

Squamish Valley — Important Dates

Tax Clinic	Mar. 27th
SVCP Online Meeting workbook submission deadline	Mar. 31st
April 2025 Regular Distribution	Apr. 3–4th
Super Clinic 2025	Apr. 4th
Vision Clinic	Apr. 4th
BC Cancer Mammogram Van visit registration deadline	Apr. 10th Mar. 27th
Baby Ceremony 2025	Apr. 13th
Electoral Commission Referendum	May 31st
Community News — Important Dates	
Indigenous Youth Ambassador program intake	Apr. 2nd
Squamish Spring Hiring Fair 2025	Apr 3rd

IA Declaration Week: Mar. 10th – 13th, 2025 IA Cheque Day: Mar. 26th, 2025



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Syétsm tha Sxexelhnát Newsletter — Digital Delivery

To better serve the Squamish Nation people of the valley, we are now offering an additional option for the newsletter:

a digital copy, sent directly to your email!

*Note: We will continue printing physical copies of the newsletter for anyone who wants it; this is a new alternative, and not a replacement for the printed newsletter.

If you are interested in signing up for a digital newsletter, we have a few quick questions:

- What email address do you want to use to receive the newsletter?
- Do you already receive a printed (physical) copy of the newsletter?
- Would you like to continue receiving a copy of the printed newsletter, in addition to a digital copy?

↓ <u>Please use one of these links to fill out our survey.</u> →

https://form.jotform.com/250767014620047

Thank you for your support as we continue to look for ways to improve!



Skwxwú7mesh Úxwumixw - Syétsm tl'a Sxexelhnát - Squamish Valley

tem lhawt' (March) 20, 2025



Tem Ihawt' [Time of healing/Time of life to return]

Squamish Valley Elders Program Calendar

SATURDAY	I akw entem	8	15	22	29
FRIDAY	Stsilyachis	7 10:30 Community Development Meeting	14 10 Taxes @ Totem Hall 1:30 Mens Club	21 Eagle Father Park Dr. Leigh Joseph (Time TBD)	28
THURSDAY	Sxaa/utsens	6 1 Drum Making Workshop @ Oceanfront	13 1 Bingo @ Planet Bingo	киетн р. 20 1 Hospice Talk	27 1 Craft with Ayas Men Men
WEDNESDAY	Scriditywyes	5 12 Lunch 1:30 Resin Work- shop	12-3 Elders Gathering @ CJMC	19 12 Lunch 10:30 Resin Work- shop	26 10-12 Elders Program Implementation Project & Lunch
TUESDAY	Stsamyes	4 10:30 Brunch 11 Carmen—Ayas Men Men	11 10 Fitness 10:30 Brunch	18 10:30 Brunch	25 10 Fitness 10:30 Brunch
MONDAY	LEGEND: Unless stated, all programs will be at Totem Hall Red = Birthdays Purple = Programs that REQUIRE Sign	ε	10 10-2 Wayne Mah	ST. PATRICKS DAY 17 12 Luncheon with Rights and Titles	24 1 Craft with 11 Siobhan BDAY ® CJMC
SUNDAY	LEGEND: Unless stated, all programs will be at Totem Hall Red = Birthdays Purple = Programs that REQUIRE Signal	7	6	ЕГУА І. 16	MAUREEN B. 23 THERESA H.

Indian and Northern Affaires indiennes Affairs Canada et du Nord Canada	
	wal DECLARATION <u>FOR</u> : APRIL 2025 esday, March 26 ,2025 – for <u>April</u> issue.
	quested on this document is voluntary and is being collected in order to make a fair and INAI.P-PU-020 and is protected under the provisions of the Privacy Act.
you require continued Social Assistance, please complete ext cheque issue.	e this form, and return to your local administering Authority at least 2 weeks before the
1. Are you still in need of Social Assistance	? Yes No
2. Has your marital or employment situation of	hanged? Yes No
If YES, explain change	
MANDATORY: Current Address	Current Phone#
	e.g., address, rent, etc.). Submit new receipts.

receive your Cheque on Wed, March 26th - 2025. Late Declaration means, late cheque / No, Work Plan, No Cheque. Wait time, up to a week or longer if declaration is late.

No 5. Has there been any change in your assets?

