allow, Pensions, DB, GST, Maintenance, and other monies received. Also, any changes to address and family unit size. Share info with your worker.**

6



Skwxwú7mesh Úxwumixw
Squamish Nation

ts'its'ixwnitway
Member Services



**Skwxwú7mesh
Úxwumixw**

INCOME ASSISTANCE NEWSLETTER

****Attention as of Jan 27th, 2025 Declaration week will only be 4 days per month, please see updated dates below.****

#1 MONTHLY DECLARATIONS

Declarations must be handed in ***IN PERSON*** at Eslha7an Learning Center. Late Declaration can DELAY benefit payments from 3-10 Business Days.
No Dec = No Cheque, Late Dec = Late Cheque

DEC Week 2025	CHQ Issue Date
FEB 10-13, 2025	FEB 26, 2025
MAR 10-13, 2025	MAR 26, 2025
APR 14-17, 2025	APR 30, 2025
MAY 12-15, 2025	MAY 28, 2025
JUN 9-12, 2025	JUN 25, 2025
JUL 14-17, 2025	JUL 30, 2025
AUG 11-14, 2025	AUG 27, 2025
SEPT 8-11, 2025	SEPT 24, 2025
OCT 14-17, 2025	OCT 29, 2025
NOV 10-13, 2025	NOV 26, 2025
DEC 1-4, 2025	TBA

PHONE NUMBER- Please notify your Income Assistance Worker as soon as you change your phone number.

CLIENT APPOINTMENTS- There will be **NO WALK INS**, Book with Receptionist. She will book you in for the earliest available.

HOUSEHOLD CHANGES- Please let your worker know if someone moves in or out, this affects your Bills/Rent. You will need to fill out a new Occupancy form **ONLY** if there are changes.

#2 ACTION PLAN FOR EMPLOYABLE CLIENTS

Employable clients are required to complete an Action Plan with Stitsma Employment monthly. Please book your appointments ahead of time. If you

Attention: All Members

This information bulletin is to inform Members whom own dogs that due to numerous complaints about dogs running at large creating safety concerns for Members and their pets the Nation will be enforcing the Animal Control Bylaw which states in Section 18, "Every Owner of Possessor of a Dog must ensure that the Dog does not Run at Large within Squamish Lands." And Section 19 states, "An Animal Control Bylaw Officer may seize and Impound any Dog:

- (a) Found running at large,
- (b) That is an Unlicensed Dog or
- (c) That, the Animal Control Bylaw Officer, on reasonable grounds, believes has inflicted an unprovoked bite on a person or another animal.

If your Dog is found running at large and is impounded, it is the responsibility of the owner of the Dog to pay the impound fees and is subject to a fine as per Section 31 of the Animal Control Bylaw, 2004 which states, " (1) It is an offence to

- (a) Do or cause to be done anything,
 - (b) Neglect to or refrain from doing anything, or
 - (c) suffer or permit anyone doing anything
- in contravention of this bylaw.

(2) Every person who contravenes section 31(1) is guilty of an offence and is liable to imposition on summary conviction a fine not exceeding One Thousand (\$1,000.00) Dollars or imprisonment for a term not exceeding thirty (30) days or both.

Please contact Community Operations at 604-980-8655 or communityoperations@squamish.net to report dogs running at large or any other concerns regarding animals in the Community.

Brian Baker

Director

Community Operations
Squamish Nation

Cc: Donnie Rosa, Executive Director
Gursimran Gill, Director Public Safety

Cannabis Stores in our Community

Complete the survey for a chance to win a prize

We want to hear from community members. What are your thoughts about cannabis stores being located on Skwxwú7mesh land?

We've created a survey to gather information on how many cannabis stores should be allowed, where they could be located, potential risks and other important questions.

This short survey takes about five (5) minutes to complete, and all responses are anonymous. Complete the survey and enter the draw for a chance to win a \$250 gift card.

