



**Skwxwú7mesh Úxwumixw**  
Squamish Nation

# Weekly Newsletter

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Tax Preparation Services  
with Patricia Brown.

Thursdays at Totem Hall from 9:00AM to 4:00PM.

Services available for those with simple tax returns (no business income) and is free for elders, Income Assistance Clients, and members with low income as set by the CRA

April 2024 Distribution

April, 4th Thursday &  
April, 5th Friday

8:30am-4:30pm

Income Assistance Cheque Day:  
Wednesday, March 27, 2024



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Úxwumíxw**

Ta na wa Cháwát ta Sxwéxwel  
Squamish Valley Operations



*March 2024*

Tem lhawt' [Time of healing/Time of life to return]

**Squamish Valley Elders Program Calendar**



SUNDAY  
Sxexelhnat

MONDAY  
Skwetkalhyes

TUESDAY  
Stsamyés

WEDNESDAY  
Schanxwyes

THURSDAY  
Sxaa7utsens

FRIDAY  
Stsiyachis

SATURDAY  
T'akw'entem

<b>LEGEND:</b> Unless stated, all programs will be at Totem Hall <b>Red</b> = Birthdays <b>Purple</b> = Programs that REQUIRE Sign Up						1 9 Nisga Hobiyeé PNE	2
3	4 RR Staff Meeting	5 10:30 Wayne Mah 10:30 Brunch	6 Luncheon	7 10-3pm Elders Wellness day	8 All Staff Meeting All Day		9
10 Daylight Saving Time Starts- Turn	11	12 10:30 Brunch 10am Fitness	13 10am Language & Culture Event	14 Herring Ceremony	15 11-2 Community development		16
17 St Patricks	18	19 10:30 Brunch 10am Fitness Visit with Mayor	20 Luncheon	21 1pm Bingo	22		23 MAUREEN B
24	25	26 10:30 Brunch 10am Fitness	27 Easter Luncheon	28	29 DEBBIE M. Good Friday Office Closed		30 THERESA H

31 Easter
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## April 2024 Distribution

Nexwsxwníwntm ta Úxwumixw (Council) and Ts'ixwts'ixwnítway (Member Services) would like to update Members on the Squamish Nation Distribution for April 2024.

**Thursday, April 4 &  
Friday, April 5, 2024**

**8:30 am – 4:00 pm**

Open during lunch hour (12:00 pm – 1:00 pm)

### **Pick up locations:**

Totem Hall  
1380 Stawamus Drive  
Squamish

Elders Centre  
100 Mathias Road  
North Vancouver

**NEW  
LOCATION**

Members can update the following information:

- Direct deposit
- Mailing address
- Pick up location
- Name change
- Change payee
- Birth additions

### **Important deadlines**

- SIGN UP or UPDATE direct deposit by **Friday, March 1**
- TEST PENNY check for deposits on **Friday, March 8**
- UPDATE mailing address or pick up location by **Friday, March 15**
- DIRECT DEPOSIT and ELDER DELIVERY on **Wednesday, April 3**

**If you have any questions or to update your information, contact Ts'ixwts'ixwnítway (Member Services) at [membership@squamish.net](mailto:membership@squamish.net) or 604-982-7610.**



# SQUAMISH NATION

## DISTRIBUTION ADMINISTRATION POLICIES

(one form per Member)

### PICK UP AUTHORIZATION

Date received:

(for office use only)

Member Services ♦ Unit 6 – 380 Welch St ♦ West Vancouver, B. C. V7P 0A7 ♦ Tel. (604) 982-7610 ♦ Fax (604) 982-7658

#### A. MEMBER INFORMATION

Full Name of Member: \_\_\_\_\_

Member No.: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

#### B. MINOR'S INFORMATION

#### MINOR'S MEMBER NO.

_____	_____
_____	_____
_____	_____
_____	_____

I authorize the Squamish Nation and Registrar this one time to give my, and the above listed Minor's for whom I am Guardian, Distribution Share(s) payable on the Distribution Date noted below to the person named below.

#### C. DISTRIBUTION DATE AND RECEIVING PERSON INFORMATION

Distribution Date: \_\_\_\_\_

Full Name of Receiving Person: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I certify that the information provided in this Pick Up Authorization is to the best of my knowledge, true, correct and complete and that I have freely given the authorization made above.

Signature of Member \_\_\_\_\_ Date signed: \_\_\_\_\_

Signature of Registrar \_\_\_\_\_ Date signed: \_\_\_\_\_

*Note to Member: a Pick Up Authorization is valid for one Distribution Date only. This Pick Up Authorization must be filed with the Registrar on or before the Distribution Date specified above.*



**1**

### DETERMINE IF YOU QUALIFY

This is for Members with **simple tax returns** (eg. no business income).



**FREE for:**

- Elders 55+
- Income Assistance clients
- Members with 2023 low income



You **MUST** sign the forms when submitting documents.

**2**

### SUBMIT PAPERWORK & SIGN FORMS

In-person and online options from **March 11 to May 17**

**3**

### WAIT FOR PROCESSING

H&R Block will contact you if any more information is needed.

**4**

### SIGN THE RELEASE FORM

You will be contacted when your return is ready. You must **sign a release form** (and pay if not eligible for the free service).



Email [tax\\_returns@squamish.net](mailto:tax_returns@squamish.net)

Visit [squamish.net/tax-return](https://squamish.net/tax-return)

# SQUAMISH VALLEY SUPER CLINIC



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Squamish Nation

**DATE:** April 19th

**TIME:** 9am-3pm

Lunch break 12-1pm

**LOCATION:** Totem Hall Gym

- **SERVICE CANADA**

-Tax Disability/Child Tax

Pension benefits/New Pensioners

- **EAGLE BAY FINANCIAL**

- **COMMUNITY LIVING BC**

- **SEA TO SKY COMMUNITY SERVICES**

- **HEARING LIFE**

-Offering hearing tests

- **SQUAMISH COMMUNITY FOUNDATION**

- **CANADA REVENUE AGENCY**

- **BC SERVICES**

- **THE FOUNDRY**

-Youth services

- **WORK BC**

-Employment services

For more information contact:

**Patricia Brown & Kristie Lummack** Membership Services Office  
patricia\_brown@squamish.net, klummack@squamish.net 604-848-2232



**COME AND SUPPORT**

**ZANE CAMPBELL (GUSS)**



Fundraising for field and box lacrosse fees,  
travel, training, and equipment.