I declare that this is a true spermission for this informa	tion to be verified and I con	of Applicant	ained from an	y reporting agency for	0
permission for this information	tion to be verified and I con	nsent to a report being obt	ained from an	y reporting agency for	r that purpose.
	<i>C</i> ,	2			C
If Yes, explain the change <u>(s</u>)				
. Is there any change in yo	our number of dependents	or their school status?	Yes	No	
				_	
•	GST TOTAL *	\$ \$			
→ 9	Other (specify)	\$			
The state of the s	Unemployment Insurance	\$		TOTAL	\$
	Maintenance	\$		Other (specify)	\$
120	Family Allowance			Other (checify)	10

PRINT YOUR NAME/S HERE

4. Have you had any earned or unearned

income this month?

Please remember that you cannot drop off your declaration early unless there is an emergency. If your Declaration/ Job Search is late, then so is your cheque. <u>Declare all Earnings</u>, <u>Family Allow</u>, <u>Pensions</u>, <u>DB</u>, <u>GST</u>, <u>Maintenance</u>, <u>and other monies received</u>. <u>Also, any changes to address and family unit size</u>. <u>Share info with your worker</u>.

Do you want to be a registered voter?



Squamish Nation Income Assistance Program

T5 - Tax Time

Income Assistance Clients, your T5 is here at my office. Please come to pick up your T5. All Income Assistance Clients must do their taxes each year. Also, please remember to give me a copy of your assessment notices when they come in the mail, at a later date.

If you would like the Squamish Nation to do your taxes, please come and fill out the form and attach your T5 to it.

If you are no longer an Income Assistance client but you were on IA with me, in 2024 you will have a T5 here.

Laurie Baker

Income Assistance Officer

ts its iswinitiway Meniber Services Wachildin Income Assistance

1380 Stawamus Rd. Squamish, BC V8B 0B5 PO Box 2180 Squamish, BC V8B OBS **T**604-892-5166 **F**604-892-3486

squamish.net

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ITY:					-•	
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OFFICE USE ONLY

YES

NO

Date dropped off:

Date processed:

Prepared by:

Fill out this form and bring it with you when you do your tax return.

6

7



Agence du revenuelhnát – Squamish Valley

Community Volunteer Income Tax Program Taxpayer Authorization

tem Ihawt' (March) 20, 2025 Protected B when completed

Tax year 2024

Keep this form for your records. Do not send a copy to the Canada Revenue Agency (CRA).

- Complete Section I to allow a Community Volunteer Income Tax Program (CVITP) volunteer to prepare your income tax and benefit return.
- Complete Section II if you would like your return to be electronically filed. The CVITP volunteer must complete parts E and F.
- · Keep all records used to prepare your return for a period of six years, and provide this information to the CRA on request.
- The CRA is responsible for ensuring the confidentiality of your electronically filed tax information only after the CRA has accepted it.

Section I – Authorization

Part A – Identificatio	n				
Last name		First name			l insurance number y enter last 3 digits)
				l ` .	x x x
Mailing address: Apt. No. –	Street No. Street name		Telephone number (home)	Telephone	number (work)
P.O. Box	R.R.	City		Prov./Terr.	Postal code
Part B – Disclaimer					
		return is being prepared by a vol an agent of the Canada Revenue		nity Volunte	eer Income Tax
Signature (individual id	dentified in Part A)	Date	Signed at (plac	ce and name	of organization)

CVITP volunteer must complete parts E and F	
Part E – Electronic filer identification	Part F – Document control number
By signing Part D above, the individual in Part A declares that the following person or organization is electronically filing his or her income tax return. Part D must be signed before the return is electronically transmitted.	Document control number for the electronic record of the individual's return:
Name of person or organization:	
Electronic filer number:	

We're here to hel

If you need more information on your tax refund or your tax return, or if you have a service complaint, go to canada.ca/cra-contact or call 1-800-959-8281.

Personal information is described in Personal Information Bank CRA PPU 100. Under the Privacy Act, individuals have a right to have their personal information protected. They also have the right to access, correct or notate this information and to file a complaint with the Privacy Commissioner of Canada regarding our handling of their information.

및S60 E (17) (Ce formulaire est disponible en français.)