Survey closes: Tuesday, May 6 at 11:59 pm

Complete the Survey:

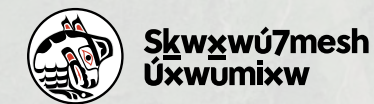
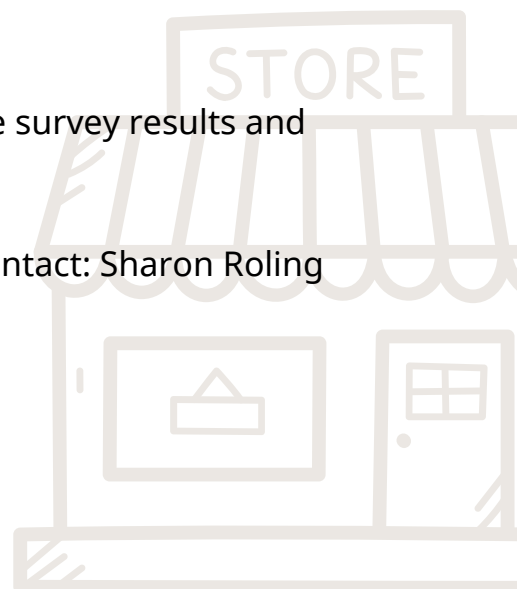
www.surveymonkey.com/r/CannabisRetailSurvey



Nexwsxwníwntm ta Úxwumixw (Council) is currently assessing the opportunity to update the Squamish Nation Cannabis Law (approved in 2018), which prohibits cannabis sales and production on Skwxwú7mesh lands. An updated law could allow Cannabis Retail Stores to operate in Squamish communities.

Ta na wa Téýwilhaýlhem (Public Safety) will review the survey results and create a report for council's consideration.

If you have any questions about the survey, please contact: Sharon Roling
Email: Sharon_Roling@squamish.net
Phone: 604-369-9514



Squamish Valley Transit System Changes

Changes are coming to the Squamish Valley transit system. We want to know what you think.

It's important that the voices of the Squamish People are heard and included in local transit planning. Skwxwú7mesh Úxwumixw (Squamish Nation) will be engaging with the community to gather feedback on:

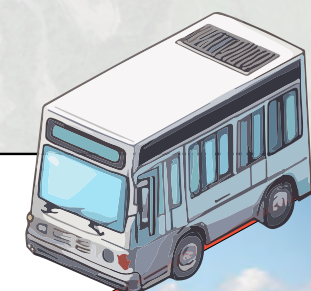
- ☒ The level of support for a potential fixed transit stop in St'á7mes
- ☒ Desire for additional transit access to Wiw'k'm and Ch'iyákmesh
- ☒ Overall experiences using transit in the Squamish Valley
- ☒ Ideas to integrate Squamish Nation art and language on buses and bus stops

Your input will be used to help our Nation advocate for transit service and improvements that meets our community needs.

Get Involved!

Take our **survey** by **May 21** to share your feedback and a chance to win a Visa Gift Card.

Scan the QR code or follow the link to take the survey.
<https://www.surveymonkey.ca/r/SNTransitSurvey>



Drop by **in-person** on **May 7** from **6:00 pm to 8:00 pm** at **Totem Hall** to learn more and ask questions.

For more information, please contact Squamish Valley Community Plan at SVCommunityPlan@squamish.net.



In collaboration with Squamish Helping Hands and Under One Roof, Community Health and Wellness' Peer Support Workers will be offering culturally aware support and cultural access at the Under One Roof eatery.

Drop in and connect with Squamish culture while accessing the resources you need from our Peer Support Workers.

WHEN: Every second Thursday of the month
TIME: 1:30pm to 3:30pm
WHERE: 37871 3rd Avenue, Squamish



Questions?

