



**Skwxwú7mesh Úxwumixw**

Squamish Nation

# Syetsm tl'a Sxexelhnát

News of the Week

Published: Tuesday April 27, 2020

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Email Submissions to: [northvannewsletter@squamish.net](mailto:northvannewsletter@squamish.net)

Deadline: Friday End of Day for Following Week

 YouTube [theSquamishNation](https://www.youtube.com/theSquamishNation)

 /SquamishNation

 [www.squamish.net](http://www.squamish.net)

# **TAX SEASON COVID-19 UPDATE**

**PLEASE NOTE THAT ALL  
TAX CLINICS HAVE BEEN  
POSTPONED  
INDEFINITELY DUE TO  
THE COVID-19  
OUTBREAK**

**THE GOVERNMENT OF  
CANADA ANNOUNCED  
THAT THE PERSONAL TAX**

**FILING DEADLINE HAS  
BEEN MOVED FROM  
APRIL 30 TO JUNE 1**

**THE NATION WILL  
ADJUST PLANS TO MEET  
THE REVISED DEADLINE**

**SEE ATTACHED TAX INTAKE FORM  
AND AUTHORIZATION FORMS IN  
PREPARATION FOR TAX SEASON**

**ANY QUESTIONS PLEASE CONTACT ROBERT  
MICHELS @ 604-982-8612 OR  
ROBERT\_MICHELS@SQUAMISH.NET**



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Finance

**Personal Income Tax Returns:  
COVID-19 Revised Process**

<b>Form: Taxpayers with Previous Year Cantax return</b>					
First Name			Last Name		
SIN			Has your Address Changed?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
New Address (if changed)					
Marital Status (if changed)					
Did the taxpayer dispose of a principal residence in the current taxation year for which he or she has claimed the total or partial exemption?				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Did the taxpayer own or hold foreign property at any time in 2019 with a value of more than CAD\$100,000.00?				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Did the taxpayer work on reserve at any time in 2019?				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Telephone					
Email					
Comments					

**Submit**

**Reset Form**

Please print this form, fill it out and email it to [taxreturns@squamish.net](mailto:taxreturns@squamish.net)



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Finance

**Personal Income Tax Returns:  
COVID-19 Revised Process**

**Form: Taxpayers without Previous Year Cantax return**

Taxpayer Type	Choose One	Title	Mr.
First Name		Last Name	
SIN		Birth Date	
Marital Status			
<b>Address Information:</b>			
Street Number		Street Name	
Apt Number		City	
PO Box		Province	
Postal Code			
Home address same as Mailing Address		Yes <input type="checkbox"/>	No <input type="checkbox"/>
Did the taxpayer dispose of a principal residence in the current taxation year for which he or she has claimed the total or partial exemption?		Yes <input type="checkbox"/>	No <input type="checkbox"/>
Did the taxpayer own or hold foreign property at any time in 2019 with a value of more than CAD\$100,000.00?		Yes <input type="checkbox"/>	No <input type="checkbox"/>
Did the taxpayer work on reserve at any time in 2019?		Yes <input type="checkbox"/>	No <input type="checkbox"/>
Home Telephone		Email	
Comments			

**Submit**

**Reset Form**

Please print this form, fill it out and email to: [taxreturns@squamish.net](mailto:taxreturns@squamish.net)



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## COVID-19-RELATED SUPPORT: EXTERNAL RESOURCE GUIDE

Many people from our community, all over Canada, and the world have been impacted by the COVID-19 pandemic. Federal and provincial governments have introduced a number of emergency funding supports in response to this urgent need. Please use this document as a reference guide for external supports in result of COVID-19

### PROVINCIAL/FEDERAL COVID-19 BENEFIT RESOURCES GUIDE:

North Vancouver-Lonsdale MLA Bowinn Ma has put together an excellent summary of the COVID-19-related resources available through the Province of British Columbia and Government of Canada. Learn about what supports you and your family may be eligible for, and how to access them. Info available at:

<http://bowinnmamla.ca/covid19/supports/>

Government of Canada Full Federal Response Plan for Canadians facing hardship as a result of the COVID-19 outbreak info available at:

<https://www.canada.ca/en/departement-finance/economic-response-plan.html>

The **Canada Emergency Response Benefit** (CERB), applications will also be available on this website by **April 6<sup>th</sup>** 2020, if you have lost income because of COVID-19, (CERB) will provide you with temporary income support. CERB will provide eligible applicants with \$500 a week for up to 16 weeks. For further support with applications contact Frances: 604-345-2126 / Barb: 604-365-8826 at Stitsma

### EMPLOYMENT INSURANCE QUICK LINKS:

Regular EI – Eligibility and requirements available online at:

<https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html>

Regular EI Sickness Benefits (this may be rolled into the CERB) medical notes **NOT** required, check COVID-19 notice highlighted portion, information frequently updates available online at:

<https://www.canada.ca/en/services/benefits/ei/ei-sickness/apply.html> **Contact**

**Toll-Free:** 1-800-206-7218 or TTY: 1-800-529-3742

For further support call Stitsma for assistance with applications or submitting documents.

Frances: 604-345-2126 / Barb: 604-365-8826

### MORTGAGE OR RENTAL ASSISTANCE/DEFERMENT:

Provincial Support and relief updates updated daily:

<https://www2.gov.bc.ca/gov/content/housing-tenancy/covid-19-support>

**QUEST FOOD EXCHANGE:**

167 1st Street East, North Vancouver. Quest is a lower cost option for those in need of Groceries. Please call Stitsma for further information: 604-985-7711; **you will require a referral to utilize Quest services.** Food banks (Harvest & Salvation Army) are closed to new clients at this time.

**ATIRA SERVICES FOR WOMEN:**

Need Help or Someone to Talk to? Please call 604-800-8881

Effective immediately, Atira has set up a call-in line for women who need support over the course of this Coronavirus Pandemic. If you are self-isolating and need someone to talk to, if you have been laid off, are facing eviction or are low on medication or food, please call us and we will do our best to assist you. We may refer you to resources you are unaware of, resources in your neighborhood, or assist you to complete your federal government benefits forms, or just listen.

**GENERAL PROVINCIAL INFORMATION AND REFERRAL LINE:**

Dial 211 for services available in your local service area.

**ADDITIONAL CRISIS/SUPPORT NUMBERS TO CALL:**

**Transition Homes for Women:** If seeking a transition house call 1-800-563-0808

**Suicide Prevention:** 1-800-SUICIDE (784-2433) available 24/7

**Seniors Distress Line:** 604-872-1234 available 24/7

**Youth Crisis Line:** 604-872-3311 Lower Mainland; 1-866-661-3311 Howe Sound/Sunshine Coast; open from NOON-1AM

**Kids Help Phone:** 1-800-668-6868-for available 24/7

**Helpline for Children to Report Abuse:** 604-310-1234

**Domestic Violence:** Call 911 Immediately when in danger



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## Kal'númet Primary Care Clinic

Phone: 604 982-0332 Fax: 604 982-7197

Kal'numet Primary Care Clinic at Yuustway Health and Wellness Services is providing primary care services during the COVID-19 pandemic by following all Public Health recommendations.