*Saturday, April 6th*

**1PM-9PM**



**Chief Joe Mathias Center—100 Capilano Rd—N.Van**

**\$50 BUY-IN / \$40 REBUY-IN**



**RSVP / QUESTIONS COLLEEN [778-997-3842](tel:778-997-3842)**



**OR GEORGE [604-725-0090](tel:604-725-0090)**



**2024**

# tem kw'e'yús

(SPRING FESTIVAL)

**APPLY TO BECOME A VENDOR**



The countdown to tem kw'e'yús (Spring Festival) 2024 is on and we're looking for vendors!

**Sunday, March 31, 2024**

11:00 am – 3:00 pm

Chief Joe Mathias Centre (100 Lower Capilano Road,  
West Vancouver)

**APPLY TO BECOME A VENDOR**

Apply by Friday, March 22, 2024. Priority given to Indigenous vendors. The fee is \$25 per table, plus a donation of a small door prize.

**HOW TO BECOME A VENDOR**

**Contact Stephanie Watts**

604-985-4111 | [Stephanie\\_Watts@squamish.net](mailto:Stephanie_Watts@squamish.net)





# How can having a personal contents insurance policy help you?

A fire breaks out in the kitchen of Kathleen's home on-reserve. She calls 911 and the fire is put out. There is smoke and water damage.

The next day Kathleen emails [insurance@squamish.net](mailto:insurance@squamish.net) to request a property claim form. She fills it out and includes photos of the damage and the fire report. What happens next?

The Nation's insurance provider determines that the cost to repair the damage is less than \$50,000.

Kathleen submits a work order to Community Operations to support with renovations and fix the damage (such as new paint, floors, cabinets).

The cost to replace Kathleen's personal items are not covered by the Nation's insurance, which may include dishes, furniture, coffee machine, etc.

**Scenario A:** Kathleen has personal contents insurance which she arranged with an external provider.

She will pay the deductible and submit receipts to receive reimbursement for the replacement of her personal belongings.

**Scenario B:** Kathleen does not have personal contents insurance.

She must pay the full cost to replace her personal items that have been damaged.

The Nation's insurance provider determines that the cost to repair the damage is more than \$50,000.

Kathleen begins working with Planning & Capital Projects for a major repair, as there was significant damage that will take time to fix.

The cost to replace Kathleen's personal belongings depends on whether she has personal contents insurance with an external provider.

**Scenario A:** Kathleen has personal contents insurance which she arranged with an external provider.

She will pay the deductible and submit receipts to receive reimbursement for the replacement of her personal belongings.

**Scenario B:** Kathleen does not have personal contents insurance.

She must first pay the \$50,000 deductible before the Nation's policy will take effect and cover costs.



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## **Contents Insurance Frequently Asked Questions**

### **1. Did the Nation pay for home contents insurance in the past?**

The Nation has always insured all homes on-reserve. Prior to 2020 however, the Nation was covering the cost of insurance claims below the deductible amount. This was found to be in violation of section 10.2 of the Housing Policy: *"The Member, and not the Nation, will be responsible for the deductible portion of any insurance claim."*

### **2. When did this practice change?**

In 2020, the Nation chose a different insurance carrier which offered better services and improved coverage. This did result in an increased deductible amount from \$10,000 to \$50,000. Covering the deductible amount was found to be in violation of section 10.2 of the Housing Policy: *"The Member, and not the Nation, will be responsible for the deductible portion of any insurance claim."*

Current insurance carrier AON Stern House has offered the Nation a sizeable discount, which is being used to offset the cost of subsidizing contents insurance for low-income Members.

### **3. Why do we recommend that Members get contents insurance?**

Contents insurance assists in replacing damaged personal belongings in the event of fire, water damage, burglary etc. All homes on-reserve are insured by the Nation however, the costs to replace personal belongings are not. Having a contents insurance policy will support Members in paying costs associated with replacing personal belongings. All Members, whether they rent or own their home, should have personal contents insurance.

### **4. What is the Nation doing now to support Members to get content insurance?**

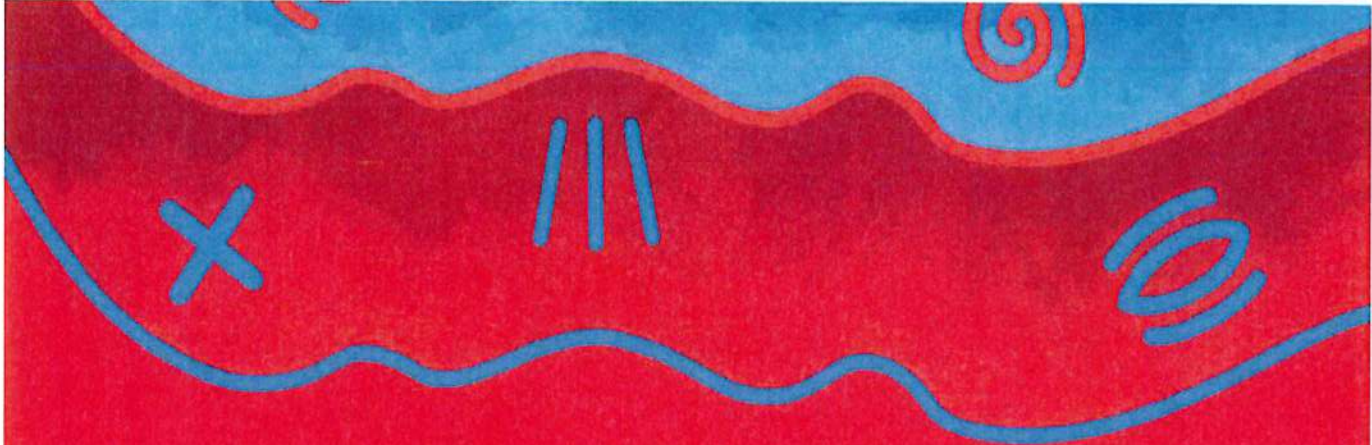
Nexwsxwníwntm ta Úxwumixw (Council) approved subsidizing contents insurance for those who are low income (this classification is set by Canada Revenue Agency but is around \$21,000/year).