TAX PREPARATION SERVICES

Preparation services available February 28 - May 16

The service is available for those with **simple tax returns** (eg. no business income) and is free for

- Elders 55+
- Income Assistance clients
- Members with 2024 low income as set by the CRA

Members must submit their tax slips using one of the options below or else the return cannot be processed. Note that Nation staff cannot accept documents from Members. Intake days/hours for the different options vary so please read the following information carefully.

Questions? Email tax_returns@squamish.net

NORTH VANCOUVER - March 10 to May 16

H&R Block, 1754 Lonsdale Ave, North Vancouver, BC V7M 2J7
7 days a week | Monday & Tuesday, 9:00 am - 9:00 pm | Wednesday, Thursday & Friday, 10:00 am - 8:00 pm | Saturday & Sunday, 10:00 am - 4:00 pm
H&R Block, 960 Marine Drive, North Vancouver, BC, V7P 1R9
7 days a week | Monday & Tuesday, 9:00 am - 7:00 pm | Wednesday, Thursday & Friday, 10:00 am - 6:00 pm | Saturday & Sunday, 10:00 am - 4:00 pm

• Recommended for Members who wish for assistance from a H&R Block representative.

Main Office at 320 Seymour Boulevard, North Vancouver, BC V7L 4J5 Monday - Friday | 9:00am - 4:00pm

SQUAMISH VALLEY - February 28 to April 18

Totem Hall at 1380 Stawamus Road, Squamish, BC V8B 0B5 Monday - Friday | 10:00 am - 4:00 pm. A representative will be at the Admin Room on Fridays.

ONLINE

Use the H&R Block file upload system (**bit.ly/HandRBlockOnline**) at home any day.







DETERMINE IF YOU QUALIFY

This is for Members with simple tax returns (eg. no business income).



- Elders 55+
- Income Assistance clients
- Members with 2024 low income





SUBMIT PAPERWORK & SIGN FORMS

In-person and online options from February 28 to May 16



documents.

WAIT FOR PROCESSING

H&R Block will contact you if any more information is needed.



SIGN THE RELEASE FORM

You will be contacted when your return is ready. You must sign a release form (and pay if not eligible for the free service).



Email tax_returns@squamish.net Visit squamish.net/tax-return



ts'its'ixwnitway

Tax Clinic

Open to all community members who need to file their taxes. We will help submit to Canada Revenue Agency (CRA) for processing.

Thursday, March 27th, 2025

4 pm - 630 pm

Member Support Services

#6-380 Welch St.

West Vancouver, BC

No Appointments Needed - First come, first serve **Refreshments provided**

Please bring the following:

- 1. Clients arrive with any tax information they have from this year or last year. If you don't have anything, that is ok.
- 2. Bring photo ID (or photocopy of ID)
- 3. Social Insurance number (SIN #)
- 4. Provide us with your date of birth.
- 5. You will be asked to sign the client information form; that is required by the CRA.

The criteria to qualify for having taxes done with NSCR under CRA's voluntary tax program are:

- Total 2024 income less than \$45k for a single person and \$55k for a couple
- No first-time taxes (i.e. for a newcomer to Canada)
- No business or self-employment income
- No substantial rental income, interest or capital gains income
- No bankruptcy
- No taxes for deceased persons

For more information,

Jessica Natraoro (Natrall): jessica_natrall@squamish.net Ph: 604-982-7610

Thursday, January 23rd, 2025

tem lhawt' (March) 20, 2025

The Community Operations has received multiple requests to use the Comm Ops trailer for item disposal. We would like to remind everyone that the trailer has been put away for the season, and it will be available again in the spring, after necessary maintenance.

We are sorry for any inconvenience this may cause, but for the remainder of the winter season, we ask you to find alternate means of transport and disposal if possible. Thank you for your understanding.



Ta na wa Ch'áwat ta Sxwéxwel Squamish Valley Operations

Help Us Shape the Future of the Squamish Valley!

The Squamish Valley Community Plan (SVCP), being made here in the valley, will guide our vision for the Squamish Valley over the next 10 years. We need your input to make it complete!

CONTACT US!

Email: SVCommunityPlan@squamish.net

Phone: 604-849-2520 (Anastasia Jeffrey)

By contacting us, you can:

- Receive an information package, containing details of the Plan that is being developed
- Receive a digital Workbook to fill out
- Get answers to your questions
- Share more of your thoughts and feedback
- Let us know if you are interested in joining the SVCP Advisory Group!