Our clinic located at Unit 9a, 380 Welch Street, West Vancouver is booking patients from **9:00 am to 2:00 pm Monday to Friday**. Our Doctors / Nurse Practitioner are to be seen in person as well as tele-health appointments.

The clinic MOA's are available from **8:30 am to 4:30 pm** to take your calls. We are requesting our patients to **call the clinic first at 604-982-0332** and our health care team will schedule you an appointment time for the Doctor / Nurse Practitioner to call you for a phone call consult. This measure is to prevent the spread of the COVID - 19, and to keep both community members and staff safe.

If you have *cough, fever, and shortness of breath and think exposure to COVID-19, please go to North Vancouver Urgent Primary Care Centre at 200-221 W. Esplanade, North Vancouver, Phone number : 604-973-1600.*

Please stay healthy and safe at home.

Thank you.

KPC Team





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# SAFER DRUG USE PRACTICES

During the Covid-19 Pandemic

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March 26, 2020

## Practice safer drug use

- Do not share supplies, such as cigarettes, joints, pipes, injecting equipment, containers for alcohol, utensils, and other supplies. If you have to share, wipe pipes with alcohol wipes or use new mouthpieces.
- To minimize risk, avoid close contact and try to stay at least an arms' length - ideally 2m (6.5 ft) from your buddy, to avoid passing the virus. Using with a buddy is safer than using alone.
- Wash your hands or use wipes before preparing, handling or using your drugs. Prepare your drugs yourself.
- Cough or sneeze into your elbow or use tissues. Throw tissues away immediately and wash your hands thoroughly.
- Clean surfaces with soap and water, alcohol wipes, bleach or hydrogen peroxide before preparing drugs if possible.
- Find your "buddies" who can bring you food, harm reduction supplies, medicine, and substances so that you can stay well. You can also be a buddy to those who may need extra support. Check in on your buddies regularly.
- If you have a phone buddy, make sure they are nearby, and have them stay on the line and ask them to call 911/emergency response if you become unresponsive.
- Carry naloxone and have an overdose plan. It is unclear at this time the degree to which the face shield will protect you from COVID-19 while providing rescue breaths. If you choose to provide rescue breaths, always use the face shield.

## Harm Reduction Supplies and Opioid Agonist Therapies (OAT)

- Make sure you have naloxone.
- If you're on medication assisted treatment/opioid agonist therapies, check with your pharmacist and provider and ask what their procedures will be if you are quarantined or they have to close.
- Stock up on harm reduction supplies (new syringes and safe use supplies) as you may be quarantined or the places you get these supplies may have limited staffing or hours.
- If possible, try to stock up on your drug of choice. Be safe: Having larger amounts of drugs can be dangerous if you are stopped by police or someone desperate enough to target you for them.
- Remember if you have to change dealers, to always GO SLOW when using from a new supplier.



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# SAFER DRUG USE PRACTICES

During the Covid-19 Pandemic

Page 2 of 2

March 26, 2020

- If possible, test any drugs you may get from a new or unknown source.
- You might lose access to your drug of choice in an outbreak. Consider alternative drugs or medications that could help. If facing potential opioid withdrawal, consider buying over the counter medications to make it less difficult (ibuprofen, Pepto-Bismol, Imodium). Work with your local pharmacist regarding OAT or access to other medication assisted treatment (e.g. for stimulants or benzodiazepines).
- Health Canada is working on exemptions to ensure access to OAT and other medicines. For more information contact: [hc.exemption.sc@canada.ca](mailto:hc.exemption.sc@canada.ca)

## Responding to Overdose

- In the event of an overdose, **CALL 9-1-1 AND ADMINISTER NALOXONE.**
- Continue to stimulate the person, use your gloves to check their airway and, as needed use the recovery position.
- Is unclear at this time the degree to which the face shield will protect you from COVID-19 while providing rescue breaths.
- If you choose to provide rescue breaths, always use the face shield. We understand that, at the community level, if you respond to an overdose, it is likely someone that you will know. We urge you to use your discretion when it comes to rescue breaths, as they are life-saving, understanding the dilemma between saving a life and potentially being at risk of catching COVID-19.
- BC Emergency Health Services (BCEHS) will have access to appropriate personal protective equipment (PPE) needed for responding to opioid ODs during this time
- Anyone not responding to overdose should leave the room or immediate area.
- Recognizing data and information is changing every day, please stay tuned, check out the BC Centre for Disease Control's '[People Who Use Substances](#)' section of their website.



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**IMPORTANT INFORMATION**  
**FOR INCOME ASSISTANCE CLIENTS**

Eslha7an (604) 988-8807

Totem Hall (604) 892-5166

**CHEQUE ISSUE DAY is April 29, 2020**

**Home Delivery – pls be home or your cheque will go back to Eslha7an**

**9:00 am – 11:00 pm** Seymour, Condos & Mission – Home Delivery

**PICK UP – pls note locations & Times:**

**9:00 am – 12:00 pm**

Those who live in Capilano – Housing Building Location

Those who live in Squamish Valley - Totem Hall

Direct Deposit; we strongly suggest that clients that have DB direct deposit to verbally authorize to have IA benefits direct deposit with their IA worker. IA has given forms for clients to set up direct deposit; requires Authorization form AND Void Cheque or Bank Direct Deposit form.

**Declarations:** You must declare all of your Earned/unearned income each month! Submit at Eslha7an office; drop in mail slot OR Confirm over the phone

**Indigenous Services Canada (ISC) Covid-19 Response:**

Applications / Documentation – information can be verified over the phone, getting authorizations at a later date.

Loss of Employment – Apply for EI or CERB first, can apply for Repayable Hardship

Action Plans/Job Search – Excused until further notice

Crisis Funding – Monthly additional benefits for May/June/July. \$300 for Singles and \$600 for Couples

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**During this COVID crisis & mandated social distancing Confidential Counselling is Available:**

1. Health Dept, call @ 604-982-0332
2. Through FNHA (no cost to you), email Jolie, [rewirecounselling@gmail.com](mailto:rewirecounselling@gmail.com) for phone appointments
3. Through KUU-US Crisis Line Society @ 1-800-588-8717

**Bank Options with No Bank Fees**

**CIBC:** (Location: Park Royal on-reserve)

No banking fees for 1 year - *promotional option at this time*

Contact via email [paula.garcia@cibc.com](mailto:paula.garcia@cibc.com) and she can set up an account via phone.