### **5. What can Members expect to spend monthly/yearly for contents insurance?**

Contents insurance policies vary between providers. The deductible (amount you have to pay before the policy covers costs) can also vary. It is recommended to look at different providers to see the types of policies available for your circumstances.

### **6. Does the Nation have a preferred vendor for contents insurance?**

Every Members' circumstances are unique with regards to the types of belongings they need to protect. Therefore, the Nation is unable to recommend a specific policy or vendor for contents insurance.

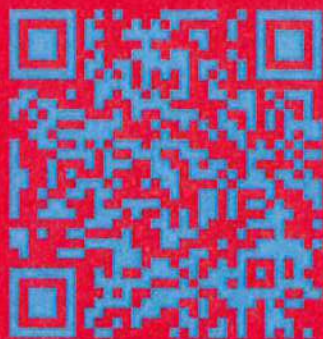


The Audible Indigenous Writers' Circle is a six-month mentorship and workshop program for emerging First Nations, Inuit and Métis writers in Canada looking to elevate their stories. The 2024 program will launch on **June 1, 2024**.

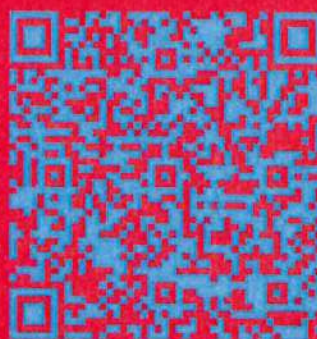
The **application deadline is Monday, April 1**, at 11:59 pm Pacific Daylight Saving Time.

**Apply to participate today!**

**Program Page**



**Apply Here**



**audible** 



# Eshíhkw'iws Chet

## Health & Wellness and Jobs, Income & Schooling Census Data Available

We gathered valuable data on these topics, such as:

- ♦ A majority (82%) of respondents are quite or somewhat happy most days of their life.
- ♦ Most respondents are employed (67%), are working full-time (75%), and one in ten (11%) are self-employed.
- ♦ Most respondents exercise regularly, and 58% of respondents never drink alcohol, smoke tobacco (77%), use cannabis (56%), or vape (85%).
- ♦ About half (47%) of respondents have finished some form of post-secondary or trades training, and 41% have completed high school or an equivalent.
- ♦ To help improve their health and wellness, respondents want support for traditional medicine (39%), lifestyle changes (35%), land and water-based healing (33%), cultural and spiritual services (31%), and mental and emotional health services (29%).

Scan the QR code below  
to learn about the census!



2024

# March tem lhawwt'

"Bears come out of hibernation"



	Skwelkalhyes	Sisamyas	Schanxwyes	Sxaa7ulsens	Sisiyachis	
					1	
					Family storytimes @ Squamish library	
	4	5	6	7	8	
<b>Herring Spawn time</b>		Book of the month Song of the month	MOTHERGOOSE	Culture & Language W/ Naomi	Family storytimes @ Squamish library	
	11	12	13	14	15	
		Craft & COHI visit	MOTHERGOOSE	Nurse in program Culture & Language	Family storytimes @ Squamish library	
		19	20	21	22	
		Pool	Gondola	Culture & Language W/ Naomi	Family storytimes @ Squamish library	
		26	27	28	29	
		Nature Walk	Aquarium	Skating	Family storytimes @ Squamish library	

**Ayas Lam Family Program**  
 Facilitator: ashley\_lewis@squamish.net  
 604-209-4888

AIDP: Jessie 604-753-8703

Culture/Language: Naomi 604-815-7260



## Cervix Self-Screening

The power to screen is in your hands.

There's another way to screen for cervical cancer that can be done wherever you feel safe and comfortable.

### Who should screen?

- Have a cervix, including women and TTGD (Two-Spirit, transgender and gender-diverse) people
- Are 25-69 years of age
- Have not received a Pap test in 3 years or more, or completed HPV testing (self-collected or health care provider-collected) in 5 years or more
- Have ever been sexually active

The Public Health Nurses from Yúustway Health & Wellness are happy to help order and collect swabs, send them in, and answer questions about follow-up

Liz : 604-815-3899

Brenna: 604-849-2395



Another way to screen for cervical cancer:

- An alternative to the Pap test
- No need to see a health care provider
- Not painful
- Easy and safe
- Completed in privacy
- Get your results in weeks

### REQUEST A KIT

Speak with your community health centre or order online at [screeningbc.ca/cervix](https://screeningbc.ca/cervix)



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Yúustway  
Health & Wellness

# Are you protected against Measles?

BC recently confirmed its first case of Measles since 2019. Measles is extremely contagious and is spread through the air by coughing and sneezing, and remains present in a room for several hours.

An unvaccinated person who is infected by measles can have serious complications, such as pneumonia, hearing loss, brain injury, and death. In pregnant women, measles infection can lead to miscarriage, premature labor, or a low birthweight baby.

The symptoms of measles are fever, red watery eyes, which may be sensitive to light, cough, runny nose, and a rash.

To protect yourself, your loved ones, and your community, it is important to ensure your vaccinations are up-to-date. In BC 2 doses of measles-containing vaccine is 99% effective against contracting measles. The vaccine is safe.

Please check your Immunization Records and/or contact your health care provider to ensure that you and your family are up-to-date with your immunizations.

In BC, the measles vaccine is usually given to children as a series of two doses. The first dose, known as the Measles, Mumps, and Rubella (MMR) vaccine, is given on or soon after a child's first birthday. The second dose is called the Measles, Mumps, Rubella, and Varicella (MMRV) vaccine, and is given around the time a child starts school.