WE ARE ACCEPTING FEEDBACK UNTIL

AND BE ENTERED TO WIN A PRIZE!



Attention: SKNXWU7mesh Uxwun,

S7ulh kwis Úxwumixw Our Way of Being a Nation Project, would like to encourage **ALL** members to **book** a Family Dinner with us!

Booking is as easy as emailing eyoalha_baker@squamish.net or calling (604) 982-8600.

The goal of the Constitution Project is to get all Skwxwú7mesh stélmexw to participate in creating an official document describing Our Way of Being a Nation. This is a chance to make sure we stay true to *Our Voices, Our Future*, Our Way.

See available Family Dinner Dates available:

Totem Hall

Tuesday, February 25 Tuesday, March 4, 11, 18

OPEN INVITE/ ALL WELCOME

Thursday, March 27

(*please RSVP* to help us get an idea of how much food to order for catering)

Eslha7an Learning Center

Thursday, March 6, 13, 20 Monday, March 31 Thursday, April 3, 10

OPEN INVITE/ ALL WELCOME

Wednesday, March 26

(please RSVP to help us get an idea of how much food to order for catering)







Join us for a family-friendle evening of visiting, entertainment, and a catered meal

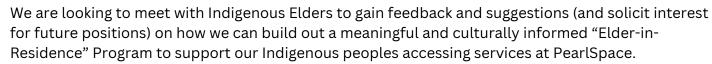
All ages are welcome! There will be games and activities for children to enjoy! Come participate in:

- · games
- · socializing
- · good food
- converstaion
- · fresh air
- · and more!

For more information please reach out to elisabeth adam@squamish.net







About PearlSpace: PearlSpace was created as a grassroots organization dedicated to the prevention of gender-based violence and support for survivors impacted by violence or abuse and is committed to implementing actions that work toward reconciliation and the decolonization of our programs and services.



The **Elder-in-Residence program** could provide support, guidance, and cultural teaching to Indigenous clients of PearlSpace. Indigenous clients would be able to connect with an elder or knowledge keeper by requesting an appointment and meeting with them at one of two PearlSpace locations: Squamish/Skwxwú7mesh Drop-in Centre or Squamish/Skwxwú7mesh PearlSpace Transition House.

PearlSpace recognizes that elders and knowledge keepers have attained a high level of understanding of Indigenous history, spirituality, traditional language, cultural teachings, ceremonies and/or healing practices through training and lived experiences.

The goal of the Elder-in-Residence program is to create an avenue and space for cultural knowledge and teaching to be shared in a safe, accessible, and respectful way.

Responsibilities could include: Provide listening services, Provide support, Assist with cultural knowledge learning, Knowledge keeper - sharer, Guide cultural safety, Provide knowledge on protocols, Teach classes (traditional foods & medicines, weaving, beading ect.), Tracking statistics (number of people utilizing your service)

Come share a meal with us to provide your feedback and/or express interest in the above program.

DATE: Wednesday April 2, 2025

LOCATION: Stawamus Room, Totem Hall, 1380 Stawamus Rd

TIME: 12:00 PM - 2:00 PM

RSVP: 778-966-1117



April 2025 Regular Distribution

Nexwsxwníwntm ta Úxwumixw (Council) and Ts'its'ixwnítway (Member Services) would like to update Members on the Squamish Nation Regular Distribution for April 2025.

Thursday, April 3 | Friday, April 4, 2025 8:30 am - 4:00 pm

Open during lunch hour (12:00 pm - 1:00 pm)

Pick up locations:

Totem Hall CIMC

1380 Stawamus Drive 100 Capilano Road, Squamish West Vancouver

Members can update the following information:

- Direct deposit
- Mailing address
- Pick up location
- Name change
- Change payee
- Birth additions

Important deadlines

- UPDATE mailing address or pick up location by Wednesday, March 12.
- DIRECT DEPOSIT and ELDER DELIVERY on Wednesday, April 2.
- Canada mail will go out **April 7 & 8.**

The distribution for April 2025 will be a total of \$266.50. This amount includes the Regular Distribution and Cost-of-Living Adjustment.

A Cost-of-Living Adjustment is an increase to help people keep up with rising prices for everyday things such as food, housing, and transportation. It's designed to make sure your money can still buy the same amount, even when the cost of living goes up because of inflation.