**VanCity:** (Locations: By Canadian Tire or Save-On Pemberton)

No Banking Fees, however on-time \$5 membership fee

Access Chequeing Account features:

- 40 FREE *Everyday Transactions* \* per month
- Unlimited FREE ATM access through Exchange® ATM /ACCULINK®, INTERAC®, ACCEL® and Cirrus® ATM Networks<sup>2</sup>.
- FREE INTERAC e-Transfer® transactions

PLEASE CONTACT:

Squamish Nation Members who work at Vancity to help set up a bank account via phone:

Joanne Stone Campbell  
 778-239-2948

Shannon Henderson  
 778-989-3760

[Joanne\\_Stone-Campbell@vancity.com](mailto:Joanne_Stone-Campbell@vancity.com)

[Shannon\\_henderson@vancity.com](mailto:Shannon_henderson@vancity.com)

**To open a bank account, YOU Will NEED 2 pieces of ID,  
 (1 picture and other)**



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### **KEY ITEMS for INCOME ASSISTANCE**

To make a phone appoint pls call 604-988-8807 or 604-985-7711

#### **Direct Deposit**

- Strongly suggesting all IA clients have a bank account for direct deposit
- BANK INFO: call Toni Nahanee to confirm banking information or if you have new banking information drop off at office 345 West 5<sup>th</sup> Street.

#### **Other important notes**

- NO job search required at this time
- All bills can be emailed to [Income\\_assistance@squamish.net](mailto:Income_assistance@squamish.net) or hand delivered at the front door mail slot. 345 West 5<sup>th</sup> Street, North Vancouver
- You can authorize 'Income Assistance' on your bill accounts, pls contact your worker to help with this process.
- Update with 'Registry Services Department' your correct mailing address if moved.
- Update with your IA WORKER, your correct phone number and email address if changed.
- NEXT IA cheque Issue Day is April 29 will be at Eslha7an form 9:00-1:00 if you did not sign up for DIRECT Deposit.

#### **New Applications for Income Assistance**

- Those who were working **Must** apply for EI or Emergency Benefits before an IA Application can be started and processed.
- Those whom have been denied EI / Emergency Benefits can apply for IA.

**All application will be done via phone appointment. Pls call the above numbers for an appointment.**

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**Bank Options with No Bank Fees**

**CIBC:** (Location: Park Royal on-reserve)

No banking fees for 1 year - *promotional option at this time*

Contact via email [paula.garcia@cibc.com](mailto:paula.garcia@cibc.com) and she can set up an account via phone.

**VanCity:** (Locations: By Canadian Tire or Save-On Pemberton)

No Banking Fees, however on-time \$5 membership fee

Access Chequeing Account features:

- 40 FREE *Everyday Transactions* \* per month
- Unlimited FREE ATM access through Exchange® ATM /ACCULINK®, INTERAC®, ACCEL® and Cirrus® ATM Networks<sup>2</sup>.
- FREE INTERAC e-Transfer® transactions

PLEASE CONTACT:

Squamish Nation Members who work at Vancity to help set up a bank account via phone:

Joanne Stone Campbell

Shannon Henderson

778-239-2948

778-989-3760

[Joanne\\_Stone-Campbell@vancity.com](mailto:Joanne_Stone-Campbell@vancity.com)

[Shannon\\_henderson@vancity.com](mailto:Shannon_henderson@vancity.com)

**Tangerine:** (no location, all done on-line)

ON-LINE banking only (no banks to go to)

- good for direct deposit and to use a bank card.

**NO BANKING FEES AT ALL** <https://www.tangerine.ca/en>

**To open a bank account, YOU Will NEED 2 pieces of ID, (1 picture and other)**



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**Stitsma Career Centre - INFORMATION BULLETIN**

**Full Federal Covid Response/Benefits outlined here:**

<https://www.canada.ca/en/department-finance/economic-response-plan.html>

**Regular EI-please check your eligibility (at this website):**

<https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html>

**Regular EI Sickness Benefits**

<https://www.canada.ca/en/services/benefits/ei/ei-sickness/apply.html>

***Food for people in need or limited funds:***

Quest Food Exchange, 167 1st Street East, North Vancouver is providing low cost option grocery shopping for those in need. Please call Stitsma for to see if you qualify. (Both food banks; Harvest & Salvation Army, are closed to new clients at this time)

**Rental Subsidy – more information to follow as updated on the web-site.**

<https://www.bchousing.org/COVID-19>

<b>Services Offered Via Phone Appt:</b>		
<b><i>Job Readiness</i></b>	<b><i>Funding for School up to 1 yr</i></b>	<b><i>Also provide:</i></b>
Resumes	Essential Skills/Upgrading	Travel
Cover Letters	Trades	Work gear
Interview Prep	College up to 1 year	Clothing
Job Search	University up to 1 year	PPE & safety gear

**Contact Stitsma Career Centre at 604-985-7711 for a phone appointment  
North Vancouver: Frances Stegner or Barb Vincent  
or in Squamish: Devan Williams**



**Willie Lewis**  
Stitsma Career Centre

Page 01 of 01

March 23, 2020

# High School and Post-Secondary Students

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## Stitsma Career Centre Summer Work Experience Program

### WHO IS ELIGIBLE:

- Must be between the ages of 15-29
- Must have attended school full time in the 2019/2020 school year
- Must be returning to school full time in September 2020
- Must have successfully completed all courses in your field of studies
- Must have a Social Insurance Number (Applications for new SIN cards available at Service Canada)
- Must complete a criminal record check-vulnerable section

### Requirements for APPLICATION:

- Come to the Eslha7an/Stitsma Centre
- Fill out a Personal Information Form
- Bring your resume and cover letter
- Bring your most recent report card or transcript (April)
- Bring your Social Insurance Number
- Bring valid picture ID (i.e. Status card, license)
- Bring a reference letter from your last supervisor or a school teacher if you have not worked

## APPLY TODAY

**NORTH VANCOUVER APPLICATION DEADLINE IS Friday, May 29th 2020**

Please submit your application to:

### **Eslha7an- North Vancouver**

345 West 5th Street  
North Vancouver, BC V7M 1K2  
604-985-7711  
Willie\_lewis@squamish.net





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Stitsma Career Centre

**Week of Apr 20-24, 2020**



**1. Painters/Skilled Labourers required-mid May, North Shore**

Qualifications required: Confined Space, WHIMIS, Fall Protection, Hearing test, Fit test for respirator (company can do fit testing if you can't), potential candidates should be comfortable working on scaffold in a ship hull

**2. Provincial Gov't Position-Senior Policy Analyst (PoI SC 27), Climate Risk Management Team, Resilience and Clean Government Branch, Climate Action Secretariat-open for applications until May 11**

<https://bcpublicservice.hua.hrsmart.com/hr/ats/Posting/view/68895> Please view posting for skills, qualifications and application process

**3. Skilled Labourers required mid May for North Shore construction project**

Please call number below for job development services where you can send your resume and receive details of the position

**4. Admin Assistant-North Shore-needed asap-\$24.50 per hour**

High school grad-7 mo.-1 yr experience required

**5. Administration Officer & Bookkeeper (2 positions)-North Shore-F/T  
24.50-\$25.50 per hour**

1-2 yrs experience required, knowledge of MS Word/Excel, budgeting

**6. Insulator-North Shore-\$28 per hour**

High School grad & 1-2 years experience

**7. Chocolate Manufacturing Helper-North Shore-\$16+ depending on experience**

Company also seeking cleaners and warehouse workers (forklift an asset)

These are just a few of the opportunities available right now!!! Our AMAZING Job Developer Barb and Employment Counselor Frances at Stitsma have opportunities available through our various businesses as well!! If you are looking for assistance with your resume or finding employment, call 604.985.7711 to make an appointment and work towards finding your passion!!