Immunizations are available at our All Ages Drop-in Immunization clinics, which are offered monthly at Ayas Lam Program House. The next clinic is on March 21st, 2024 from 1:30pm - 3:30pm

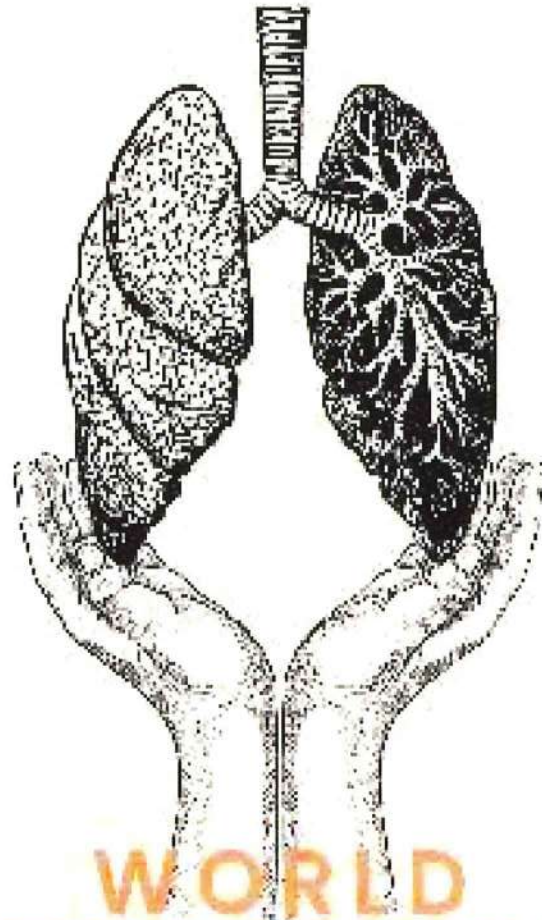
Questions?

Please Contact Liz Grant, Public Health Nurse,  
Squamish Nation Squamish Valley at 604.875-3899



**Skwxwú7mesh  
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\*Curfew  
4:30 PM - 6:00 PM



WORLD  
**TUBERCULOSIS**  
DAY  
MARCH 24

First Nations peoples have rich histories of wellness. Colonialism has had damaging impacts on health, including harms caused by tuberculosis (TB). TB is a preventable and curable disease caused by a bacteria that usually affects the lungs. It spreads from person to person through air.

Scan QR code for more information on FNHA services and resources



Please speak with your trusted healthcare provider if you have any questions about TB.



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Yúustway  
Health & Wellness





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Squamish Nation

## **Application for 2SLGBTQIA+ Inclusion Initiative Community Advisory Working Group (CAG)**

Application deadline: Wednesday, April 3, 2024 at 9:00 am (NEW DATE)

All sections of this application are required.

### **Personal information**

**Name to use:**

**Pronouns** (voluntary):

**Phone number:**

**Email address** (if available):

**Full legal name** (if different from name to use):

**Band number:**

### **Reason for Applying**

Please explain why you think you are a good candidate to serve on the 2SLGBTQIA+ Inclusion Initiative CAG.



### **Please check all the categories that apply to you (optional):**

We want to make sure the committee includes people with different experiences, perspectives, and voices across the Squamish Nation. To help us do that, we invite you to share information about yourself; we don't want to guess. It is completely voluntary to provide your details.

- 2SLGBTQIA+ person
- Ally of the 2SLGBTQIA+ community
- Elder
- Youth
- A community member living in the Squamish Valley
- A community member living in the North Shore
- A community member living off-reserve

### **How to Apply**

Complete a form and submit it by Wednesday, April 3, 2024 (NEW DATE) at 9:00 am. You may also attach your cover letter and resume.

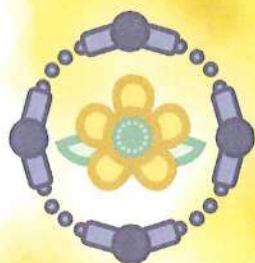
### **Choose any of the four ways to submit your application:**

1. Complete the application form online at [squamish.net/two-spirit-inclusion](https://squamish.net/two-spirit-inclusion).
2. Drop off your completed application form at Totem Hall reception (1380 Stawamus Road, Squamish), Ayás Méhmen (Child & Family Services) reception (Unit 2, 380 Welch Street, West Vancouver), or the Main Band Office reception (320 Seymour Boulevard, North Vancouver).
3. Mail your application to PO Box 86131 North Vancouver, BC V7L 4J5, Attn: 2SLGBTQIA+ Inclusion Initiative.
4. Ask for support with completing your application, or find an alternative way to apply by contacting the Main Office at 604-980-4553 or email [twospiritinclusion@squamish.net](mailto:twospiritinclusion@squamish.net)

For questions, call 604-980-4553 (please ask for the 2SLGBTQIA+ Inclusion Initiative) or email [twospiritinclusion@squamish.net](mailto:twospiritinclusion@squamish.net).

We thank all applicants for their time and effort, and we look forward to connecting with you.

The First Nations Child and Family Services and Jordan's Principle Settlement has been approved.  
**This is what this means for you.**



**First Nations Child  
and Family Services  
and Jordan's Principle  
Settlement**

The Court has approved the Settlement Agreement in the First Nations Child and Family Services and Jordan's Principle Class Action. This means that Canada will pay \$23.34 billion in compensation for impacted First Nations children and some of their family members.

This notice provides information about the Settlement. You can find more information and sign up for updates at [www.fnchildclaims.ca](http://www.fnchildclaims.ca) or you can call 1-833-852-0755.

**What's the Settlement about?**

The Settlement provides compensation to First Nations children living on reserves or in the Yukon who were removed from their homes by child welfare agencies operating in First Nations communities and placed in out-of-home care between April 1, 1991 and March 31, 2022.

