

***The Change of Seasons Program:  
Walking in the Footsteps of our Ancestors***

***Squamish First Nation,  
Indian Residential School Survivors Society***

**For First Nations women:**

**Learning to heal with-in and move forward together has always been the way of life for First Nations Peoples. This is an opportunity for First Nations women to make and take the time to receive and give support to one another. To question and examine how women relate to men (what is healthy, unhealthy) To be of "en cho mot" (one mind, one heart)**

**Location**

**413 Esplanade West  
North Vancouver, BC**

**Sign-up:**

**IRSSS: 604-985-4464**

**Days & Dates:**

**Tuesday's & Thursday's  
January 23, 25, 30, & February 1  
2018**

**Time:**

**6:00 to 9:00 PM**

**Snacks & Bus Tickets provided**

**Fax Referrals to:**

**604-985-0023**