If you have any questions or to update your information, contact Ts'ixwts'ixwnítway (Member Services) at membership@squamish.net or 604-982-7610.





Super Clinic 2025

Squamish Valley Operations – Membership Services Health • Squamish Nation Emergency Safety Team

Status Cards (SCIS) • CRA Taxes & Service Canada • WorkBC • Provincial Ministry of Citizens' Services • Service BC • Eagle Bay Financial • FNHA • Sea to Sky Foundry Services • RCMP Integrated First Nation Unit (INFU) team • Squamish Fire Hall 2 Fire-rescue

> Differences in disability

> Tax issues: late taxes

> Child tax issues

➤ New pensioner sign-up package

> Eagle Bay — Group retirement,

medical benefits while working

Date: April 4th, 2025 (Friday) Time: 9:30 AM – 3:30 PM

Lunch break: 12:00 PM - 1:00 PM

Location:

1380 Stawamus Road — Totem Hall, gymnasium

ALL WALK-INS WELCOME; NO APPOINTMENT REQUIRED

<u>Description of available services:</u>

- > Status Cards renewals & new applicants
- ➤ WorkBC jobs & address change issue
- ➤ Service Canada Benefits available for pension
- > Squamish community foundation resources
- > FNHA 6 Health Benefits First Nations people have access to: Pharmacy, Medical Transportation, Vision, Dental, Mental Wellness, Medical Supplies & Equipment
- Emergency Planning & Response: "Help keep our community safe" information.
- ➤ BC Birth Certificate, Mobile BC Services Card set-up and verification, MSP questions, BC Business Name Approval & Registration, etc.

For more info, contact: Patricia Brown Membership Services Officer Direct: 604-848-2232 | Cell: 604-815-9099

Ta na wa Ch'awat ta SJ!We)!wel Squamish Valley Operations 1380 Stawamus Drive,

PO Box 2180 Squamish, BC V8B OBS **T** 604-892-5166 **F** 604-892-3486

squamlsh.net



Honouring Our Skákelechet Baby Ceremony 2025

Ayás Ménmen (Child & Family Services) invites community members with children born between October 1st, 2024 to March 30, 2025, to participate in our Baby Ceremony (and also for those babies who haven't participated in a previous Baby Ceremony). A meal will be served at the event.

To help us with planning please register with Edmund Guss at Edmund_Guss@squamish.net or call 604-849-2490.

Sunday, April 13, 2025 10:00 am – 2:00 pm Totem Hall - 1380 Stawamus Road, Squamish, BC



20

Employment & Future Skills

Stitsma Career Centre



Stitsma Career Centre

Employment & Future Skills

Empower Your Future with Stitsma Career Centre

Stitsma Career Centre 1221 Chief Billy Drive, Squamish Valley

March 26, 2025

Sts'its'áp'newas



Empower Your Future with Stitsma Career Centre

Stitsma Career Centre 1221 Chief Billy Drive, Squamish Valley



BABYSITTING TRAINING

In partnership with Sea 2 Sky Services

Youth ages 13+ are invited to register for Babysitting Training. Learn to look after babies, toddlers, preschoolers and school-age children.

What will you gain?

- First Aid training
- Skills to play games and organize activities to keep kids of all ages entertained.
- Skills to create a safe environment, and deal with phone calls and unexpected visitors.
- + much more!

What is included:

- \$75/day incentives
- Lunch

Register by March 19

9:00 AM - 3:30 PM Sandman Hotel 39400 Discovery Way, Squamish





April 28 - September 5, 2025 Monday - Friday 9:00 am - 3:00 pm





CARPENTRY LEVEL TWO

Have you completed Carpentry Level One and finished your L1 apprenticeship hours? Are you ready for level two? If so, we encourage you to apply today!

What skills will you expand on?

- Drawings and specifications
- Building codes and bylaws
- Using portable and stationary power tools
- · Concrete form work
- Framing walls, stairs, and roofs (gabled)
- Installing doors, windows and their hardware
- · Exterior finishes

What is included:

- free tuition & training allowance
- meal plan and childcare subsidy, transportation

Apply by April 8

tradescentre@squamish.net **(**) 604-980-7946



FORTISBC/WLNG CAREER FAIR

Are you ready to unlock new career opportunities?