The Settlement also provides compensation to First Nations children who did not receive timely access to essential services and who had a confirmed need for those services between April 1, 1991 and November 2, 2017. This treatment discriminated against the children and broke a legal rule known as Jordan's Principle.

## Am I included in the Settlement?

**Compensation is not yet available.** When it becomes available, you may be eligible for compensation if you are one or more of the following:

### A child removed from their home or placed off-reserve

Removed Child Class

- First Nations children who, while under the age of majority between April 1, 1991 and March 31, 2022, were living on a reserve and were removed from their homes by child welfare authorities or voluntarily placed into care.
- The placement was funded by Indigenous Services Canada (ISC).
- At least one caregiver (parents or grandparents) were resident on reserve or living in the Yukon.

### A child who had a denial or delay of an essential service

Jordan's Principle Class

Trout Child Class

Essential Service Class

- First Nations children (living on-reserve or off-reserve) who were confirmed to need an essential service but faced a delay, denial or a gap in receiving that essential service between April 1, 1991 and November 2, 2017.

### A child placed off-reserve

Kith Child Class\*

Kith Family Class\*

- First Nations children placed off-reserve with a non-family caregiver.
  - The caregiver did not receive any funding related to the placement.
  - A Child Welfare Authority was involved at the time of the placement.
- Caregiving parent or grandparent of children of the Kith Child Class

\*If you think you are in this group or their parent or grandparent, and you **want to be excluded from the settlement**, you can remove yourself by submitting an Opt-Out Form, by January 15, 2024. If you submit the Opt-Out Form, **you will not receive compensation** from the settlement.

### The caregiving parent or grandparent of a child who experienced removal or a delay or denial of an essential service

This includes birth, adoptive and step parents.  
It does not include foster parents.

Removed Child Family Class | Jordan's Principle Family Class  
Trout Family Class



A fund of \$50 million will be established to assist First Nations children and families impacted by Canada's discrimination. An additional fund of \$90 million will be established to benefit high-needs Jordan's Principle class members to ensure their personal dignity and well-being.

## When will I receive compensation?

The first Claim Forms will be available in several months. Please visit [www.fnchildclaims.ca](http://www.fnchildclaims.ca) for more information, updates and timelines, and to find out when Claim Forms will be available.

## What can I do now?

Sign up for updates at [www.fnchildclaims.ca](http://www.fnchildclaims.ca). This will ensure that you receive updates on the claims process and a copy of the Claim Forms when they are available.

**There are supports and resources available to help you understand the Settlement and apply for compensation when the claims process is open.**



To learn more about the Settlement and sign up for updates on the claims process, visit [www.fnchildclaims.ca](http://www.fnchildclaims.ca).



Claims support services are available by calling the Administrator at **1-833-852-0755**.



If you are experiencing emotional distress and would like to speak with a counsellor, please contact the **Hope for Wellness Helpline** at **1-855-242-3310**, or visit [www.hopeforwellness.ca](http://www.hopeforwellness.ca) to chat.

# AUDIOLOGY SERVICES in Squamish Nations



**Sk̓w̓x̓w̓ú7mesh Úx̓w̓umix̓w**  
Squamish Nation

**Yúustway**  
Health & Wellness  
Health Benefits Advocacy  
& Promotion

## Schedule your appointment today!

- ✓ Audiology Services with **Dr. Ramia Narayanan, AuD, RAUD, RHIP**
- ✓ Hearing Screening & Hearing Aid Cleaning and check  
**April 19th 2024, 10:30 AM to 4:30 PM**  
**at 1221 Chief Billy Drive, Stawamus Reserve**
- ✓ To book an appointment, contact: **Caroline Perrin**  
Phone: 236-877-7782 or Email: [caroline\\_perrin@squamish.net](mailto:caroline_perrin@squamish.net)

 **HearingLife**

Formerly **NEXGEN HEARING**

Keep being you | Love your ears

**SQUAMISH 604-815-0808**

1335 Pemberton Avenue





**Skwxwú7mesh Úxwumixw**  
Squamish Nation

**Yúustway**  
Health & Wellness  
Health Benefits Advocacy  
& Promotion



**Optometry  
Appointments  
With Omni Eye Vision  
Friday April 5<sup>th</sup>, 2024; 10-5**

**Waterfront Office**

.20 minute appointments

Contact Caroline to book

236-877-7782

[caroline\\_perrin@squamish.net](mailto:caroline_perrin@squamish.net)





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Squamish Nation

**Yúustway**  
Health & Wellness  
Kal'numet Primary Care

## >>> **IMPORTANT NOTICE** <<<

Please be aware that unfortunately, Kal'numet Primary Clinic has two Family Physicians away over the next 3 weeks (effective March 4th, 2024). Please expect longer than normal wait times for appointments. We recommend booking your appointment in advance as wait times may be up to 3 weeks before you can see your regular provider.

**Please book an appointment as early as possible. We will be booking appointments based on Physician availability. Huy chexw a**

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**CLINIC HOURS: 8:30am - 4:30pm Monday to Friday**  
**ADDRESS: Unit 9A, 380 Welch Street, West Vancouver**

**PHONE: 604 985 2052 (Direct Line) or 604 982 0332 (Yúustway main line)**  
**EMAIL: [kpc\\_medicalclinic@squamish.net](mailto:kpc_medicalclinic@squamish.net)**

### **PRESCRIPTION SUPPORT TO HELP SERVE YOU BETTER**

#### **FOR PRESCRIPTION RENEWALS**

Please regularly check when your prescriptions are running low and make an appointment with us at least 2 weeks in advance, or speak with your pharmacist for a prescription extension.