Briana Gonzales C: 236-886-2613 E: briana_gonzales@squamish.net



Totem Hall
Monday, May 12, 2025
4:30 - 9:00 PM (Drop-in)

Eslha7an Learning Centre
Wednesday, May 21, 2025
4:30 - 9:00 PM (Drop-in)



Why Attend?
At Coffee with Council, you can move freely between tables where elected leaders and staff are ready to talk with you about topics that matter to our community. Whether you're looking for updates on projects, trying to find more information on accessing a program or service, or just want to connect, this is your chance to chat with elected leadership one-on-one and find the information you need.

- What to Expect:**
- **One-on-One Connections:** Meet and talk with elected leaders on topics that matter to you.
 - **Answers & Information:** Get personalized support from staff and stay informed on key topics.
 - **Welcoming Atmosphere:** This is an informal space for community and conversation—no formal agendas, just real connections.


We look forward to seeing you at Coffee with Council for an evening of community, conversation, and connection.

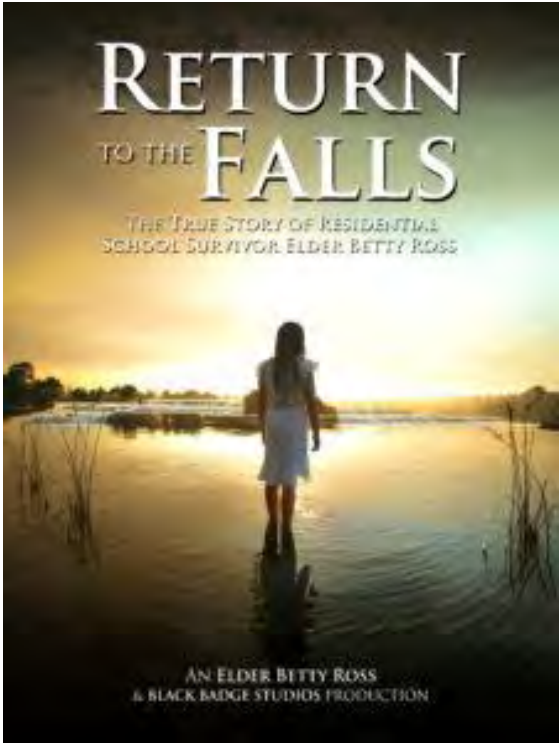
To register and for more information please email cco@squamish.net or call 604-980-4553



You are invited

Squamish Valley Education is honoured to host the screening of
Return to the Falls
A film about Residential School
May 13, 2025 @ 5:00 pm – 8:30 pm
@ the Totem Hall gym
Dinner served at 5 PM
Film screening 6–7 PM
Ceremony 7 PM
Questions to elder Betty





Join us for this special screening of *Return to the Falls*, a one-hour docudrama that tells the life story of Elder Betty Ross.

As a girl from Pimicikamak Cree Nation (also known as Cross Lake First Nation), she held the sacred teachings of her father like a torch to survive the Indian residential school system. In this film, you will experience Betty’s journey. Cinematic reenactments bring to life unimaginable hardships and euphoric moments of freedom, interwoven with present day footage of Betty as she returns to the falls of her childhood for the first time in more than 70 years.

Following the film, Elder Betty will engage in a Q&A with the audience.

SQUAMISH NATION OFFICIAL NOTICE OF REFERENDUM VOTE

TAKE NOTICE that the Squamish Nation has called a Referendum Vote to be held on **May 31, 2025**, in accordance with the *Election and Referendum Law (2021)*, for the voters of the Squamish Nation to consider amendments to the *Election and Referendum Law*.


