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ADHD CLARIFICATION WORKSHOP FOR PARENTS /GUARDIANS

Are your directions hardly ever followed right away and are you tired of constantly having to repeat yourself?

Does your child delay starting tasks and rarely finishes tasks without constant supervision?

Does your child have difficulty regulating emotions and you feel unable to help?

Parenting a child in ADHD can be an extremely difficult task. Misinformation, misconceptions, myths and stereotypes about parenting a child with ADHD abound.

The aim of our two and a half hour clarification workshop is to provide parents/guardians of children with ADHD factual information about the nature of the disorder and to use current research to explain why children with ADHD often present with such challenging behaviours.

We will review strategies and techniques proven to be effective when managing the difficult behaviours children with ADHD often exhibit. Myths will become accuracies and blame and guilt can be alleviated. Worry about the future will be replaced by an understanding of effective interventions and positive coping strategies.

Presenters:	ADHD Centre for Treatment Services (ACTS): Kathy Sheppard, MA, RCC Susan McLean, MEd
Date:	Friday, October 30, 2020
Time:	11:00 am to 1:30 pm
Location:	380 Welch St. Unit 5, West Vancouver
Registration:	Squamish Nation Education (only 8 spots available)
Inquiries:	sn_asa@squamish.net T: 604-982-7600