**Thank you for your patience.**



Indian and Northern  
Affairs Canada

Affaires indiennes  
et du Nord Canada

**SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION FOR: May 2024 >>555**  
**Cheque issue date is Wednesday, April 24<sup>th</sup>, 2024 – for March issue.**

**PRIVACY ACT STATEMENT** Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision. The information will be stored in personal information bank INAI.P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form and return to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance?  Yes  No

2. Has your marital or employment situation changed?  Yes  No

If YES, explain change \_\_\_\_\_

**MANDATORY:** Current Address \_\_\_\_\_ Current Phone# \_\_\_\_\_

3. List any changes in your living situation (e.g. address, rent, etc.). Submit new receipts.  
\_\_\_\_\_

**Canada**

**If you do not hand in your Declaration between April 08<sup>th</sup> – 12<sup>th</sup>, You will NOT receive your Cheque on Wed, April 24<sup>th</sup>, 2024. Late Declaration means, late cheque / No, Work Plan, No cheque. Wait 3-5 business days.**

4. Have you had any earned or unearned income this month?  Yes  No  
If yes, completed

Earnings	\$
Family Allowance	\$
Maintenance	\$
Unemployment Insurance	\$
Other (specify)	\$
GST	\$
<b>TOTAL</b>	<b>\$</b>

5. Has there been any change in your assets?  Yes  No  
If yes, complete

Bank Account	\$
Property	\$
Other (specify)	\$
	\$
<b>TOTAL</b>	<b>\$</b>

6. Is there any change in your number of dependents or their school status?  Yes  No

If Yes, explain the change(s) \_\_\_\_\_

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

Band Name

Family No.

Signature of Applicant \_\_\_\_\_

Date

Signature of Spouse \_\_\_\_\_

(If there is a spouse listed on your file)

**PRINT YOUR NAME/S HERE** \_\_\_\_\_

**BSDW Initial** \_\_\_\_\_

Please remember that you cannot drop off your declaration early, unless there is an emergency. If your Declaration/ Job Search is late, then so is your cheque. **Declare all Earnings, Family Allow, Pensions, DB, GST, Maintenance and other monies received. Also, any changes to address and family unit size. Share info with your worker.**





Dogwood Care Home House Posts  
(Credit: Brent Sparrow and Thomas Cannell)



Downtown Eastside Youth Outreach mural  
(Credit: Chris Sparrow)



Downtown Eastside Youth Outreach mural  
(Credit: Crystal Point)

# Open call for First Nations Artists

Vancouver Coastal Health (VCH) is committed to creating welcoming spaces for Indigenous clients and acknowledging the First Nations on whose traditional territory its facilities are located.

VCH is seeking First Nations artists from Musqueam, Skwxwú7mesh Úxwumixw or Tsleil-Waututh Nation in response to several calls for artwork at facilities in the Lower Mainland. Opportunities for artwork range in size and scope.

## FOR MORE INFORMATION

Please scan the QR code with your phone to register or to view the current Calls for Artists.

## CONTACT US

**Sue Richardson,**  
Indigenous Engagement Lead  
[susan.richardson@vch.ca](mailto:susan.richardson@vch.ca)

**Daniela Segatto,**  
Community Engagement Advisor  
[daniela.segatto@vch.ca](mailto:daniela.segatto@vch.ca)



Vancouver Coastal Health is committed to delivering exceptional care to 1.25 million people, including the First Nations, Métis and Inuit, within the traditional territories of the Heiltsuk, Kítasoo-Xai'xais, Lil'wat, Musqueam, N'Quatqua, Nuxalk, Samahquam, shishálh, Skatin, Squamish, Tla'amin, Tsleil-Waututh, Wuikinuxv, and Xa'xtsa.

**CURRENT SQUAMISH NATION JOB POSTINGS**  
**on March 20, 2024**



**Skwxwú7mesh**  
**Úxwumixw**

Chéhchenstway  
 Human Resources

<p><b><u>Lead Indigenous Monitor</u></b>                  Term Part-Time                  Ta na wa Yúus ta Stitúyntsam Rights and Title                  North Vancouver/Squamish, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>Indigenous Monitor</u></b>                  Term Part-Time                  Ta na wa Yúus ta Stitúyntsam Rights and Title                  North Vancouver/Squamish, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>
<p><b><u>Receptionist/Admin Support</u></b>                  Permanent Full-Time                  Chéhchenstway Human Resources                  West Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>Housing Officer</u></b>                  Permanent Full-Time                  Wa ns7eyx ta temíxw Community Land                  North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>
<p><b><u>Procurement Administrator</u></b>                  Term Part-Time                  Estxwáyusem Finance                  North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>Legislative Policy Analyst</u></b>                  Term Full-Time                  Ta na wa Yúus ta Stitúyntsam Rights and Title                  North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>
<p><b><u>Emergency Planning &amp; Response Lead</u></b>                  Permanent Full-Time                  Public Safety (Ta na wa Téywilháylhem)                  North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>Special Project Manager</u></b>                  Permanent Full-Time                  Strategic Operations                  North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>
<p><b><u>Archivist</u></b>                  Term Full-Time, 1 year (with intention of becoming permanent)                  Ta na wa Ns7éyxnitm ta Snéwiyelh Language and Cultural Affairs                  West Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>Food Pantry (S7ilhen) Intake Worker &amp; Assistant</u></b>                  Permanent Full-Time                  Ayás Ménmen Child and Family Services                  West Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>
<p><b><u>Squamish Liaison - WLNG</u></b>                  Permanent Full Time                  Public Safety Ta na wa Téywilháylhem                  Squamish Valley/North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>Language Teacher</u></b>                  Permanent Full-Time                  Ta na wa Ns7éyxnitm ta Snéwiyelh Language and Cultural Affairs                  North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>
<p><b><u>Health Care Assistant</u></b>                  Casual                  Yúustway Health and Wellness                  West Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>Early Childhood Educator/ Squamish Language Assistant</u></b>                  Temp Full-Time (School Term)                  Ta7Inewás Education, Employment and Training                  North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>
<p><b><u>Field Repair Worker</u></b>                  Permanent Full-Time                  Nexwsp'áyaaken ta Úxwumixw Community Operations                  North Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>ASCD Support Worker</u></b>                  Casual                  Ayás Ménmen Child and Family Services                  West Vancouver, BC  <b><u>Posting Closes: Open Until Filled</u></b></p>