INFORMATION MEETINGS	
MAY 13, 2025 5:00 PM - 7:00 PM SQUAMISH, BC TOTEM HALL, STAWAMUS ROOM 1380 STAWAMUS DRIVE	MAY 21, 2025 5:00 PM - 7:00 PM WEST VANCOUVER, BC CHIEF JOE MATHIAS CENTRE 100 CAPILANO ROAD
VOTE ONLINE	
MAY 17, 2025, AT 9:00 AM – MAY 31, 2025, AT 9:00 PM PDT To vote online, please visit: www.onefeather.ca/nations/squamish Click the RED button “Sign Up” or “Vote Now” and follow the instructions provided. You will be required to provide your Registry Number (this is your 10-digit Status card number - starting with "555..."), Date of Birth, and a personal email address. If you require assistance, please call or email OneFeather Support using the information below.	
VOTE IN-PERSON	
MAY 31, 2025 - 9:00 AM TO 9:00 PM	
SQUAMISH, BC SQUAMISH NATION TOTEM HALL 1380 STAWAMUS RD, V8B 0B5	WEST VANCOUVER, BC CHIEF JOE MATHIAS CENTRE 100 CAPILANO RD, V7P 0A7
VOTE BY MAIL-IN BALLOT	
Voting by mail-in ballot will be available by request. An eligible voter may request a mail-in ballot from the chief voting officer using the contact information below. The voter will be required to verify their identity.	

PLEASE NOTE that all members of Squamish Nation who are eighteen (18) years of age or older as of May 31, 2025, are eligible to vote in this referendum. Please visit the website listed below for information and online voting instructions.

Dated April 1, 2025.
Brett Bilyk, Chief Voting Officer

For more information, please contact OneFeather:
Email: voterhelp@onefeather.ca | Toll Free: 1-855-923-3006
Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time
209-852 Fort Street, Victoria, B.C., V8W 1H8
www.onefeather.ca/nations/squamish






**Skwxwú7mesh
Úxwumixw**
Sts'its'áp'newas
Employment & Future Skills
Stitsma Career Centre

Empower Your Future with Stitsma Career Centre

Stitsma Career Centre
345 5th St W, North Vancouver
1221 Chief Billy Drive, Squamish Valley



**Skwxwú7mesh
Úxwumixw**
Sts'its'áp'newas
Employment & Future Skills
Stitsma Career Centre

Empower Your Future with Stitsma Career Centre

Stitsma Career Centre
1221 Chief Billy Drive, Squamish Valley


UPCOMING PROGRAMS

 NORTH VANCOUVER	 SQUAMISH VALLEY
Food Safe Level 1 April 7	Food Safe Level 1 April 17
Basic First Aid April 14	Fall Protection + Confined Spaces Training + WHMIS May 1
What the L May 5 & 12	Transportation Endorsement May 15
Intermediate First Aid (formerly OFA 2) May 5 - 6	Serving it Right May 21
Class 4 Workshop June 2, 3 & 9	Class 4 June 9, 10 & 17
Traffic Control Personnel June 23 - 24	Advanced First Aid (formerly OFA 3) June 2 - 13

Empower Your Future with Stitsma Career Centre

Career Services

- Resume Building
- Cover Letter Writing
- Tips on Interviewing
- Career Counseling
- Work Gear
- Job Searching
- Short Term Training



See our current job opportunities
please visit our job bank



**TRANSPORTATION
ENDORSEMENT**
Facilitated by: Trauma Tech

May 15, 2025
8:30 AM–4:30 PM
39400 Discovery Way, Squamish

The Transportation Endorsement course is an 8 hour program focusing specifically on the transport of injured workers to medical aid.

Prerequisite: MUST have Worksafe Basic or Intermediate First Aid

What will you learn?

- Patient packaging for transport includes supine and lateral positioning for trauma, ¾ prone drainage and position of comfort.

What is included:

- \$75 incentive
- Lunch

Register by May 8



May 21, 2025
9:00 AM–3:00 PM
1380 Stawamus Road, Squamish



SERVING IT RIGHT
Facilitated by: ProSafe Training

Serving It Right is designed to encourage a responsible, caring, and professional approach to the serving of alcohol.

What will you learn?

- The effects of alcohol on the body
- How to recognize signs of intoxication
- How to ID minors to prevent underage drinking
- How to develop and/or support appropriate alcohol service policies
- How to handle typical situations requiring intervention
- + more!