The Stitsma Career Centre is excited to announce an upcoming Career Fair! Connect with various representatives from FortisBC, Woodfibre LNG and the Eagle Mountain Project.

Available job positions include but are not limited to:

- Environmental Monitors
- Drivers
- Labourers
- Concrete Framers
- Administrative roles

March 21, 2025 3:00 PM - 6:00 PM **Totem Hall** 1380 Stawamus Road Squamish, BC



Empower Your Future with Stitsma Career Centre

Career Services

- Resume Building
- Cover Letter Writing
- Tips on Interviewing
- Career Counseling
- Work Gear
- Job Searching
- Short Term Training



See our current job opportunities please visit our job bank



(604-848-2202 stitsma_career@squamish.net



Employment & Future Skills

Stitsma Career Centre

Empower Your Future with Stitsma Career Centre

Stitsma Career Centre 345 5th St W, North Vancouver 1221 Chief Billy Drive, Squamish Valley

UPCOMING PROGRAMS



NORTH VANCOUVER

Food Safe Level 1

April 7

Basic First Aid

April 14

What the L

May 5 & 12

Intermediate First Aid (formerly OFA 2)

May 5 - 6

Class 4 Workshop

June 2, 3 & 9

Traffic Control Personnel

June 23 - 24



SQUAMISH VALLEY

Food Safe Level 1

April 17

Fall Protection + Confined Spaces Training

+ WHMIS

May 1

Transportation Endorsement

May 15

Serving it Right

May 21

Class 4

June 9, 10 & 17

Advanced First Aid (formerly OFA 3)

June 2 - 13

Empower Your Future with Stitsma Career Centre

Career Services

- Resume Building
- Cover Letter Writing
- Tips on Interviewing
- Career Counseling
- Work Gear
- Job Searching
- Short Term Training



See our current job opportunities please visit our job bank

(NV: 604-985-7711 SV: 604-848-2260 stitsma_career@squamish.net



MARCH 20, 2025

Health Programs Driver | Term Full-Time Yúustway Health and Wellness North Vancouver, BC

Cultural Collections Lead |

Permanent Full-time Ta na wa Ns7éyxnitm ta Snewiyelh - Language and Cultural Affairs North Vancouver, BC

Accounts Payable Team Lead |

Permanent Full-time Estxwáýusem Finance North Vancouver, BC

Principal | Permanent Full-time Ta7lnewás Education North Vancouver, BC

DEVELOP YOUR CAREER WITH THE NATION



604-985-8335 | careers@squamish.net

Chéńchenstway (Human Resources) connects with all Squamish People who apply for positions with Skwxwú7mesh Úxwumixw. We look forward to receiving your application and supporting your professional growth with the Nation.

squamish.net/careers







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NEXT INTAKE APRIL 2 -**JUNE 14, 2025**

Apply now at slcc.ca/IYA





Don't miss Squamish's largest free and accessible hiring fair! Connect with local employers and explore exciting job opportunities. Register today to secure your spot!

April 3rd, 2025 10:00 AM - 1:00 PM



Auditorium Gym at Brennan Park 1009 Centennial Way, Squamish, BC

Presented By:













This program is funded by the Government of Canada and the Province of British Columbia



Yúustway Health & Wellness Health Benefits Advocacy & Promotion

ABOUT NCH'KAY

Nch'kaý Development Corporation (Nch'kaý) is the economic development arm of the Squamish Nation. Our mission is to pursue successful business opportunities that contribute to the long-term wealth and prosperity of the Skwxwú7mesh Úxwumixw and Skwxwú7mesh Stélmexw (People).

NCH'KAY IS HIRING!

CURRENT OPPORTUNITIES

- Business Analyst Nch'kaý Head Office
- **Development Manager** Nch'kav Head Office
- **Director, Asset Management** Nch'kay Head Office
- **Director of Development and** Construction Nch'kaý Head Office
- Customer Service Representative Squamish Valley Gas Bar
- HR Coordinator, Learning and **Development** Nch'kaý Head Office
- Manager Forestry Nch'kaý Head Office



Visit our Careers Page to learn more!



WHY WORK WITH US?

- Opportunities for career growth and development
- Friendly and supportive work environment
- Flexible hybrid work schedule
- Extended health benefits, life insurance for full-time workers
- Employee and Family Assistance Program
- Pension Plan and Supplementary Savings Plan.