**CURRENT SQUAMISH NATION JOB POSTINGS**  
**on March 20, 2024**



**Skwxwú7mesh**  
**Úxwumixw**

Ché'chenstway  
Human Resources

<p><b><u>COHI Community Admin Support</u></b> Permanent Part Time Yúustway Health and Wellness Squamish, BC <b><u>Posting Closes: Open Until Filled</u></b></p>	<p><b><u>Behavioral Interventionist</u></b> Casual Ayás Mé'n men Child and Family Services Squamish Valley, BC <b><u>Posting Closes: Open Until Filled</u></b></p>
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To view all current job postings and to apply, go to: <http://www.squamish.net/jobs/>  
**ALL applications must be submitted using the on-line application**

Any questions, please contact: [careers@squamish.net](mailto:careers@squamish.net) OR  
Ché'chenstway Human Resources 604-985-8335  
3-380-Welch Street, West Vancouver, B.C. V7P 0A7

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# NCH'KAY

## Join Our Team !

### *Benefits of working with Nch'kay include:*

- Professional growth and development
- Collaborative work environment
- Comprehensive benefits package
- Work-life balance

### *Open Positions:*

- ✓ **Corporate Secretary**
  - Park Royal Office
- ✓ **Executive Administrator, Real Estate and Development**
  - Park Royal Office
- ✓ **Front Desk Representative**
  - Capilano River RV Park - 5 Positions
- ✓ **Director, Infrastructure**
  - North Vancouver
- ✓ **Project Manager - HCM and ERP**
  - Park Royal Office

*Nch'kay Group's purpose is to support the Skwxwú7mesh Úxwumixw by generating wealth and creating prosperity from economic opportunities for current and future generations of the Nation.*

**APPLY NOW**



For more info, scan  
the QR code or visit  
[www.nchkay.com/careers](http://www.nchkay.com/careers)





**Skwxwú7mesh  
Úxwumixw**

Ta7Inewás  
Education, Employment & Training  
Nexw7áystway Training and Trades Centre

# Intro to Power Engineering April 15 - August 2, 2024

**Application Deadline: March 29th**



**TIME:** Monday - Friday, 9am - 3pm

**WHERE:** Nexw7áystway Unit 5-1500 Railway Street, North Vancouver, BC

**WHO IS ELIGIBLE:** Indigenous People (Status, Non-status, Metis, and Inuit)

**WHAT IS INCLUDED:**

- FREE Tuition
- Meal Plan
- Training Allowance
- Transportation
- Childcare Subsidy
- 2-Year traineeship program

The Power Engineer will Operate the Woodfibre LNG plant for the long term, once construction is complete.

The Power Engineering program will train you on the following:

Operating, monitoring, adjusting, and maintaining process equipment to ensure production.

Performing routine field equipment inspections to verify and monitor plant operations.

Prepare equipment for safe maintenance access.

**WLNG is working to create prosperity here at home while reducing climate change and air pollution globally. WLNG is working with the Squamish Nation to deliver the commitments of the Impact Benefit Agreement ("IBA"). WLNG's top priority is to ensure a safe environment for all workers, for the Squamish Nation, and for the community of Squamish. WLNG is committed to hiring people from the Squamish Nation, other Indigenous groups, and the local communities.**

**IF THIS PROGRAM INTERESTS YOU, PLEASE CALL: 604-980-7946 OR  
EMAIL TRADESCENTRE@SQUAMISH.NET**



**SKILLPLAN**  
Developing Workforce Skills



**Woodfibre  
LNG**



Skwgwú7mesh Úxwumixw  
Ta7lnewás  
Education, Employment & Training

Nexw7áystway  
Training & Trades Centre

**APPLICATION DEADLINE:**  
**March 29th, 2024**

## HEAVY EQUIPMENT OPERATOR PROGRAM

Heavy Equipment Operator technicians operate heavy machinery such as heavy articulating rock trucks, loaders, excavators, backhoes, dozers and graders. These machines are used universally for all manner of heavy construction, earth moving, road building, mining, forestry, mega projects all included.

**DATES:** April 15th - August 16th, 2024

**TIME:** Monday - Friday, 9am - 3pm

**WHERE:** Nexw7áystway Training & Trades Centre, North Vancouver

**WHO IS ELIGIBLE:** Indigenous People (Status, Non-status, Metis, and Inuit)

**IF THIS COURSE INTERESTS YOU,  
PLEASE CALL: 604-980-7946  
OR EMAIL [TRADESCENTRE@SQUAMISH.NET](mailto:TRADESCENTRE@SQUAMISH.NET)**



### WHAT IS INCLUDED:

- FREE Tuition
- Meal Plan Subsidy
- Training Allowance
- Travel Subsidy
- Childcare Subsidy

**Must have a class N  
before applying!**



**Skwxwú7mesh  
Úxwumixw**

Ta7Inewás  
Education, Employment & Training  
Nexw7áystway Training and Trades Centre

**APPLICATION DEADLINE:**  
March 29, 2024.

# Try a Trade

April 15th - July 5th, 2024

This unique, fully-funded, Try A Trade program will give you the opportunity to develop hands-on skills and figure out your specific trades interest. Our curriculum incorporates a cultural component based on Squamish Nation Traditions, safety training, essential skills, technical training and job readiness.



**TIME:** Monday - Friday, 9am - 3pm  
**WHERE:** Nexw7áystway Unit 5-1500  
Railway Street, North Vancouver, BC  
**WHO IS ELIGIBLE:** Indigenous People  
(Status, Non-status, Metis, and Inuit)

## WHAT IS INCLUDED:

- FREE Tuition
- Meal Plan
- Training Allowance
- Transportation
- Childcare Subsidy

IF THIS PROGRAM INTERESTS YOU, PLEASE CALL: 604-980-7946 OR EMAIL  
TRADESCENTRE@SQUAMISH.NET



SKILLEDTRADES<sup>BC</sup>



## Indigenous Development Internship – Summer 2024

### About Polygon and Dentons

British Columbia owned and operated since 1980, the Polygon family of companies has built more than 34,000 homes throughout Metro Vancouver and the Fraser Valley. From luxury high-rise towers in dynamic urban centers to complete master planned communities, we have worked hard to earn the trust of thousands of families by committing to quality design, sound construction, and exceptional customer service. Polygon prides itself on buildings with purpose. Dentons is proud to be Vancouver's local law firm with a global reach. To complement our legal practice, we are active in our community and believe in the importance of corporate social responsibility. Polygon and Dentons have partnered to offer this paid internship for a period of three months starting May 1st, 2024.