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Stitsma Career Centre



- 1. Polycrete/Dallas Watt Demolition Ltd.**  
Looking to hire several people including labourers, Concrete Cutter Technician and Foremen
- 2. Park and Tilford Save On Foods**  
Hiring General Clerks for 32 hours per week
- 3. Thrifty Foods North Vancouver**  
Grocery Clerks needed most locations in North Van
- 4. Eternal Skin Care-North Vancouver**  
Warehouse Assistants/Managers-1 year experience preferred
- 5. Cleanestouch Commercial Cleaning Inc-North Vancouver**  
Seeking Office Administrator-\$24.50 per hour
- 6. AO BC Agencies**  
Customer Service-No Experience Necessary!
- 7. 7-Eleven-North Vancouver**  
Sales Associate-available now

These are just a few of the opportunities available right now!!! Our AMAZING Job Developer Barb and Employment Counselor Frances at Stitsma have opportunities available through our various businesses as well! If you are looking for assistance with your resume or finding employment, call 604.985.7711 to make an appointment and work towards finding your passion!!



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**Ta7lnewás**  
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Stitsma Career Centre

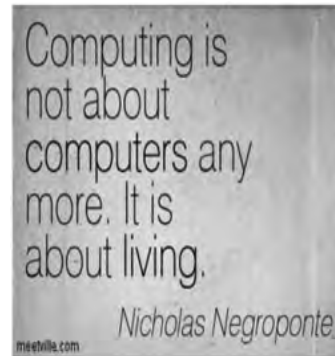


Computer technology is used in almost every sector of everyday life, including shops, ticketing counters, educational institutions, laboratories, business agencies and homes.

A typical job interview question is "What computer skills do you have and what programs are you comfortable using?"

Stitsma Career Centre is offering on line Microsoft Office 2016 training in the comfort of your home

**Word 2016**  
**Outlook 2016**  
**Excel 2016**



*Take advantage of this time , upgrade your computer skills now*

Contact Frances at  
Stitsma Career Centre  
Squamish Nation, Education,  
Employment & Training





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Stitsma Career Centre

# CAREER OPTIONS

**During this current time, it may be good time to think and make plans about your career or look at possible careers that suit you.**

**Exploring careers involves discovering your own interests, researching career options, planning, and goal setting. It's not the same as job searching.**

**Job searching is a short-term pursuit of a position that matches your financial and career goals.**



*Take advantage  
of this time*

Contact Frances at  
frances\_stegner@squamish.  
net





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Member Services

## Eagle Draw

The Conservation Officer recovered 4 Bald Eagles in 2019. All Eagles are 'medium, adult male in good condition'. The eagles have been handed over to Squamish Nation.

A draw will be held and open to *Syéwen Dancers* **ONLY**. This is primarily for parts of your own personal uniform, and **NOT** to be used for sale of any kind.

Due to the sensitivity of this matter we will only post in newsletters. Please advise family and relatives you may know who live off reserve and may be interested in this draw.

**Apply by:** Friday, April 3, 2020  
**Draw Date:** Friday, April 10, 2020  
**Time:** 10:00 am  
 Capilano Big House - Kitchen

**Criteria:**

1. Must be a registered member of Squamish Nation;
2. Must be currently active and participating in Big House;
3. Must have knowledge/teachings to **use all parts** of the eagle or have someone available to be able to teach you how to use all parts of an eagle carcass;
4. Must be prepared to work on the eagle immediately; and
5. Return any part of the eagle not being used to the Long House Committee.

We do have papers if you are going to use a taxidermist.

<b>Eagle Draw Ticket:</b>	
Name:	Band Number:
Email:	Phone Number:

**Attention:**

**Tallia Reginald, MSS Events Services**  
**Fax: 604 980-4523**  
**email: [tallia\\_reginald@squamish.net](mailto:tallia_reginald@squamish.net)**

**Drop Off:**

**Main Office**  
**320 Seymour Boulevard,**  
**North Vancouver, BC**

H:\Admin\Eagle Draw

**CURRENT SQUAMISH NATION JOB POSTINGS**  
**on April 29, 2020**



**Skwxwú7mesh**  
**Úxwumixw**

Chénchenstway  
 Human Resources

<p><b><u>Controller</u></b>                  Permanent Full-Time                  Estxwáyusem Finance                  North Vancouver, BC  <b><u>Closes: Open until filled</u></b></p>	<p><b><u>Early Childhood Educator</u></b>                  Positions: On Call/Temporary                  Ayás Ménmen Child &amp; Family Services                  West Vancouver, BC  <b><u>Closes: ongoing</u></b></p>
<p><b><u>Teacher (on going recruitment)</u></b>                  On-Call                  Ta7lnewás Education, Employment &amp; Training                  North Vancouver, BC  <b><u>Closes: ongoing</u></b></p>	
<p><b><u>On-call / Temporary opportunities for: Receptionist / Administration support</u></b>  <b><u>If interested, please apply online at:</u></b>  <a href="https://applynow.net.au/jobs/SN71-receptionist-administration-support">https://applynow.net.au/jobs/SN71-receptionist-administration-support</a></p> <p><b><u>For all other On-call / Temporary opportunities , please apply online at:</u></b>  <a href="https://squamish.applynow.net.au/jobs/SN84-general-applications">https://squamish.applynow.net.au/jobs/SN84-general-applications</a></p>	

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To view all current job postings and to apply, go to: <http://www.squamish.net/jobs/>  
**ALL applications must be submitted using the on-line application**  
 Any questions, please contact: [hr@squamish.net](mailto:hr@squamish.net) OR  
 Chénchenstway Human Resources 604-985-8335  
 336 West 4<sup>th</sup> Street, North Vancouver, BC

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**Position: Controller**

Permanent Full-time Position

Finance Department; North Vancouver, BC

Posted: April 8, 2020 Posting Closes: Open until filled



**Skw̓wú7mesh  
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Chénchenstway  
Human Resources

Reporting to the Director of Finance, the Controller works closely with the Director of Finance on strategic financial management initiatives and manages the day-to-day core accounting and financial reporting requirements for the Squamish Nation. This position will be responsible for overseeing the Nation's financial processes, ensures adherence with financial controls, policies and procedures, coordinates year-end audits and corporate/personal income tax returns, and coaches and mentors the accounting team.

