



# Ayas Men Men Child & Family Services



## **FAMILY PROGRAM**

The Family program provides proactive prevention and education strategies to all Squamish Nation families with children 0-6 years.

The 3 centres, two in North Vancouver (So-Sah-Latch & Mother Bear) and one in Squamish Valley (Ay'as Lam') have regularly scheduled programs with a team of specialists and staff to support parents with parenting topics, providing educational workshops/ seminars and other activities.

The Team coordinates programs year-round designed to help parents and children learn about lifespan development skills, family dynamics, developmental milestones, health and nutrition and to receive training in the Squamish language, culture, social and family traditions.



## What We Provide?

- Transportation to/from programs
- Culture/language
- Community Kitchen
- Support for families regarding infant and child development

## What programs are offered?



- Speech and Language
  - Community Health Nurse
  - Aboriginal Head Start (*Mother Bear is a licensed preschool*)
  - Pre and Post Natal
  - Family Programs
  - Aboriginal Infant Development
- Aboriginal Supported Child Development
  - Home Instruction for parents of preschool youngsters (HIPPIY)

## Contact:

Family Program - NV (**So-Sah-Latch**)  
422 W. Esplanade North Vancouver  
North Vancouver: 604-985-7826

Family Program - SV (**Ay'as Lam'**)  
970 Axen Road, Brakendale  
Squamish Valley: 604-892-3992

[www.squamish.net](http://www.squamish.net)