Medical Travel for Members Living on Reserve: Info Sheet

When a member books a medical appointment that is more than 30 km away from home, with no closer options, they may qualify for a Gas PO. This happens in two ways:

1) Members living on reserve can contact Caroline @ Health Benefits: 236-877-7782 or by filling out and dropping off the attached intake form at Totem Hall.

The Member or someone acting for them can pick up the PO at Totem Hall.

**There are no Squamish Nation Employee Drivers for this service **

- 2) Elders can contact the Elders Team and book a ride with them. The PO will be given to the Elders Driver.
- 3) All confirmation forms must be signed and returned.

Gas PO Policy:

- a) 48 hours-notice is required for ALL Gas PO requests. Urgent requests will be considered on a case by case basis, time permitting.
- b) Only one active PO can be issued per trip.
- c) PO's are non-transferrable & must be returned if the appointment doesn't happen.
- d) **24 hours-notice is required for cancellations** with the Elder Drivers, as well as requests to change any Gas PO.

Page 1 of 1



^{**}Members living off reserve should contact FNHA directly at 1-855-550-5454**



Skwxwu7mesh Uxwumixw | Squamish Nation Ymrsway Health Services

MEDICAL PATIENT TRANSPORTATION INTAKE						
Travel Details						
Name of Patient:						
Address:						
Date of Birth:	Age:					
	DD/MM/YYYY Name of Driver:					
Care Card #:	Phone Number					
Status #:	JDE #:					
Travel to:	(Ex. Doctor's/Dentist Name, Hospital Name etc)					
Address:						
Phone:	Fax:					
Appt. Date	Time: Return Time:					
Purpose of Visit						

~*OFFICE USE ONLY*~							
Date Requested	(DD/MM/YYY	Mode Transp	of oort Requeste	ed:	Taxi:	Bus:	
Тахі Туре	Regular:	Wheelchair	Re	turn Trip:			
P/O #		Amo	ount:		Date: =		
	Zone	Quantity	Rate			(DD/MM/YYYY)	
Compass Card:	One Zone		\$2. ²⁰ ea	Compass C	Card #:		
	☐ Two Zone		\$3. ²⁵ ea				
	Adult Day		\$10. ⁰⁰ ea				
II DARE	Monthly		\$126.00 ea				
HanyDART Fare Savers #	Zone:						
HBA&P Signature				Date:			

Skwxwú7mesh Úxwumixw - Syétsm tl'a Sxexelhnát - Squamish Valley



NCH'U7MUT GATHERING

Community group for 2SLGBTQIA+, those questioning, and allies/support people. Each gathering will have a traditional craft session to participate in as we share and educate on our collective experiences. Food and snacks will be provided.

> Thursdays, February 6th, 20th, 27th, March 6th, March 20th, and March 27th 5:00pm - 7:00pm **River Room 2 at Lions Gate Community Rec Centre** 1733 Lions Gate Ln, North Vancouver

February 13th and March 13th 6:15pm - 8:15pm **Marine Room at Lions Gate Community Rec Centre** 1733 Lions Gate Ln, North Vancouver

> **Facilitated by Sidney Crosby and Steph Matthews**

Scan to register (drop ins welcome as well)



Please note this group is for Squamish Nation people, their familes, and those that reside in the community, ages 17+.

You can contact us with any questions or about transportation: call or text 236 818 3154 or email wellness@squamish.net





Yuustway Health & Wellness Health Benefits Advocacy & Promotion



Friday April 4th 2025

Optometry Appointments
With Omni Eye Vision

1221 Chief Billy Drive, Unit B 10 am - 5 pm

Open to all community members Direct billing available!

Contact Caroline to book: 236-877-7782 caroline_perrin@squamish.net



BC Cancer Mammogram Van Squamish Valley Visit

If you are over 40 and due for a mammogram, the BC Cancer Mammogram Van will be back in Squamish next month.

Thursday, April 10 | 10:00 am to 4:30 pm | Waterfront Office, Stawamus Reserve

If you are unable to attend on this day, please see the BC Cancer website for clinic locations: bit.ly/BCMammogramClinicLocator.

Registration is required by March 27. We will help you complete your intake package.

To register, reach out to Caroline Perrin at Caroline perrin@squamish.net, or 236-877-7782.