**Typical Duties & Responsibilities:**

- Oversees the daily operations of the Accounting team including general ledger, payables, receivables, payroll etc.
- Manages preparation of monthly financial information, quarterly and annual financial statements.
- Oversees and supervises preparation of personal tax returns for Squamish Nation members.
- Maintain integrity of financial systems.
- Analyze actual results compared to budget, and initiative corrective action.
- Manages, coaches and develops accounting staff.
- Contribute cooperatively to the Squamish Nation Finance team to achieve position and department goals.
- Adheres to workplace health and safety policies, safe work practices and procedures.
- Participates as a member of the Finance team.

**Education, Level of Experience & Hiring Requirements:**

- Bachelor's Degree in Business Administration or Commerce or related/relevant field from recognized post-secondary institution.
- Chartered Professional Accountant designation required.
- 5 + years of experience in a controller role or relevant experience.
- Proficient in PCP is an asset.
- Experience working with PSAS and IFRS.
- Experience working in a First Nations environment is preferred.
- Must have a valid BC Driver's License Class 4 or 5. Class 7N may be considered.
- Must have access to a reliable vehicle and current auto insurance that meets company policy.
- Must be able to travel to Squamish as needed and may occasionally be required to work paid overtime on short notice.
- Must provide a valid Criminal Records Check as per Squamish Nation Policy.

*The above requirements are what Squamish Nation is seeking in the ideal incumbent at the time of posting & are subject to change, based on the needs of Squamish Nation.*

**Salary:** \$87,174 to \$102,118 annually, plus a comprehensive benefits package.

**All applications must be completed using on-line application. Please use the Chrome Browser when applying online, at:**  
<http://www.squamish.net/jobs/>

<p><b><u>Application MUST Include:</u></b></p> <ul style="list-style-type: none"> <li>➤ Cover Letter &amp; Resume</li> </ul> <p><b><u>As per policy, successful applicant will need to provide:</u></b></p> <ul style="list-style-type: none"> <li>➤ References from direct supervisors, and</li> <li>➤ Official copies of school records</li> </ul>
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**Chénchenstway Human Resources 336 West 4<sup>th</sup> Street North Vancouver, BC V7M 1J1 604-985-8335**

***ONLY APPLICANTS WITH RELEVANT TRAINING & EXPERIENCE WILL BE CONTACTED FOR AN INTERVIEW***

**Position: Early Childhood Educator**

On-Call/Temporary Position

Ayás Ménmen Child & Family Services Department; North Vancouver, BC

Posted: April 8, 2020 Posting Closes: Open until filled



The purpose of the Early Childhood Educator position is to provide direct care to children, from birth to 6 years of age, while parents are involved with the Family Programs. The position encourages children's intellectual, physical and emotional growth.

**Typical Duties & Responsibilities:**

- Receives children at program, from birth to 6 years of age, on a drop in basis.
- Carries out age-appropriate activities and experiences for children, from birth to 6 years of age.
- Maintains open and positive communication with children and parents.
- Ensures a healthy and safe environment.
- Adheres to workplace health & safety policies, safe work practices and procedures.
- Participates as a member of the Family Centres and the Ayás Ménmen Child & Family Services Teams.

**Education, Level of Experience & Hiring Requirements:**

- Early Childhood Educator Certificate from a recognized post-secondary institution. Must have current ECE License to Practice or willing to obtain within a set timeframe.
- Having a Post Basic Special Needs or Infant Toddler Certificate from a recognized post-secondary institution is an asset. Incumbent will be required to obtain a Post Basic Special Needs or Infant Toddler Certificate from a recognized post-secondary institution within a set timeframe.
- 1 to 2 years of directly-related experience in majority of specialities listed in the job description, including experience in a child care role or as an early childhood educator.
- As career progresses, incumbent will be required to successfully complete job-required, short-term upgrading, training and courses relating to classroom management, Squamish language, First Nation's child development, curriculum development, language immersion, etc.
- Experience as a beginner user of MS Office, the internet, etc.
- Previous experience working in a First Nations Community (particularly Squamish) is preferred.
- Must have a valid First Aid & CPR Certificate or be willing to obtain within a set timeframe.
- Must have a valid Food Safe Certificate or be willing to obtain within a set timeframe.
- Must provide a copy of up-to-date immunization record.
- Must provide a doctor's letter/medical certificate stating sound physical and psychological health.
- Must successfully complete Criminal Records Check with vulnerable sector search as per Squamish Nation Policy.
- May be willing to consider incumbent as a trainee who has recently completed an ECE or is in near completion of ECE (required to be completed within set timeframe). The trainee position allows the incumbent to utilize education/experience in the ECE position. As a 'trainee', the incumbent performs duties described with the scope of his/her education/experience to gain experience/understanding of the position; while working closely with the division team members and department management. Incumbent will be required to obtain a Post Basic Special Needs or Infant Toddler Certificate from a recognized post-secondary institution within a set timeframe. As well, must obtain ECE License to Practice within a set timeframe.

*A combination of education and relevant work experience may be considered for above education and experience.*

**Salary:** As per Squamish Nation Performance & Compensation Strategy.

**All applications must be completed using on-line application, link for all postings, at: <http://www.squamish.net/jobs/>**

**Application MUST Include:**

- Cover Letter & Resume

**As per policy, successful applicant will need to provide:**

- References from direct supervisors, and
- Official copies of school records

**Chéichenstway Human Resources 336 West 4<sup>th</sup> Street North Vancouver, BC V7M 1J1 Tel 604-985-8335**

***ONLY APPLICANTS WITH RELEVANT TRAINING & EXPERIENCE WILL BE CONTACTED FOR AN INTERVIEW***



**Chit-Chat**

First Nations Health Authority  
Health through wellness

Greetings,

This resource package is intended for Health Directors, Health Leads and First Nations leaders so you can share timely information and build awareness of COVID-19 in your communities.

A similar resource package was sent on March 27, 2020. You can find all resources on our COVID-19 web portal: [www.FNHA.ca/coronavirus](http://www.FNHA.ca/coronavirus)

You can also sign up for the FNHA newsletter here. This newsletter is being published more frequently during the pandemic—on Tuesdays and Fridays rather than once every two weeks.

Please share the following links and resources as widely as possible.

