



SQUAMISH NATION Health Services Department

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JANUARY 5, 2010

ATTENTION SQUAMISH NATION MEMBERS

The Squamish Nation Health Department will be completing a community health needs assessment. The information collected will support overall community health planning and help identify health priorities and trends into the future.

We need your assistance in completing a survey to help us assess the Squamish Nation member's health needs.

Six (6) surveyors will be going door-to-door in the community or calling you by telephone to complete the surveys from Monday, January 11, 2010 – Friday, February 5, 2010. We are targeting 450 community members to complete this survey. Everyone who completes a survey will be eligible to win the grand prize (drawn in March 2010).

COMMUNITY WELLNESS DAYS

The Squamish Nation Health Department would like to invite all Squamish Nation Community Members to attend Community Wellness Days to share some food, enjoy some pampering by Esemkwu Healing Center staff, win door prizes, and socialize.
(The survey can be completed Community Wellness Days.)

Where: Totem Hall - Elder's Lounge, 1380 Stawamus Road, Squamish, BC
When: Monday, January 11, 2010
Time: 3:00 p.m. – 7:00 p.m.

AND

Where: Elder's Center, 100 Mathias Road, North Vancouver, BC
When: Monday, January 18, 2010
Time: 3:00 p.m. – 7:00 p.m.

Health Department
Kim Brooks
Mitzi Jones

Communications Department
Krisandra Jacobs
Juniper Groves

Independent Consultants
Kory Wilson
Heidi Hansen

For further information contact Heidi Hansen at
heidi_hansen@shaw.ca or 604-913-1388

Transportation Schedules

PICK UP FOR TOTEM HALL - ELDERS LOUNGE MONDAY, JANUARY 11, 2010

CHEEKYE IR #11	2:00 PM	CHEEKYE IR #11	5:00 PM
WAIWAKUM IR #14 (BRAKENDALE)	2:20 PM	WAIWAKUM IR #14 (BRAKENDALE)	5:20 PM
KOWTAIN IR #17	2:30 PM	KOWTAIN IR #17	5:30 PM
YEAKWAUPSUM (NORTH YARDS) IR #18	2:45 PM	YEAKWAUPSUM (NORTH YARDS) IR #18	5:45 PM
STAWAMUS IR #24	2:50 PM	STAWAMUS IR #24	5:50 PM

PICK UP FOR NORTH VANCOUVER – ELDERS CENTRE MONDAY, JANUARY 18, 2010

SEYMOUR IR MAILBOXES	2:00 PM	SEYMOUR IR MAILBOXES	5:00 PM
ESLHA7AN LC	2:20 PM	ESLHA7AN LC	5:20 PM
MISSION ROAD & 1ST STREET	2:30 PM	MISSION ROAD & 1ST STREET	5:30 PM
JACOBS & JACOBS	2:45 PM	JACOBS & JACOBS	5:45 PM
MATHIAS ROAD	2:50 PM	MATHIAS ROAD	5:50 PM
IKWIKWS ROAD	2:55 PM	IKWIKWS ROAD	5:55 PM