What is included:

- Lunch
- \$75 incentive

Register by May 14





336 West 4th Street
North Vancouver, BC
V7M 1J1 Canada

(604) 210-9126
info@hiyamhousing.com
www.hiyamhousing.com

NEW JOB POSTINGS

MAY 6, 2025

Director, Community Operations |
Permanent Full-Time Nexwsp'áyaken ta
Úxwumixw Community Operations
North Vancouver, BC

Peer Worker | Casual Part-time
Yúustway Health and Wellness
Squamish Valley / Occasional work in
North Vancouver, BC

JOB POSTING: Director of Operations

Background

Hiyám ta Skwxwú7mesh Housing Society is a not-for-profit society that has been established by the Skwx wú7mesh Nation to act as an independent, arm's-length organization to provide subsidized and affordable housing for Squamish Nation members.

Position Objective

Hiyám Housing has created a non-profit organization of excellence that welcomes a new vision and leadership, while building on the successes of the past. The Director of Operations must have the ability to take Hiyám to the next level and manage existing commitments. This position will report to the CEO, and work cooperatively with the executive team with whom they are expected to collaborate and interact regularly.

Select Responsibilities

Lead the design, implementation, and management of supportive housing programs with integrated wrap-around services to enhance resident stability and well-being.

Design, implement, and maintain internal reporting systems, policies, and procedures that support operational efficiency and transparency.

Support the development and implementation of performance planning systems for teams and individual staff members.

Lead the preparation of operational budgets for new developments and work closely with the finance team to secure budget approval.

Cultivate and maintain strong relationships with funders, housing agencies, non-profits, and for-profit organizations to leverage resources and funding.

Stay informed about community trends, needs, and emerging issues that may affect the organization's programs and services.

Monitor legislative, policy, and regulatory changes at local, provincial, and federal levels that impact Hiyám Housing's operations.

DEVELOP YOUR CAREER
WITH THE NATION

Questions? Need help applying?

604-985-8335 | careers@squamish.net

Chénchenstway (Human Resources) connects with all Squamish People who apply for positions with Skwxwú7mesh Úxwumixw. We look forward to receiving your application and supporting your professional growth with the Nation.



squamish.net/careers



336 West 4th Street
North Vancouver, BC
V7M 1J1 Canada

(604) 210-9126
info@hiyamhousing.com
www.hiyamhousing.com

Required Knowledge, Abilities and Skills

Financial & Budget Management: Strong experience in financial oversight, budget creation, and resource allocation, with a focus on accountability and sustainability.

Stakeholder Management: Excellent relationship-building skills, with experience engaging internal and external stakeholders, including staff, families, clients, Indigenous communities, healthcare professionals, and funders.

Non-Profit & Indigenous Knowledge: In-depth understanding of leadership and management principles within non-profit organizations, particularly in the context of Indigenous communities.

Legislative & Policy Awareness: Familiarity with federal and provincial legislation applicable to non-profits and Indigenous organizations, with an ability to navigate and apply relevant policies.

Candidate Qualifications/Experience:

Cultural awareness and respect for Indigenous values and knowledge systems (knowledge of Squamish Nation is a plus).

Experience: Minimum of 4 years of progressive experience and leadership with Indigenous affordable housing organizations with functions including development, ownership, asset management, construction, and site-based services.

Education: An undergraduate degree is required. A graduate degree in business, finance, urban planning, real estate development, or a related field is preferred.

Salary and Benefits

- A generous compensation package which includes extended health and dental benefits and a superb pension plan
- Access to professional development funds and opportunities for career development
- Annual salary \$100,000 to \$110,000

Your cover letter and resume should be submitted as one document in your profile when applying for this position. Please submit both documents to jgontier@hiyamhousing.com

Hiyám ta Sḵw̓xwú7mesh Housing Society is an equal opportunity employer



Community Caregiver Information Session

Calling all aunties, uncles, and grandparents to become a part of our méhmen (children) support network. Join the Ayás Méhmen (Child & Family Services) resident Elders and resource team to learn more about being a caregiver in our community.