**COVID-19 - What You Need to Know****What are the symptoms?**

- Self-Assessment Tool: Are you worried about your symptoms? [Visit the Self-Assessment Tool from the BC Provincial Government.](#)

**Public Health Notices:**

- Article: [Need to see a the doctor? Introducing the First Nations Virtual Doctor of the Day](#)
- Fact Sheet: [Introducing the First Nations Virtual Doctor of the Day](#)
- Release: [FNHA/FNHC/FNHDA Advise Against All Gatherings to Prevent COVID-19 Spreading](#)
- Article: [When staying home is not safe: Domestic violence may increase during the COVID-19 pandemic](#)
- Article: [COVID-19 - Smoking and Vaping: What's the Risk?](#)
- Article and Workbook: [Advance Care Planning for First Nations People](#)



First Nations Health Authority  
Health through wellness

### **Protective Factors:**

- Video: [Interview with Dr. Evan Adams, FNHA Chief Medical Officer on protecting you, your loved ones and community from COVID-19.](#)
- Article and Fact Sheet: [Homemade Face Masks](#)
- Poster: [Physical Distancing Do's and Don'ts](#)
- Poster: [Prevent COVID-19 \(Novel Coronavirus\) by Cleaning your Phone](#)
- Poster: [How Physical Distancing Works](#)
- Poster: ["Please do not enter our home for the protection of the people who live here."](#)

### **Mental Health and Holistic Wellness**

- Video: [Interview with Dr. Nel Wieman, FNHA Senior Medical Officer, focusing on mental wellness and COVID-19.](#)
- Resource List: [Mental Health and Cultural Supports Available During the COVID-19 Pandemic](#)
- Fact Sheet: [Providing Activities for Children during a time of Crisis](#)
- Article: [Impacts of the Pandemic on Mental Health and Wellness](#)
- Article: [Good Medicine: Keeping Active at Home](#)
- Article: [How to Host a Virtual Social Gathering during the Pandemic](#)
- Article: [Remember that Food is Medicine](#)

### **Harm Reduction:**

- Article: [Practising Harm Reduction during COVID-19](#)
- Fact Sheet (BC Centre for Disease Control): [COVID-19 Harm Reduction and Overdose Response](#)



First Nations Health Authority  
Health through wellness

### Podcasts:

We have recorded a number of podcasts to help raise awareness of various pandemic topics. Podcasts feature:

- Richard Jock, Interim CEO | **Topics:** FNHA moves to Level 3 state of readiness | “What happens to communities happens to us” | First batch of personal protective equipment delivered to communities;
- Dr. Evan Adams, Chief Medical Officer | **Topics:** Why you won’t be learning who has COVID 19 in your community – and why that doesn’t matter | The role and value of testing | Physical distancing;
- Dr. Nel Wieman, Senior Medical Officer | **Topics:** Act like you already have the virus | Prevention tips | Cultural events | Mental health | Resources accessible at home | Coping exercise;
- Dr. Shannon McDonald, Deputy Chief Medical Officer and Sonia Isaac-Mann, VP, Programs and Services | **Topics:** Latest information on the COVID-19 outbreak | Taking care of your family and community members | Finding trustworthy and up-to-date information;
- April MacNaughton, Director, Health Protection | **Topics:** COVID-19 and community emergency plans.

[Listen to the podcasts here.](#)

### Additional Resources:

For information for Community Leaders, including regular Situation Report updates and funding guides, visit: [COVID-19 Information for Community Leaders](#)

For resources and fact sheets to support health care professionals, please visit: [COVID-19 Information for Health Professionals](#)

We encourage everyone to check our website frequently for up-to-date information. Get the latest COVID-19 news from FNHA here: <https://www.fnha.ca/about/news-and-events>

## POL SC 27R - Senior Policy Analyst - (68895)

Posting Title POL SC 27R - Senior Policy Analyst  
 Position Classification Policy Analyst - Science R27  
 Union GEU  
 Location Victoria, BC V9B6X2 CA (Primary)  
 Salary Range \$71,298.93 - \$81,387.14 annually plus a 3.3% Temporary Market Adjustment  
 Close Date 5/11/2020  
 Job Type Temporary Assignment (TA)  
 Temporary End Date 3/31/2022  
 Ministry/Organization BC Public Service -> Env & Climate Change Strategy  
 Ministry Branch / Division Climate Action Secretariat  
 Job Summary  
 Senior Policy Analyst  
 Policy Analyst Science 27

This is a temporary opportunity until March 31, 2022.  
 An eligibility list may be established.

The Climate Action Secretariat (CAS), as a division of the Ministry of Environment and Climate Change Strategy, is responsible for leading and coordinating research, analysis, development and implementation of programs, strategies, policies, and legislation, that enable the mitigation of, and adaptation to, climate change, while supporting competitiveness and the development of a sustainable economy.

CAS works to achieve provincial climate change goals through engagement and collaboration with Indigenous peoples, the provincial public sector, other orders of government, research institutions, non-governmental organizations, professional and industry associations and business and industry. As well, CAS works directly with industrial operators and verification bodies to ensure compliance under the Greenhouse Gas Industrial Reporting and Control Act and associated Regulations.

The Senior Policy Analyst coordinates and leads research, analysis, development and implementation of strategic policies, legislation and programs relating to managing climate-related risks, and responding and adapting to climate change in theme areas that can include: coastal zones; agriculture and natural resources; infrastructure and communities; and public health and wellbeing. The Senior Policy Analyst works collaboratively with Indigenous governments, communities, and organizations, Federal departments, local governments, research institutions, non-governmental organizations, and professional and industry associations to achieve provincial goals related to climate adaptation.

For complete details about this opportunity, including accountabilities, please refer to the attached job profile. For specific position related enquiries, please contact Kim.Tiffin@gov.bc.ca. DO NOT SEND YOUR APPLICATION TO THIS EMAIL ADDRESS. For more information about how to create or update your profile and how to submit your application, please refer to the Job Application page on the MyHR website. If you are still experiencing technical difficulty applying for a competition, please send an e-mail to BCPSA.Hiring.Centre@gov.bc.ca, before the stated closing time, and we will respond as soon as possible to assist you.

The BC Public Service is committed to creating a diverse workplace to represent the population we serve and to better meet the needs of our citizens. Consider joining our team and being part of an innovative, inclusive and rewarding workplace.

In addition to this exciting opportunity in BC's capital city, the BC Public Service is an award winning employer and offers employees competitive benefits, amazing learning opportunities and a chance to engage in rewarding work with exciting career development opportunities. For more information, please visit What the BC Public Service offers You.

NOTE: Applications will be accepted until 11:00 pm Pacific Time on the closing date of the competition.

### JOB REQUIREMENTS:

To be considered for this position, your application must clearly demonstrate how you meet the education and experience as outlined below:

A Bachelor's degree and a minimum of (4) four years of related experience\*.

\*Related experience must include all of the following:

Experience in the development of legislation, regulation and/or policy (e.g., bylaws, community plans, etc.).

Experience in planning and coordinating complex projects/assignments.

Experience in clearly, concisely and persuasively writing a range of documents/content (e.g., correspondence, grant applications, briefing notes, legislative requests, public discussion papers).