Skwxwú7mesh Úxwumixw

DRUG CHECKING

STAMUS
WHEN: Fridays, 1:30PM to 3:30PM
WHERE: Waterfront gravel road, Chief Billy Drive

Community Health and Wellness Peer Support Workers will be offering weekly drug checking in Squamish Valley.

- Confidential space to have your drugs checked
- On the spot Naloxone training from peer support workers
- Resources and safe use supplies
- Snacks and beverages

Questions? Contact Briana Gonzales at 236-886-2613







Bus Schedule Ages 6-11 Cheekeye: 9:15AM

Teen Cenrtre: 9:30AM

Eagle Run: 9:35AM

North Yards: 9:40AM Down Town: 9:45AM

Totem hall: 9:55AM

Dress for the wheather

Lunch

Provided

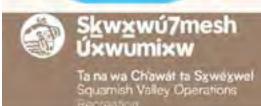
Pack a Water bottle Contact:

Ages 6-8 & 9-11

Lawrence Lewis

604-849-0750

Jan Eckstein





For Squamish Nation/community members who reside in Squamish Valley

Ages 6-8 March 17-20 Ages 9-10 March 24-27 Ages 11-12 March 17-20 Ages 13-18 March 24-27

Groups are subject to change if capacity is reached



DEADLINE TO REGISTER MARCH 7, 2025 SQUAMISHRECREATION@SQUAMISH.NET



Ta na wa Ch'awát ta Sxwéxwel Squamish Valley Operations Recreation

Education, Employment & Training







Ta na wa Ch'awát ta Sxwéxwel Squamish Valley Operations Recreation

squamish.ne





Spoon making workshop

With Tsawaysia Spukwus

For Squamish Nation/SN community members who reside in Squamish Valley. 16+

Spots limited

March 27, 2025 5:00PM

Stawamus Waterfront



Contact:

- C 604-892-5166
- SquamishRecreation@Squamish.net



mish Valley Operations

Toron Management



FAMILY EASTER PARTY

A private event for Squamish Nation/SN community members who reside in Squamish Valley

Date: April 16, 2025 Wednesday Time: 6:00-8:00PM 1380 Stawamus RD - Totem hall

crafts - food - fun!

For transportation please contact SquamishRecreation@squamish.net or 604-892-5166





Skwzwú7mesh úxwumixw

To no we Ethiosal to Sewerpool.

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NEWS & UPDATES



Reach for the Stars 9th Annual Gala Fundraiser

On February 28, the Nexw7áystway
Training & Trades Centre (NTTC) hosted
the 9th Annual Reach for the Stars Gala
Fundraiser at Chief Joe Mathias Centre.
Each year, the Gala is held to raise money
for programming and student support at
the NTTC. Funding goes directly towards
personal protection equipment, start up
tools, creating curriculum, emergency
support funds, work practicums, childcare
subsidies and so much more.

The night was complete with a VIP hour, live auction, silent auction, games, a performance by Welh Tima Kexwusem, dinner and other festivities! Thank you to the student volunteers, sponsors and staff who made the event a huge success.

The 2024 Gala raised \$187,938 allowing the NTTC to provide quality training to support the long-term labour market success of Indigenous people. The NTTC is excited to total the exact amount that was raised this year thanks to the sponsors and attendees.











Ta na wa Ch'awát ta Sxwéxwel Squamish Valley Operations Recreation

equamish.net

NEWS & UPDATES



Medal Presentation Boxes for Invictus Games



Blessing Ceremony

On February 3, a blessing ceremony was hosted at the NTTC to unveil the medal presentation boxes for the Invictus Games. A lovely morning of connection, blanketing of honoured guests and refreshments was held to commemorate this exciting milestone for the students that worked on the project and the NTTC. The NTTC was pleased to have staff from the Invictus Games team join in blessing the boxes.

Medal Presentation Boxes

The NTTC had the amazing opportunity to design and create the Medal Presentation Boxes for the Invictus Games. The Invictus Games are an international sporting event for wounded, injured and ill service members and veterans that took place from February 8 - 16. The twelve students who participated in the Woodwork Training program in Fall 2024, created forty bentwood boxes alongside Spirit Works Limited. The boxes were crafted out of yellow cedar with red cedar edges, forever linking Squamish culture to this legacy project.



Connect with us

604-980-7946