Attend the community caregiver information session:

Date: Tuesday, May 13, 2025

Time: 5:30 pm - 7:30 pm

Location: Ayás Méhmen Building

Unit 2, 380 Welch Street, West Vancouver

We need Sḵw̓xwú7mesh community members to step forward to support our families, méhmen and youth. Community caregivers provide a safe and supportive environment to our Sḵw̓xwú7mesh méhmen and seḵw'í7tel (relatives) when they need us. We are looking for community caregivers both for short-term support and long-term care of our children.

All community members are welcome to attend and share a meal with us. No pre-registration required.

If you have any questions, please email:
AyasMenmen_Reception@squamish.net.

Learn more: www.squamish.net/caregiver-info-session

SPRINGTIME

NO
REGISTRATION
REQUIRED

HONOURING GROUP

GRIEF & LOSS SUPPORT

SUPPORTING THOSE THROUGH GRIEF & LOSS &
ACKNOWLEDGING THEIR JOURNEYS.

EACH SESSION WILL CONCLUDE WITH A GROUP CEDAR BRUSH
OFF FROM ELDER ALAN HARRY.

DATE: EVERY WEDNESDAY, MAY 14-
JUNE 18, 2025
TIME: 5:00PM -7:00PM

SHAKER CHURCH, 1365 CHIEF
BILLY DRIVE, SQUAMISH VALLEY

Facilitated by Steph Matthews and Ben Lewis.

For any questions, please call Jenna
at 604-982-7816 or email
wellness@squamish.net



**Skwxwú7mesh
Úxwumixw**

Ayás Méhmen
Child & Family Services



**Skwxwú7mesh
Úxwumixw**

Yúustway
Health & Wellness
Community Health & Wellness

NALOXONE TRAINING

WHEN: May 6th, 2025, 1:30-3:00PM

WHERE: Totem Hall Boardroom

Scan below to register!



Snacks
included!

T'ÚTENAMTSUT XWÍNILH S7I'XI
'MEDICATION INSTEAD OF SHAME'
BECOME A LIFE SAVER



NALOXONE TRAINING IS CRUCIAL IN THE
FACE OF A TOXIC DRUG CRISIS BECAUSE IT
EMPOWERS INDIVIDUALS TO RECOGNIZE AND
RESPOND TO OVERDOSES QUICKLY,
POTENTIALLY SAVING LIVES IN CRITICAL
MOMENTS.

For any questions, email
wellness@squamish.net



**Skwxwú7mesh
Úxwumixw**

Yúustway
Health & Wellness
Community Health & Wellness



Drop-In Immunization Clinic & TB Screening Clinic

The North Shore YHW Public Health Nurses will be offering drop-in immunizations and TB (tuberculosis) screening on the second Tuesday of April, May, and June. This includes infant & child development information, adult & child immunizations, reviewing immunization information, and TB screening & information.

Tuesdays, April 8, May 13, June 10
1 pm - 3 pm
9A, 380 Welch Street

If you have any questions, please reach out to the Public Health Nurses Karen, Laura, and Genevieve at 236-668-9653.

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Thurs., May 15th @ 9:30 – 12:00 PM
Totem Hall Board Room



will be providing:

- Hearing aid clean and check
- Hearing screening
- Education

Contact Caroline Perrin to book an appointment:
236-877-7782
caroline_perrin@squamish.net

**HearingLife offers a clinic every two months; the next one will be in June.*



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Yúustway
 Health & Wellness

Walker Maintenance & Equipment Education

Friday, May 30th, 2025
@ 9:00 AM – 3:00 PM
Totem Hall – Stawamus Room

- **Drop-ins available!**
- **Bring your walker or wheelchair for a check-up**
- **Ask questions about your medical equipment**



*Contact Caroline Perrin
 for more information:
 caroline_perrin@squamish.net
 236-877-7782*

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(TO TAKE CARE OF ONESELF)

Mental Wellness Fair

WHEN: FRIDAY, MAY 23RD, 2025, 3:30PM-7:30PM
WHERE: CHIEF JOE MATHIAS CENTRE

Join us for a day of connection, land-based healing, and celebration of the 7 circles of wellness.
 Featuring wellness workshops & presentations on traditional medicine, healthy relationships, diabetes & more

WELCOMING KEY NOTE
SPEAKER JOYCE LEPPINGTON
OF LEN PIERRE CONSULTING

2:30PM-3:30PM
WILL BE
DEDICATED FOR
ELDERS ONLY

WELLNESS
PRESENTATIONS,
TRADITIONAL DANCING,
FOOD, & PRIZES!