Climate adaptation-related experience (e.g. addressing the impacts of climate variability and change on the natural environment and/or human society).

Preference may be given to applicants with any of the following:

Individuals who self-identify as Indigenous.

Experience working with and/or for Indigenous organizations and/or communities.

Education or experience related to the position, including lived experience, developing or implementing programs, plans, policies, measures, or recommendations to respond to the impacts of the changing climate on the natural environment and/or communities.

A Bachelor's degree or higher in a related field (e.g., public administration, planning, geography, economics, social sciences, natural resource management, Indigenous studies).

Applicants selected to move forward in the hiring process may be assessed on the Knowledge, Skills, Abilities and Competencies as outlined in the attached Job Profile located in the Additional Information section at the bottom of the posting.

A Criminal Record Check [CRC] will be required.

### APPLICATION REQUIREMENTS:

Cover Letter: NO - Please do not submit a cover letter as it will not be reviewed.

Résumé: YES - Ensure your résumé includes your educational accomplishments, employment history including start and end dates [month and year] of your employment, and any relevant information that relates to the job to which you are applying. Your résumé must provide detailed information about your education and experience including the job-related responsibilities and the month[s] and year[s] for your education and for each job in your employment history. Resumes should be limited to a maximum of 3 pages.

Questionnaire (COMPREHENSIVE): YES - As part of the application process, you will be prompted to complete a comprehensive online questionnaire to demonstrate how you meet the job requirements. Please allot approximately 60 minutes to complete the questionnaire.

IMPORTANT: Comprehensive questionnaire responses will be used to shortlist applicants against the job requirements. Please ensure you include all relevant information about your educational accomplishments and employment history including job titles, start and end dates (month and year) of your employment, and your accountabilities and accomplishments.



## MCCUE COMPOUNDING PHARMACY

•100 - 8120 Cook Rd  
Richmond, BC V6Y 1T9  
T: 604 278 9601  
F: 604 273 5321

## NORTHVIEW COMPOUNDING PHARMACY

•120 - 1100 Lonsdale Ave  
North Vancouver, BC V7M 2H3  
T: 604 904 9992  
F: 604 904 0222

## EDMONDS COMPOUNDING PHARMACY

•105 - 7315 Edmonds St  
Burnaby, BC V3N 1B1  
T: 604 526 1110  
F: 604 526 1926

[www.totalpharmacy.ca](http://www.totalpharmacy.ca)

### Dear First Nations Clients:

We are pleased to announce that the following are free from our pharmacy (based on pharmacist consultation and limit per month), for patients who have family members with regular prescriptions dispensed by one of our three community pharmacies. We are also able to deliver prescription medications locally with advanced request.

Anthony Chiam  
Pharmacist Manager  
[northviewcompoundingpharmacy@gmail.com](mailto:northviewcompoundingpharmacy@gmail.com)  
604-904-9992

- **Pain/Fever Relief:**  
-Tylenol/Advil: (Liquid for babies), tablets, and rectal suppositories.  
-Capsaicin Skin Pain Cream
- **Allergy/Hay Fever Relief:**  
-Reactine, Aeries etc
- **Topical Antibiotics:**  
-Polysporin
- **Constipation:**  
(Docusate, Sennosides, Enema, Restoralax, Metamucil etc)
- **Dandruff Shampoo**
- **Skin Numbing Patches**
- **Anti-Worm Parasite Treatment:** Combatriin etc
- **Skin Fungal Rash** Canesten etc
- **Skin Antiseptic** (Betadine)
- **Acne Skin Wash** (Benzoyl Peroxide 5% Gel)
- **Colon Scan Pre-Cleanse** (e.g. Bi-Peglyte, Peglyte etc.)
- **Dry Eyes** (e.g. Refresh, Muro, Lacrilube, Tears Naturale, etc)
- **Baby Diaper Rash** (Zincofax)
- **Dry Nose** (Secaris nasal gel/spray)
- **Eczema Creams and Wash**
- **Electrolyte Fluids** (e.g. Gastrolyte, Pediatric Electrolyte)
- **Eye/Ear Infection** (Polysporin Drops)
- **Iron Supplements**
- **Lice and Scabies treatment** (NYDA, NIX, Resultz)
- **Lactose Intolerance** (Lactaid)
- **Nausea Relief** (Scopolamine Patch, Gravol)
- **Potassium Supplements**
- **Emergency Contraception** (Plan B)
- **Skin Rash Cream (HC 0.5/1%)**
- **Moisturizing Cream** (Barriere)
- **Vitamins** (Vitamin A, B, C, D)
- **Baby / Maternal Vitamins/Supplements** (Materna, DVISOL, TRI-VI-SOL, D-DROPS)
- **Wart/Skin Callus Relief** (Compound W)



First Nations Health Authority  
Health through wellness

# Protect Yourself From COVID-19 (caused by novel coronavirus)

Each of us plays a role in protecting our communities and loved ones.  
Follow these tips to prevent COVID-19 and stop the spread of germs!

- Remember to wash your hands frequently with soap and water, and encourage others to do the same. If you can't wash your hands, then use hand sanitizer.
- Try to avoid touching your face.
- Frequently clean and sanitize door handles, washrooms and surfaces that are touched often.
- Recommend that people sneeze and cough into a tissue or their elbow.
- You may be used to greeting friends, family and colleagues with a hug or a handshake, but make bumping elbows the new greeting for now.
- Make sure to wash your hands before and after eating, and don't share plates or utensils with others.
- If you are not feeling well, please stay home from work or work from home. This will keep those around you safer.
- Limit unnecessary travel and avoid gathering with others unless necessary.
- If you have traveled out of the country, you should self-isolate for 14 days upon return.
- Masks are not effective at preventing infection, and may increase risks by causing people to touch their faces more often. Use a mask only if directed to by your health care provider.

**During this time, it is important to check in with yourself and others—if you aren't feeling 100%, it is better to stay home for now. Thank you for doing your part to keep your community safe!**

**Learn more and get all COVID-19 updates at [www.fnha.ca/coronavirus](http://www.fnha.ca/coronavirus)**

## Numbers To Know

### Anthony Joseph's Art Gallery & Studio

201 Mathias Road, WV  
9:00 AM - 5:00 PM  
(604) 987 - 2059

### Boxing Lessons by Dan Yelton

Personal Training or Private Lessons Available  
(778) 873 - 8955

### ForestRaine Cleaning Services

Special Events, Residential, Commercial Cleaning Service  
(604) 329 - 1493  
forestraine\_cleaningservices@yahoo.com

### Free Spirit Pottery by Stewart Jacobs

218 Jacobs Road, WV  
(604) 984 - 3217

### Indian Residential School Crisis Line

Emotional & Crisis referral services  
24hr hotline - 1-866-925-4419

### Nahanee Moving

No job too big or too small  
(604) 652 - 1846

### Red & Son's Art Framing

Custom framing - ideal for traditional prints and paintings  
199 Lawa Street, WV  
(604) 904 - 1290