In this role you will work closely with Polygon's Vice President Indigenous Relations to identify areas of interest for your business and career development, so that a unique and flexible work plan can be set out for the internship.

### Responsibilities:

- Working in a professional office environment including opportunities to join in on Polygon and Dentons corporate activities
- Depending on your interests, at Polygon you may:
  - assist with data collection and analysis for land, development, construction, customer service or marketing groups
  - assist with administrative duties for the development group
  - assist the sales group with new project openings
  - attend project meetings and assist with meeting minutes
  - attend public information meetings with member(s) of a project team and provide assistance
  - attend city council meetings with member(s) of a project team
  - attend project site meetings with construction personnel
  - assist with the documentation and recovery of project bonding
- Depending on your interests, at Dentons you may benefit from business and mentoring opportunities in the downtown Vancouver office
- Report on your internship experience with a presentation to Dentons at the end of your internship

### Requirements:

- A team player, with good communication and computer skills
- Willingness to try new tasks
- Evidence of a serious level of commitment and experience, preferably attending a post-secondary business program
- Affiliation to a local indigenous community
- A valid driver's license is an asset
- References may be requested of shortlisted candidates

Given the nature of this opportunity, this is an in office position.



## Compensation:

The expected base salary for this role is \$3500 per month.

## If we are a match:

If you are interested in working with a large homebuilding company and motivated by personal and professional growth, we want to hear from you. Please email your resume and cover letter (referencing Indigenous Development Internship–Summer 2024) to: **Susan Pardy at [susan.pardy@dentons.com](mailto:susan.pardy@dentons.com) no later than March 26, 2024.** We thank all applicants for their interest but only those shortlisted will be contacted. Polygon and Dentons offer an opportunity to work with industry leaders in progressive corporate cultures.

# HOW IT WORKS:

- Explore Opportunities: Visit [senakw.com/mentorship-program](http://senakw.com/mentorship-program) to view available positions and submit your application.
- **Connect with Us:** Program staff will reach out to answer any questions you may have.
- **Interview Process:** Once contacted, the program will connect with industry consultants for an interview before your placement.
- **Ongoing Support:** Throughout your time with the company, the Seńákŵ Mentorship Committee is here to support you with any questions along the way.
- **Post-program:** We'll work with you on advancing your interests and exploring future opportunities.

Ready to take the first step towards a fulfilling career?  
Visit [senakw.com/mentorship-program](http://senakw.com/mentorship-program) for more information.

Thank You to Our Participating Consultants:





## Skwxwú7mesh Úxwumixw

Señákw Development Squamish Art

Open call to artists for: Art Opportunity 01 – “Elevator Cab Feature Wall Graphics”

Submission deadline: **May 10th, 2024**

### ABOUT THE Señákw Development

The Señákw Development Project is a historic economic development opportunity that will set the Squamish Nation on a path to complete economic independence. The project will have a coherent, consistent, and well-curated activation of cultural identity throughout each phase of the development. When completed, the project will provide 6,000 primarily purpose-built rental homes for all Vancouverites.

### SQUAMISH NATION ART OPPORTUNITY

This call for artists is for the design of a graphic pattern, to be embossed onto the feature copper back wall of the elevator cab, for Residential Tower 1, 2 and 3. The dimensions of the feature wall are provided on next page.

This artist call is a **ONE-STAGE Request for Concept Design Proposal**. Interested artists or artist teams are asked to submit up to three (3) concept graphic design for panel selection, one for each residential tower. Selected artist will be paid a design fee of **\$1,500 per EACH** concept design selected.



Front View of Elevator Cab Feature Wall



Side View of Elevator Cab Feature Wall



**Qualifications:**

Candidates should be Squamish Nation community members with a passion for preserving and promoting cultural identity. No specific expertise is required, and individuals from diverse backgrounds are encouraged to apply.

**How to Apply:**

Please submit the following for consideration for the position:

- Cover letter expressing your interest in the opportunity
- Resume with relevant experiences and community involvement

Please apply in the following ways:

- 1) Email your application form and supporting documents to [senakw\\_art@squamish.net](mailto:senakw_art@squamish.net). Be sure to include the phrase "Community Member Panel Application" in the subject line of your email.
- 2) Drop off your application at 320 Seymour Blvd, North Vancouver, BC, V7J 2J3, Attn: Seńákw Cultural Advisory Panel

**OR**

- 3) Mail your application to PO Box 86131 North Vancouver, BC, V7L 4J5, Attn: Seńákw Cultural Advisory Panel

**Deadline for applications is March 15<sup>th</sup>, 2024.**

If you have questions, please email [senakw\\_art@squamish.net](mailto:senakw_art@squamish.net)

**SQUAMISH VALLEY  
RECREATION**



*Partnered with*

**MTN JJJ**

BRAZILIAN JIU-JITSU + SELF-DEFENSE

# Female Only Women's Self Defence Class

For Squamish Nation/ SN community  
members who reside in Squamish Valley 13+

Location: 39455 Discovery Way #110  
Squamish, BC.

4 Sessions only: March 20, March 27,  
April 3, & April 10, 2024  
Wednesday's  
5:30-6:30PM

*\*Spaces Limited 15 spots\**

**SCAN  
ME** 

<https://form.jotform.com/240636914344053>

**Contact:**

**SquamishRecreation@squamish.net**

**604-892-5166**



**Skwxwú7mesh  
Úxwumixw**

Ta na wa Chawát ta Sxwéxwel  
Squamish Valley Operations  
Recreation

[squamish.net](http://squamish.net)