CHILD MINDING AVAILABLE FOR
AGES 5+

Need transportation?
 Scan to register or call
604-982-7816



DRUG CHECKING

STAMUS

WHEN: Fridays, 1:30PM to 3:30PM
WHERE: Waterfront gravel road, Chief Billy Drive

Community Health and Wellness Peer Support Workers will be offering weekly drug checking in Squamish Valley.

- Confidential space to have your drugs checked
- On the spot Naloxone training from peer support workers
- Resources and safe use supplies
- Snacks and beverages

Questions? Contact Briana Gonzales at 236-886-2613

SQUAMISH VALLEY REC



FAMILY
SWIM NIGHT

FOR SQUAMISH NATION/COMMUNITY MEMBERS
WHO RESIDE IN SQUAMISH VALLEY

DATES: MAY 14, 21, & 28 2025
TIMES: 7:00-10:00PM
WHERE: 1009 CENTENNIAL WAY BRENNAN PARK

PARENT PARTICIPATION
MANDATORY







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Ta na wa Ch'awát ta Sxwéxwel
Squamish Valley Operations
Recreation

SQUAMISH VALLEY REC



MOTHER'S DAY
WILD WESTERN NIGHT



For Squamish Nation/SN Community members
who are mothers in the Squamish Valley

MAY 7, 2025
1380 STAWAMUS RD

6:00-8:00PM

BBQ | GAMES | BEST DRESSED | PRIZES
TRANSPORTATION AVAILABLE
SQUAMISHRECREATION@SQUAMISH.NET
THIS IS A DRUG/ALCOHOL FREE EVENT









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Ta na wa Ch'awát ta Sxwéxwel
Squamish Valley Operations
Recreation

CJMC's
Mother's Day

May 9 **6-9pm**

aloha **Celebration**

Transportation Schedule

Seymour IR Mailboxes	Jacobs and Jacobs
5:00 PM	5:40 PM
Eslha7an L.C.	Mathias and Rivers
5:15 PM	5:45 PM
Mission Road & 1st Street	Ikwikws & Skawshen
5:25 PM	5:50 PM

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Yúustway
 Health & Wellness
 Recreation

604-980-6338


rec@squamish.net

squamish.net

SQUAMISH VALLEY REC

FAMILY



Camp Fire Night



For Squamish Nation/SN Community
members who reside in Squamish Valley

MAY 22, 2025
5:30-7:30PM
979 AXEN RD -
WAI WA KUM TEEN CENTRE
FOOD INCLUDED

Looking for community story teller
CONTACT: SQUAMISHRECREATION@SQUAMISH.NET



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Ta na wa Ch'awát ta Sxwéxwel
Squamish Valley Operations
Recreation

squamish.net

FREE ENTRY

JOIN US FOR

WILDFIRE COMMUNITY PREPAREDNESS DAY

WILDFIRE COMMUNITY PREPAREDNESS DAY

SATURDAY

MAY 3

11 AM TO 2 PM

FIRE HALL 2

40439 TANTALUS RD.

BOUNCY CASTLE

PRIZES AND DISPLAYS

HOT DOGS

IN COLLABORATION WITH

Skwxwú7mesh Úxwumixw

Squamish Nation

SQUAMISH • LILLOOET

REGIONAL DISTRICT

BRITISH COLUMBIA

FireSmart

SQUAMISH

Kwen (Start)

Huy (Finish)