### Rennie's School of Music

Provides personal training in guitar, piano, voice...  
(604) 986 - 1473  
shawwman@shaw.ca

### SNAPPS

(Squamish Neighbourhood Animal Partnership & Protection Society)  
(778) 384 - 3226

### T`Sala Salon Spa ``DISCOVER THE DIFFERENCE!``

106 2nd St E, North | Vancouver, BC |V7L 1C3  
(604) 770 - 4777  
appts@tsalasalonspa.com  
info@tsalasalonspa.com  
www.tsalasalonspa.com

### Mike Billy

Carpenter / Handy Man  
(604) 500 - 6454

### BeYOUtiful Salon

☐hair cuts, color, styling; gel polish & braids ☐  
197 Jacobs Crescent, West Van  
(604) 314 - 2383

### Younique

Julie Peters (604) 446 - 5844

### Florist for every occasion - Marliyn Mon Rose

338 Skawshen Rd. W.Vancouver  
Brenda Scott - (604) 346 - 5455

### Totem Landscaping

Lawn care, Tree cutting, Junk removal, Pressure washing, Brush & Snow removal  
(604) 445 - 1365  
totem\_landscaping.1592@yahoo.ca

### Geo's Paint

NO JOB TOO SMALL!!! - Excellent quality & service  
(778) 855 - 4841 Sean.s.paul@facebook.com

### Island Green Clean

Organic cleaning for healthier homes  
Jill Paull at (604) 674-3050  
jill@islandgreenclean.com

## Places to Go

### Shaker Church

1st and 3rd Saturday in Capilano @ 7:00 PM  
104 Mathias Road, Capilano IR No. 5, WV  
2nd Saturday in Squamish @ 7:00 PM  
1365 Billy Drive, Stawamus IR#24, SV

### St. Paul's Indian Catholic Church Services

424 West Esplanade, Mission IR#5, NV  
Sunday Monrnings: 11:00 AM  
Tuesday & Thursday Evenings: 7:00 PM

Community Prayer Meetings:  
Sunday Mornings: 10:00 AM - 12:00 PM  
100 Capilano Rd (Kids Club)  
Coffee, Tea and Treats provided

## Want to Submit an Article?

**Email:** northvannewsletter@squamish.net  
Deadline for each submission is **Friday**, end of day! For next weeks newsletter!  
Please provide dates for each submission!

## LAST WEEK'S ANSWERS:

### "SHRINKING DIMENSIONS"

1	S	2	T	3	A	4	M	5	P	6	S	7	A	8	R	9	M	10	Y	11	B	12	M	13	I			
14	O	15	H	16	L	17	O	18	O	19	K	20	P	21	E	22	A	23	T	24	R	25	O	26	N			
27	F	28	O	29	O	30	D	31	P	32	Y	33	R	34	A	35	M	36	I	37	D	38	I	39	R	40	A	
41	T	42	R	43	E	44	E	45	E	46	R	47	A	48	S	49	A	50	N	51	E	52	W					
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106	E	107	B	108	O	109	N	110	Y	111	T	112	E	113	R	114	115	116	117	118	119	120	121	122	123	124	125	126
127	I	128	A	129	M	130	B	131	L	132	E	133	O	134	P	135	136	137	138	139	140	141	142	143	144	145	146	147
148	C	149	H	150	E	151	C	152	K	153	O	154	U	155	T	156	157	158	159	160	161	162	163	164	165	166	167	168
169	R	170	O	171	L	172	E	173	G	174	R	175	A	176	M	177	178	179	180	181	182	183	184	185	186	187	188	189
190	A	191	N	192	I	193	B	194	U	195	L	196	L	197	E	198	199	200	201	202	203	204	205	206	207	208	209	210
211	V	212	E	213	T	214	E	215	L	216	A	217	L	218	L	219	220	221	222	223	224	225	226	227	228	229	230	231
232	E	233	Y	234	E	235	E	236	S	237	P	238	Y	239	C	240	241	242	243	244	245	246	247	248	249	250	251	252

Puzzle Date: April 27, 2020

**A BIT IRRITATED**

**ACROSS**

- 1 Invoice stamp
- 5 Tread heavily
- 10 "We're toast!"
- 14 Gel-producing plant
- 15 Person in a tryst
- 16 Forfeited wheels, briefly
- 17 Acknowledges applause
- 18 "Hello" singer
- 19 Shocked reaction
- 20 One wearing stylish attire
- 23 Barbershop quartet member
- 24 Uncanny skill, for short
- 25 Biceps pic, say
- 28 Works hard
- 32 Synagogue leader
- 34 Plan, with "out"
- 37 Fruit-bearing cactus
- 40 Leaves off an attachment, e.g.
- 42 Just plain silly
- 43 Worry-free state
- 44 Intersecting roadway
- 47 Journalist Koppel
- 48 Creme de \_\_\_\_
- 49 Like undomesticated cats
- 51 "Yes, Captain!"
- 52 Aromatherapy spot
- 55 Puts in order
- 59 What a Monday holiday may give an employee
- 64 Money in Mexico
- 66 "American Grown" author Michelle
- 67 It may be tempted
- 68 Ready for customers
- 69 Connoisseur
- 70 Good-sized yard
- 71 Walk in washed-up surf
- 72 Cardiologist's insert
- 73 "Be \_\_\_\_ as it may ..."

**DOWN**

- 1 Blue Ribbon brewer
- 2 How solitaire is played
- 3 Hawkeye State resident
- 4 Iron-fisted ruler
- 5 Leave rolling in the aisles
- 6 Chuck of "Meet the Press"
- 7 \_\_\_\_ the moon (delighted)
- 8 Free-for-all
- 9 Be insistent
- 10 Hard-to-resist feeling
- 11 Small amount of time, metaphorically
- 12 Covert \_\_\_\_
- 13 Use a pogo stick
- 21 Support, with "up"
- 22 Agile
- 26 Humiliate
- 27 Ready to hit the hay
- 29 Crime fiction author Johansen
- 30 Clothes brush buildup
- 31 Snowman's neckwear
- 33 Tarzan's adoptive mother, e.g.
- 34 Muslim pilgrim's destination
- 35 Wide assortment
- 36 Handled, as paperwork
- 38 Reflex hammer target
- 39 Lascivious look
- 41 Federal retirement org.
- 45 Run-of-the-mill
- 46 To-do list item
- 50 Like some yogurt
- 53 Dances for seniors
- 54 Ready to swing, in baseball
- 56 Get in touch with
- 57 Colorful aquarium fish
- 58 Clay pigeon sport
- 60 Fine-tune
- 61 Surfer's challenge
- 62 Spilled salt, to some
- 63 Angry blog post
- 64 "Bam!"
- 65 Air quality index org.

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